



**VOLUME 25 |** NUMBER 9

NOVEMBER | IN THIS ISSUE >>

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### PUBLIC AFFAIRS STAFF

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### **SEAGULL IDEAS?**

Do you have an idea for a Seagull article? Would you like to be the subject of a story? Births, marriages, sympathy notices and other information are always welcome. Let us know what is going on in your organization. (*Please limit articles to 500 words.*)

The next Seagull deadline is Saturday, Nov. 6, 2010.

### ON THE COVER >>



Members of the Massachusetts Army and Air National Guard prepare for the CERFP Exercise on Sept. 11, 2010.

U.S. Air Force photo by Staff Sat. Kerri Cole

### **UPCOMING UTAs >>**

Unit Training Assembly duty hours are 7 a.m. to 3:30 p.m.

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# FROM THE DESK OF THE 102nd Intelligence Group COMMANDER

By Col. James LeFavor





### Cyber threat counter tactics for home networks: Just because you're paranoid it doesn't mean they're not out to get you

Several years back I had a slightly geeky, amateur-hacker friend who refused to switch to high-speed internet and preferred dial-up because, "hackers don't write code to work that slowly." Is that paranoia, or pure genius? I'm not sure which, but I do think it's too geeky. So when faced with protecting your high speed network at home, I am providing a few techniques that I've picked up from some new geek squad cyber professional acquaintances that I've made.

A 2007 Consumer Reports estimate stated that as many as 90 percent of U.S. home computers have been infected with spyware at some time. In 2006, Americans lost \$49 billion to cyber criminals who stole their identity. That was 3-4 years ago...epochs in the cyber time scale. The 2010 threat is much worse in both quality and quantity. Our DoD networks undergo massive, daily cyber assaults from nation-states down to the individual hobby-hacker. So can our own home networks. If you are a progeny of the "big internet" theory, where bad things can never happen to you, you'd better wise up. It's just a matter of time. Please consider these techniques:

- Use tough passwords. We have to at work, and it's for a reason. The more characters you add logarithmically increases the difficulty to crack. More than 12 makes it very tough.
- Social networks. Customize your privacy settings. Don't allow free access. Consider something radical like the phone or writing a letter. Retro is cyber-safe.
- Hover over links with mouse pointer. Make sure the link is what you think it is first.
- Always check for "https" and the SSL lock for secure sites (i.e. Banking).
- $\bullet$  Use one dedicated credit card (never debit) for online purchases.
- Teach your family. The best practices are useless if family members don't execute good security procedures. Have them ask before downloading any file, every time!
- Never respond to or open spam and chain letters
- Don't install browser toolbars. This opens you up to spyware.
- Don't "Click on this link to be removed from our mailing list."
- Don't ignore warning signs of harmful sites or that your PC is compromised.
- Always ensure firewall is on.
- Don't do personal banking from work. DoD computers are targeted much more sophisticatedly and more often than at home.
- Don't leave your CAC in home computer when not in use. Gives more time for certificates to be compromised.
- Keep router firmware updated. Have PC and virus protection set up for routine scheduled software updates.

- $\bullet$  Wireless routers. Turn off SSID broadcast (the name that identifies your LAN).
- Use a WPA2 (Wi-Fi Protected Access) with a strong password.
- Decrease the range of your wireless network. Set the power to the minimum you need.
  Turn off your wireless network when not in use. Many
- routers/modems have a standby switch. Use it religiously and teach your family the same.

   Use a secure third-party browser. Internet Explorer is
- Use a secure third-party browser. Internet Explorer is highly compromised. Firefox, Chrome, Opera are good, secure choices. However, improper use of these may be just as dangerous. You must do some research beforehand. Safari is fair.
- Finally, the Air Force provides security suites for home use. CSAs may already have a CD loaded with the software. If not, they are available through the Air Force Portal under the "Air Force Information" link in the left margin.

These are just a few of the lesser technical tools to use. Talk to your local cyber hobbyist (they're all around us) for a more complete and effective list of secure techniques. I have my own, but he asked that I not reveal his name for fear of ridicule. I will oblige him. However, puzzled at this notion, I told him not to worry because that ship had sailed the moment he drove a scooter to work.

Home cyber security is not just a good idea; it may impact your career. If your financial or social situation becomes compromised, you may be subject to influence or blackmail. This is not healthy for your security clearance. Joking aside, please put your game-face on when it comes to this matter.



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By Col. Christopher Faux 102nd Mission Support Group Commander

My intent is to provide the average reader some background information and a quick lesson in Otis' ever present battles to stay viable and valuable to the Air National Guard and our Commonwealth.

Otis ANG Base is much larger and more complex than the average ANG facility. One of the original five ANG "Super Bases" that acted as facility host as opposed to tenant; dwarfing most ANG facilities that normally reside on the corner of a municipal airport or active duty military facility. Even with the loss of the airfield, we maintain a semi super base status as the owner/operator of the utilities and other critical infrastructure. Hundreds of miles of roads, piping and electric/communications lines traverse the facility in a myriad of different utility and communications systems that are in a constant state of repair. We still own and maintain approximately 4,000 acres of property that have no bearing on our ability to do our mission. The vast majority of the infrastructure is older than most of the men and women currently serving the 102nd Intelligence Wing!

Due to poor past disposal practices on the part of the Air Force, much of our property and the groundwater beneath Otis were identified as "contaminated" in accordance with the Comprehensive Environmental Restoration Compensation and Liability Act (CERCLA), more commonly known as the "Superfund." This designation prevented us from constructing the new and efficient facilities needed to compete with other installations as an effective and vital part of the ANG. Even though the contamination has been identified, quantified and has either been cleaned up or currently has a mechanism in place to do so, decades of stagnation has affected our ability to modernize and has left us with archaic, inefficient buildings.

For most, the Base Realignment and Closure (BRAC) process

dealt a horrific blow to the 102nd Fighter Wing. However, when the dust settled and most of the feelings were mended, the conversion to the 102nd Intelligence Wing brought with it two exciting new missions with long-term applicability and viability, as well as the funding for the facilities that will ultimately bring those missions to fruition; truthfully, an awesome new chapter in the Wing's history. Our long term goal is to rid ourselves of all the aged, inefficient buildings and construct a new "campus," where everything is within walking distance. To accomplish this simply means getting smaller! We have morphed the organization into existing buildings and in doing so have spread like water. After the old buildings are either gone or transferred to another entity and the new Otis is complete, our footprint will be much smaller (less than 300 acres) and our responsibilities greatly diminished through divestiture of all utilities and related systems. In the eyes of many, we are already there, at least from a funding perspective. We are funded much like the small tenant Guard facilities, but maintain the responsibilities of the "semi-super base" -- hence the problem!

Our choices are simple; more money, which is just not out there, or a small facility paying for services, not supplying them. We need to prepare everyone for smaller office space and more open area work space, less locker and break room space, campus type parking which means walking to buildings, purchases that are in the best interest of the government and maybe not as spectacular as some like - in order to be an efficient, fully functional Air National Guard "Station" on the corner of a U.S. Coast Guard or Massachusetts Army National Guard run Base.

Owning and operating facilities commensurate with our level of funding to meet our mission is imperative!

Airman Sport

### Staff Sqt. **Bruce Andersen**

Staff Sgt. Bruce Andersen is assigned to the 102nd Logistics Readiness Squadron as a Vehicle Operator.

He served for 20 years in the Army Reserves assigned as a Vehicle Operator for the 325th Transportation Company before joining the 102nd. Sergeant Andersen has been

in the Air National Guard for three years. He is married and has two children.

**Education:** Staff Sgt. Andersen has an Associate's Degree in Culinary Arts and a Bachelors Degree in Hotel and Restaurant Management from Johnson & Whales University.

**Hobbies:** He enjoys camping, going to Blues Live music concerts and fishing.

Ideal Vacation: Going to a tropical beach and doing nothing but relaxing.

**Civilian Job:** Title Five Civilian as a Vehicle Operator in the 102nd Logistics Readiness Squadron at Otis ANG Base.

If you would like to nominate a 102nd Intelligence Wing member for the monthly "Airman in the Spotlight" feature, contact Capt. Evan Lagasse at (508) 968-4003 or e-mail evan.lagasse@ang.af.mil.

### 'ALL THRUST, NO VECTOR' WINS SPORTSMANSHIP AWARD

By Maj. Nicole Ivers 102nd Intelligence Wing Executive Officer

 $\Lambda$  n all servicemember Formula One European Style race kart team won the Sportsmanship Award at the 10th annual Seaside LeMans, Sept. 11, at Mashpee Commons located in Mashpee, Mass.

The Seaside LeMans is a race that lasts for four and a half hours on a quarter-mile track. After four hours, the top six teams advance to a final 30-minute showdown. Each kart team has six drivers, with sponsors choosing their own team.

All proceeds of the event are donated to The Cape Cod Foundation, which distributes 100 percent of each year's funds to the designated beneficiaries chosen for that year. Over \$2.8 million has been raised since the race began in 2001.

The 'All Thrust, No Vector' servicemember team was sponsored by Cape Cod Aggregates Corp. owner, Mr. Sam Lorusso. Team members from the 102nd Intelligence Wing, Otis Air National Guard Base, were Col. Anthony Schiavi, 102nd Intelligence Wing commander; Lt. Col. Martin Richard, 102nd Air Operations Group; Maj. Gary Cundiff, 102nd Air Operations Group; Master Sqt. John Mallard, 102nd Force Support Flight; Staff Sqt. Derrick Mills, active duty recruiter; and AMT1 Gary Spurgeon, U.S. Coast Guard.

"We were excited to be part of an event that brings charity right to the community, said Colonel Schiavi. The community has always supported the military and it was a great way to give back and have fun participating in the event as well."



Col. Anthony E. Schiavi, 102nd Intelligence Wing commander, navigates the Seaside LeMans course in go-kart number five, Sept. 11, at Mashpee Commons, Mass. Seaside LeMans is known as 'The race for the Cape Cod community' and has raised more than \$2.8 million since it began in 2001. All proceeds of the event are donated to The Cape Cod Foundation, which distributes 100 percent of each year's funds to the designated beneficiaries for that year.

(U.S. Air Force photo by Maj. Nicole Ivers)

STRUCTURAL FIRESUITS DONATED TO PARAGUAYAN OFFICIALS By Airman 1st Class Luiz Vicentini

102nd Intelligence Wing Public Affairs

 $\mathbb{E}^{\text{arly this year, Paraguayan Airport Firefighter Chief Ricardo}$  Cortiz's structural fire suit was destroyed during a routine operation at Guarani Airport, Paraguay.

Due to the destruction of his fire suit, Chief Ortiz was unable to fulfill a majority of his duties while he awaited a replacement suit.

On Aug. 19, during a tour of the Barnstable Firefighter Academy by a group of Paraguayan officials as part of the Massachusetts National Guard's State Partnership Program, Deputy Fire Chief Dean L. Melanson of the Hyannis Fire Department donated structural fire suits to Fire Chief Ortiz and the three other Paraguayan Fire Chiefs who were present.

In addition, the Massachusetts National Guard along with the Yarmouth Fire Department will arrange for more new sets of structural fire suits to be shipped to Paraguay in an effort to replace the old, worn out Paraguayan fire suits.

The following Paraguayan officials were also in attendance: Col. Jose Alfredo Pinto Ledesma, Paraguayan air force helicopter group commander; and Luis Bernardo Cristaldo Chamorro, Sivio Pettirossi Airport director.

The National Guard's State Partnership Program links U.S. states with foreign nations to promote and enhance bilateral relations. It supports homeland defense by nurturing dependable collaborative partners for coalition operations in an era of persistent conflict. Through this program, Massachusetts is proud to be partnered with the country of Paraguay.

Bottom (L-R): Ricardo Ortiz, Guarani Airport Fire Chief; Adolfo Dominguez, Silvio Petirossi Airport Fire Chief; and Rafael Valdez, Volunteer President of Paraguayan Firefighters; tour the Barnstable Firefighter Academy during their week-long visit to the Commonwealth as part of the Massachusetts National Guard's State Partnership Program.

(U.S. Air Force photos by Airman 1st Class Luiz Vicentini)







Massachusetts National Guard

# CERFP

Chemical, Biological, Radiological, Nuclear and high-yield explosive (CBRNE) Enhanced Response Force Package

### **CERFP Exercise: "Hurricane Igor"**



Story and Photos by Staff Sgt. Kerri Cole 102nd Intelligence Wing Public Affairs

n Sept. 11, members of the Massachusetts Air and Army National Guard gathered at Camp Edwards, Mass., for a two-day exercise that is part of the state's Chemical, Biological, Radiological, Nuclear and high-yield explosive (CBRNE) Enhanced Response Force Package (CERFP).

The Massachusetts CERFP is composed of various Army and Air Guard units from throughout the state responsible for quick reaction to potential terrorist, natural or manmade disasters that may occur in Massachusetts or New England.

"Our job is to go anywhere in the country and provide medical support and be ready within six hours of the call," said Lt. Col. Bruno Zeneski, CERFP officer-in-charge.

The exercise put the medical group personnel through a simulated "Hurricane Igor" which caused simulated massive destruction, collapsed buildings and trapped victims in the Cape Cod area.

During the scenarios, personnel were evaluated on their preparedness to respond to a wide range of medical issues including physical injury caused by collapsing structures, stress related issues, radiation exposure and radiological, chemical, or biological contamination. Other components of the CERFP provide local responders with enhanced search capability of damaged buildings, rescue trapped casualties, and provide decontamination solutions and procedures.

The CERFP is composed of four elements: search and extraction; decontamination; medical; and command and control. The CERFP command and control team directs the overall activities of the CERFP and coordinates with the Joint Task Force - State and the Incident Commander. The CERFP search and extraction element mission is assigned to an Army National Guard Engineering Battalion, the decontamination element mission is assigned to an Army National Guard Chemical Battalion, and the medical element mission is assigned to an Air National Guard Medical Group. The security duties are performed by the state National Guard Quick Response Force.

The initial establishment of CERFPs placed at least one in each FEMA Region. There are currently 14 validated CERFPs. When an incident occurs within a team's response area, they are alerted through their State Headquarters and mobilized on State Active Duty. If the incident is located within their state, they would proceed to the incident when directed by their Joint Force Headquarters.







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### **ACTIVE SHOOTER TRAINING**

By Master Sgt. Aaron Smith 102nd Intelligence Wing Public Affairs

It starts with a panicked phone call. "Someone has a gun and is moving through the building, shooting anyone they come across," the caller screams. People are confused and caught off guard as they try to hide from the destructive path of the shooter. We have seen this event unfold many times before, in 1999 when two students terrorized a school in Columbine, Colo. In 2008, where within three days, shooters killed 173 people in coordinated attacks throughout Mumbai, India. In 2009, within minutes, 13 people were killed at Ft. Hood in Texas by someone who was supposed to be a trusted and reliable individual, a fellow Army officer. With threats of Mumbai-style attacks recently leveled against the United States, the possibility of events like these happening, literally anywhere, are real. This was on the minds of 102nd Security Forces Squadron Airmen as they met in Taunton, Mass., to receive "active-shooter" training.

On Oct. 2, 12 Airmen from the 102nd Security Forces Squadron and several instructors gathered in front of an abandoned building at the former Dever State School complex as Sean Barry, a civilian law enforcement "active-shooter" instructor with more than six years of experience in the subject matter, detailed just how the day's training would go. Over the next few hours, Barry covered techniques and principles that demonstrated the change in thinking that had occurred since the day of the Columbine event.

Technical Sgt. Theodore Whitney, 102nd Security Forces Squadron training section, helped organize the training and explained, "Now, we're going directly to the threat and taking the fight to them to try and save lives, where before, you methodically (went) in and searched room by room." This change in procedure requires new skills and strategies. In situations where one or two seconds can determine everything, Airmen learned an array of skills. They learned everything from broad skills, such as how to quickly and safely move throughout a building as part of a small cohesive team that leaves no angle unguarded, to the minute skills, like how to breech an inward opening door as opposed to one that opens outward.

"Although Security Forces Airmen are trained to clear buildings, this is a little bit more advanced than what these guys learn at technical school. As far as these kind of incidents happening on a military installation, I think the focus has become a little bit stronger on that type of training," said Sergeant Whitney.

The morning was spent providing Airmen with tools and strategies to keep them safe. In order to drive the point home, the stakes were raised in the afternoon when the Airmen were given an opportunity to apply the principles they had learned, as instructors and trainees were outfitted with non-lethal, but painful, simulated munitions (simunitions). Using this form of ammunition allows Airmen to utilize their issued weapons but substitute ammunition tipped with paint capsules for their normal ammunition tipped with bullets.

"It allows us to bring a more realistic environment to the training scenario by using the actual weapons. During the practice phase they get the fundamentals down, but when it comes time to actually using "simunition" everything changes, the stress factors come into play," said Sergeant Whitney.

Throughout the day, instructors and trainees played out a number of scenarios as "simunition" rounds started to litter the halls and star-shaped paint marks spotted the walls and the occasional uniform.

Each training scenario was driven by actual events and the lessons learned from them with the hope that if anything were ever to happen on Otis Air National Guard Base, the Airmen of the 102nd Security Forces Squadron will be prepared to handle it.



### A COMMANDER'S MESSAGE TO THE MASS. AIR GUARD

By Brig. Gen. L. Scott Rice Massachusetts Air National Guard Commander

Change is the one constant we can always count on in the military; change in our mission, our tasking, our leadership. As the new commander of the Massachusetts Air National Guard (MA ANG), with the confidence and support of The Adjutant General (TAG), Maj. Gen. Joseph Carter, I look forward to the challenge of leading our Air Guard into the future. Our continued success will be built on our trained, resilient and diverse Airmen, our outstanding achievements of the past, our growing experience in current operations, and our potential for new mission sets. Given many challenges and opportunities ahead, we indeed face a positive future.

I thank Maj. Gen. Michael Akey for his five years of insightful command leadership. General Akey brought the MA ANG successfully through numerous and very disruptive changes. His command began with a congressionally mandated, Air Guard changing BRAC, affecting the lives of every guardsman in the commonwealth. This change forced a difficult transformation. He did not choose this BRAC mandated path for our units or state, yet, through this remarkable turbulence, General Akey led our Air Guard transformation and built enduring missions for our units. His vision gave us direction and renewed stability across the state; within intelligence, air operations control, air sovereignty, cyber integrated communications and engineering, band operations, expeditionary combat support, and joint force headquarters taskings. His foresight and strategic planning will positively impact our future for years to come.

As I reflect on how change will affect us for the next few years, I see an honorable history and many constructive achievements upon which we will build our future. The 63 year old Air Force and Air National Guard (ANG), has supported our nation through wars, humanitarian relief missions, and complex operations in air, space and cyberspace. Our MA ANG Airmen are an integral and distinguished part of our nation's operations from the Berlin Airlift, to the Korean and Vietnam wars, to Desert Storm, Allied Force, Enduring Freedom, Noble Eagle, Iraqi Freedom, and now, Operation New Dawn. Our Airmen responded without hesitation to our nation's call. We were there in minutes during the unimaginable attacks on the twin towers in New York. We deployed rapidly and effectively for Hurricane Katrina. We left our families, homes and jobs for our own state emergencies from ice storms, floods, and a huge water pipe failure. The past professionalism, training, integrity, dedication, selfless service and drive for excellence of each and every Massachusetts Air Guardsman is our strength to consistently overcome an uncertain and changing future and conduct our military business with such distinction.

Our future will certainly present many new challenges. Our state is entering a two to three year period of higher headquarters testing through numerous inspections and evaluations, while continuing to meet the demands of current operations for the state and nation. Successful inspection and mission accomplishment is our Number One Priority. Every Air Guardsman will have an important role to play in the 102nd Intelligence Wing, the 104th Fighter Wing, and the 253rd Combat Communications Group's upcoming Unit Compliance Inspections, Operational Readiness Inspections and accompanying evaluations. This is a daunting task, to thoroughly meet the demanding Inspector General's team requirements, given only a handful of drills and annual training days over the next few years. A plan for success will come one step at a time, through strength as professional Airmen. As the inspection cycle grows in intensity, we all will face an increasing mission demand from the state and nation. The Massachusetts Army National Guard is currently heavily mobilized, with almost 50 percent of their personnel deployed. Our state Joint Task Force Commander, Brig. Gen. Tom Sellars, will task the Air Guard heavily over the next year. Our more than 2,200 Air Guard personnel will be asked to fill more than the usual number of state active duty days to cover unknown homeland emergency missions. Our unit commanders will employ our personnel across the state, fill federal missions while working to reach unit Full Operational Capability (FOC) in DGS, AOC and ASA operations, all at the same time. The strong, proactive ANG unit leadership of Colonels Schiavi, Brooks, and Green, and Lt. Col. Kelley, plus the strong, adaptive, yet changing Command Chiefs; Newton, Raymondo, Lucas and Reale, give the MA ANG a very positive future outlook. These officer and enlisted leaders know how to adapt to our changing environment and they are the right people, in the right positions, at the right time.

Given the upcoming inspection cycle and current operations, recruiting diverse and skilled Airmen is our very important Number Two Priority. We've had several years of outstanding recruiting under Chief Johnson's guidance, taking us from 90 to 96 percent manned in two years. Given our retention at an all time high, we are in a very strong position for the future. Truly amazing what our Airmen have accomplished. Yet, we must remain focused on recruiting to 100 percent of our authorized strength. As we continue to grow and seek new missions, in areas such as cyber warfare, our recruiting becomes much more focused and selective. We will need precision recruiting to continue to attract and hire the best skilled Airmen possible. Officers, communication specialists, medical professionals, and air operations personnel are just a few of the expertise we must all vigilantly recruit, in order to grow to ever changing mission sets. In fact, future mission growth is our Number Three Priority. Our state strategic planning team, of Colonels Green, Stevens, and Keefe; Lt. Col. Kelley; and Chief Newton, all assisted by Lt. Col. Cuttle, are diligently revising our vision, mission statement, priorities, unit goals and objectives to build options for our future. TAG-led congressional visits and public affairs programs, base (MILCON) master plans, and the ANG Future Mission Database (FMD) for our state are all part of the process to make future mission changes; open, understandable, and attainable.

I am truly excited about our MA ANG future. Change is inevitable, yet well within our ability to productively absorb and successfully adapt. Our future is full of more change and challenges, yet our history of success, our outstanding Airmen and our proactive integration of evolving missions, has built stability and predictability for us all. Our current success in accomplishing and fulfilling state and federal missions is impressive. We can be proud of our service as Airmen and citizens of this great commonwealth and nation, and look to the future with confidence.

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### JOB OPENING MEDICAL SERVICE CORPS OFFICER >>

The 102nd Medical Group has one vacancy for a Medical Service Corps Officer. All officers, or enlisted members eligible for commissioning in the Massachusetts Air National Guard and all those eligible and qualified for appointment into the Massachusetts Air National Guard are eligible to apply.

All interested personnel must forward application packages to Col. Maureen McCarthy at the 102 MDG by Dec. 15. Interviews are scheduled to be conducted during the January UTA (Jan. 7-9).

A Medical Service Corps Officer formulates, interprets and implements policy; plans and organizes activities associated with peacetime and wartime health services administration, such as manpower, medical logistics, information systems, outpatient records and morale and welfare services; coordinates health services programs; coordinates with comptroller, civil engineering, civilian and federal professional staff and other staff health services officers on administrative matters pertaining to health services programs; maintains liaison with civilian, military and other federal activities to keep current in areas of interest to health services administration; monitors and directs health services programs; interprets and directs the implementation of policies governing health services programs; directs the management of health services functions such as medical logistics, fiscal management, managed care, human resource management and patient administration; develops financial plans and budget estimates for Air Force health services programs; prepares reports, directives, correspondence and memoranda pertaining to health services administration; assists with utilization of health services program funds in collaboration with the medical commander and resource advisor; prepares and exercises emergency, disaster and defense plans and monitors readiness training; and monitors providers credentialing and clinical privileges.



### PROMOTIONS >>

### <u>Lieutenant Colonel</u> First Lieutenant

James Hoye **Gary Cundiff** 

### **Technical Sergeant**

Cory Fonger Rebecca Hastings Matthew Mackenzie **Christopher Santos** 

Robert Blanchette Matthew Cusack Ryan Olsen Chad Pimental Jean Riordan

### **Staff Sergeant**

Joseph Sklut Albert Viola

### Master Sergeant

Matthew Borges John Conti Michael Dipadua

### **Senior Airman**

Austin Anderson Nathaniel Antonio Danielle Boulay Brennan Dugas John Emery Derek Lafontaine

### **ANNOUNCEMENTS >>**

### **COMBINED FEDERAL CAMPAIGN**

The Combined Federal Campaign is the world's largest and most successful annual workplace charity campaign. The Otis Air National Guard Base CFC has begun and is scheduled to end Dec. 15. Contact Mai. Nicole Ivers for a donation form: (508) 968-4664, nicole.ivers@ang.af.mil or visit Building 158, Room 230. Thank you for your generosity!

### **CHILDREN'S CHRISTMAS PARTY**

The annual Children's Christmas Party for children of 102nd Intelligence Wing members is scheduled for Dec. 11. The event will be held in the Aerospace Dining Facility from noon - 3 p.m. Sign up your child by Dec. 5 with Tech. Sgt. Kathleen Burger, (508) 968-4854 or Kathleen.Burger@ang.af.mil. Parents will need to drop off a wrapped present for each of their children with the child's name on it (please try to keep it around \$10) to Sergeant Burger by Dec. 8 in Building 158, Room 221.

### **COMMUNICATIONS FOCAL POINT ACTIVATED**

All employees are asked to call the CFP at (508) 968-4000 with all communicationsrelated issues, requirements and troubles. The CFP operates during the normal duty day (7:30 a.m. - 4 p.m. during the week and 7 a.m. - 3:30 p.m. on UTA weekends).

### **BASE INFORMATION LINE**

With winter weather right around the corner, it is important for all personnel to keep the Base Information Line phone number handy. For the most up-to-date information on the Base's Operational Status, simply call (508) 968-4433 and listen to the recording. As always, Airmen are encouraged to apply the principles of Operational Risk Management. Be safe and avoid unnecessary risks.

### **COLLEGE COURSES ON THE MMR**

It's not too early to begin planning for classes for next semester here on base. Cape Cod Community College will offer evening courses, based on YOUR interest and needs. If you have a preference for classes, please contact Jim McLoughlin at (508) 968-6440 as soon as possible so he can forward that information to the college. Classes are open to anyone with base access: active duty, reserve, retired, civilian and contract employees and all dependents. For members of the Air and Army National Guard, Cape Cod Community College is a state institution for reimbursement purposes. Thank you for your consideration and we look forward to hearing from you!

### **CHAPEL CALL**

By Staff Sgt. Marco Castro 102nd Intelligence Wing Chaplain Assistant



This month the Chaplain Office team would like to welcome Staff Sqt. Jac-**L** queline Carey. Sergeant Carey is our new Chaplain Assistant. She comes to the Chaplain Office team after having worked in the personnel section of the Intelligence Squadron.

Sergeant Carey, a native of Revere, Mass., currently resides in Salem, Mass., while studying at Salem State University. She is pursuing a Bachelors of Science degree in Psychology and enjoys yoga and meditation as hobbies. She is a welcome addition to our team.

As a chaplain assistant, her role is multifaceted and includes collaborating with the chaplains in their duties, providing assistance in times of crisis to those in need as well as cultivating a culture of spiritual care.

The chaplain assistants of the 102nd Intelligence Wing include Master Sqt. Douglas Campbell, Staff Sgt. Marco Castro and Staff Sgt. Jacqueline Carey as well as Master Sgt. Rose Gould who is scheduled to retire in December.

The chaplain's office is located on the third floor of Building 158 and is manned during Unit Training Assembly weekends from 7 a.m. to 3:30 p.m. Please stop by to say hello and introduce yourself to our team!

## MONTHLY -**ENERGY SAVING TIPS**

 $\mathbb{A}$  s we enter the holiday season, take time to think about how your holiday traditions consume energy. Traditionally, the holidays are a time to share food with friends and family. Preparing food requires the use of various appliances that consume energy. Today's kitchen appliances consume 50 percent less energy than those appliances built less than a decade ago. Even though modern appliances are more energy efficient, energy costs can skyrocket during the holiday season. Following a few tips can keep those energy bills down and help the environment tremendously.

### Oven Use

Traditional holiday meals such as turkey and ham require a long, slow cook. In most cases there is no need to preheat your oven when cooking these items even if the recipe directs you to do so. Preheating your oven for a half hour consumes wasted energy. Also, while cooking your holiday turkey or ham, leave the oven door closed. If you need to look at what's cooking inside, turn the light on and peek through the window. Lastly, try to cook several items at once but leave enough room for heat circulation.

### Refrigerator Tips

Refrigerators are one of the largest energy consumers in our homes, often accounting for more than 15 percent of a home's total energy use. Your refrigerator can operate more efficiently and economically by keeping the door(s) closed. Also, keeping your refrigerator and/or freezer packed is energy efficient because the mass of cold items inside will help your fridge to recover each time a door is opened. However, you must leave enough room for cold air to circulate.

### Dishwasher Tips

A load of dishes cleaned in a dishwasher requires 37 percent less water and energy than washing dishes by hand. When using a dishwasher, wash only full loads and use cold water only. If possible, use the energy-saving cycle. Lastly, if you must wash dishes by hand, do not keep warm water flowing as energy and water will be wasted.

Please have a safe, happy, healthy and energy efficient





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