

102nd INTELLIGENCE WING

Seagull

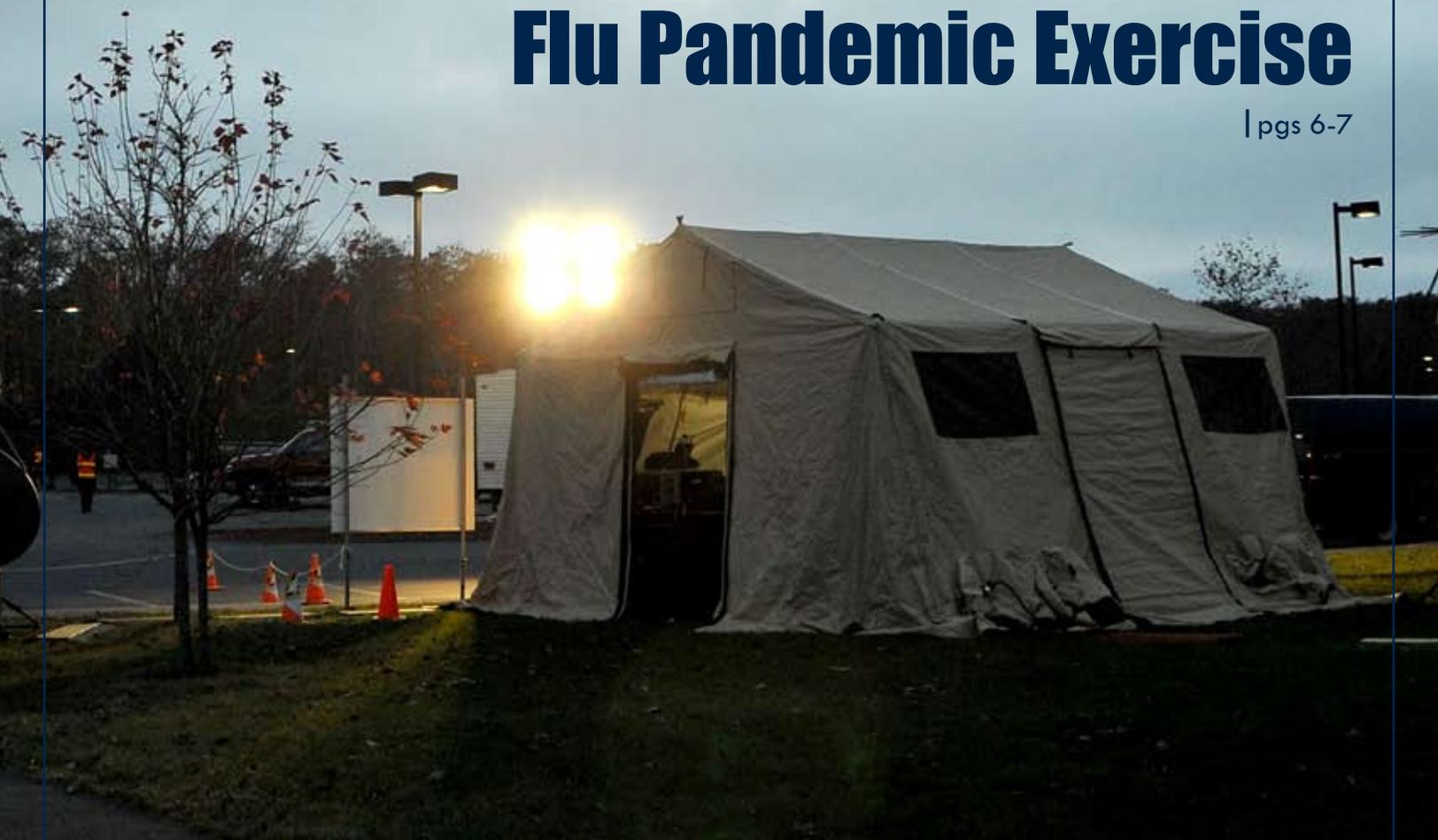


JANUARY 2009

VOLUME 24 NO. 1

Town of Sandwich Flu Pandemic Exercise

| pgs 6-7



This funded Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Seagull are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force. The editorial content is edited, prepared, and provided by the Public Affairs Office of the 102nd Intelligence Wing, Massachusetts Air National Guard, 158 Reilly St., Box 60, Otis ANG Base, MA 02542-1330. All photos are U.S. Air Force photographs unless otherwise indicated.

102nd IW PUBLIC AFFAIRS

158 Reilly Street, Box 60
Otis ANG Base, MA
02542-1330

(508) 968-4090
DSN: 557-4090

102nd IW COMMANDER

Col. Anthony E. Schiavi

PUBLIC AFFAIRS OFFICER

Editor

Capt. Nicole Ivers

STAFF

Master Sgt. Sandra Niedzwiecki

Tech. Sgt. Andrew Reitano

Tech. Sgt. Aaron Smith

Staff Sgt. Kerri Cole

Senior Airman Matthew Benedetti

PUBLIC AFFAIRS SPECIALIST

Evan C. Lagassé

PROOFREADER

Doris S. Bousquet

COMMANDER'S COMMENTS

pg. 3

AIRMAN'S ROLL CALL

pg. 4

FLU PANDEMIC EXERCISE

pg. 6

COMBINED FEDERAL CAMPAIGN

pg. 8

NEW FITNESS CENTER

pg. 10

CHAPEL CALL

pg. 11

SEAGULL IDEAS?

Do you have an idea for a Seagull article? Would you like to be the subject of a story? Births, marriages, sympathy notices and other information are always welcome. Let us know what is going on in your section. 500 word maximum.

The next Seagull deadline is 2 p.m. Sunday, Jan. 11, 2009.

DINING HALL MENU

Hours: 10:45 a.m. to 12:30 p.m.

FRIDAY, Jan. 9
Meatloaf with gravy
Pizza

SATURDAY, Jan. 10
Baked Chicken Breast
Tacos

SUNDAY, Jan. 11
Burgers
Grilled Cheese

SATURDAY, Feb. 7
Baked Chicken
Fried Catfish
(subject to change)

SUNDAY, Feb. 8
Baked Pork Chops
Stir Fry Chicken Almondine
(subject to change)

ON THE COVER >>



The 267th Combat Communications Squadron's Joint Incident Site Communications Capability tent at the Sandwich, Mass., combination flu clinic and flu pandemic exercise, Nov. 14.

U.S. Air Force Photo by Master Sgt. Sandra Niedzwiecki

UPCOMING UTAs >>

UTA duty hours are 7:30 a.m. to 4 p.m. on Saturday and 7 a.m. to 3:30 p.m. on Sunday

JANUARY 2009						
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

FEBRUARY 2009						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

MARCH 2009						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

APRIL 2009						
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



FROM THE DESK OF THE 102 MSG COMMANDER

By Lt. Col. Chris Faux

SEAGULL TO PHOENIX

It's both an honor and privilege to be writing as the commander of the Mission Support Group. I truly believe no one makes it to a leadership position without the support of their people, and for that I thank every member of the 102nd Intelligence Wing.

The first order of business is to introduce some of the key staff members new to the Support Team:

Maj. Donald Chapin, Director of Personnel- Don's most recent assignment as a Personnel Officer at Joint Force Headquarters in Milford provides an unparalleled segue to his new position.

Capt. Lisa Wnek, Logistics Readiness Officer- Lisa is an Individual Mobilization Augmentee from the Marine Corps with an impressive logistics background.

Staff Sgt. Lloyd Johnson, Soon to be 2nd Lt. Johnson, *LRS Operations Officer-* Lloyd comes to us from the Tennessee ANG and will bring some well needed youthful exuberance.

Master Sgt. Christine Lazarescue: Personnel Superintendent- Christine finished her 21st year in personnel while working with our Combat Communications brethren and comes back to the 102nd to spearhead our personnel efforts.

Master Sgt. Ed Winchester: Supply Superintendent- Ed returns to us after a short stint at the 104th; a 12+ year 102nd veteran with a vast knowledge of all aspects of the supply system.

These changes will ensure a seamless transition as we lose valuable players to retirement and new mission transition. Please welcome them to the organization.

The perfect storm has run its course and the bitter taste

left from Base Realignment and Closure and the Total Force Integration has long since faded into the sweetness of cutting edge technology combined with long term viability. In the wake of this change we reverse a trend of more than a decade without construction and see validated projects back on the board for some much needed improvements. Our approved space study has lain out an interesting path centered on a long term vacating of building 158 and consolidation of Wing functions within the I-Gate.

The "operational floor" for Distributed Ground Station initial operational capability is complete. Intelligence personnel are working with base communications to pull the myriad of wires, cables and fiber connections required for the installation of the mission hardware. We fully expect to be up and running some time before Labor Day.

We have received \$14.4 million for the full operational capability DGS facility. This 33,000 square foot facility is currently under design and will be constructed where building 166 sits today. The next step will be to award the project, then hopefully begin construction by October.

Major General Akey has declared our Operations and Training Facility the number one construction priority for the Massachusetts Air National Guard. In doing so, he has created a situation quite favorable for funding in fiscal 2010. The O & T facility, a 37,000 square foot building projected to be constructed near the full operational capability DGS facility, will bring many of the headquarters, administration and support functions together under one roof.

In fiscal 2011, we plan on renovating building 155 for the Logistics Readiness Squadron and building 156 for Vehicle Maintenance/Operations and the rest of Transportation.

In addition, there will be a myriad of demolition projects that should reduce our footprint by more than 150,000 square feet.

We welcome our new Commander in Chief, President Barack Obama, at the end of the month. He brings to the forefront an administration whose theme is change; a mantra familiar to the 102nd Intelligence Wing. Missions, people and facilities.....when it's all said and done, our Seagull has really been a Phoenix in disguise: reborn from the ashes of BRAC/TFIreborn from the ashes of change.

ANNOUNCEMENTS >>

BLACK HISTORY MONTH BALL - SAVE THE DATE!

The Black History Month Military Ball is scheduled for Saturday, Feb. 21, at the Four Points Sheraton Hotel and Conference Center in Norwood, Mass. More information to follow. Please save the date.

CONGRESS AUTHORIZES PATERNITY LEAVE

Eligible Airmen are now authorized 10 days of non-chargeable paternity leave following the birth of their newborns, courtesy of the 2009 Duncan Hunter National Defense Authorization Act.

The law applies to married, active-duty Airmen. The Airman's wife must have given birth to the child on or after Oct. 14, 2008.

Paternity leave, which may be authorized in conjunction with ordinary leave, must be taken on consecutive days

and within 60 days following the birth of the baby. For extraordinary circumstances, commanders may authorize paternity leave up to a maximum of 90 days following the baby's birth.

As with any administrative absence, the commander may disapprove paternity leave when it would have an adverse impact on the readiness or operational mission of the unit.

For more information, call your Military Personnel Section at (508) 968-4538 or the AF Contact Center at (800) 616-3775.

2009 CSAF READING LIST

The CSAF announced his 2009 reading list Dec. 8. The list is divided into three areas: Military History; Mission, Doctrine and Profession; and Our Nation and World. The Reading List can be accessed at www.af.mil/library/csafreading.



Week of Nov. 26 – Dec. 2, 2008

Easing deployment stress through personal and family readiness

There is a very direct link between mission readiness—each base's ability to fight and win—and personal and family readiness. Deployment and temporary duty requirements result in increased family separations, and additional family care planning for single parents, dual working families with children, and individuals and families struggling with debt. Airmen with financial, family or other personal concerns may struggle to perform their duties at 100 percent efficiency at home station or abroad.

The Airman and Family Readiness Center helps equip Airmen and their families with the skills they need to deal with the unique demands of military life. The A&FRC offers education and support programs for both military and family members during deployments.

Some of the A&FRC's typical support programs and services follow:

- Mandatory pre-deployment briefings and information for military members deploying for more than 30 days. Families are strongly encouraged to attend
- Deployment information guides and other tools that provide answers to a multitude of deployment-related issues and support groups for spouses during period of deployment
- Programs and information for children
- A number of programs sponsored by Air Force Aid to include minor vehicle maintenance and child care programs
- Morale calls, e-mail and video phone connectivity between military member and family
- Family Life skills classes on a wide number of subjects
- Return and reunion briefings and information and much more

For more information on these or other A&FRC programs, contact your local A&FRC

Find Airman's Roll Call Online Here: <http://www.af.mil/library/viewpoints/>

Airman's Roll Call is designed for supervisors at all levels to help keep Airmen informed on current issues, clear up confusion, dispel rumors, and provide additional face-to-face communication between supervisors and their teams.

Stay vigilant

By OSI Detachment 102, Hanscom AFB

As a result of the 9/11 terrorist attacks, the Air Force implemented an antiterrorism program called "Eagle Eyes," which is run by the Air Force Office of Special Investigation. Much like a neighborhood watch program, the Eagle Eyes program is an aggressive Air Force-wide neighborhood watch program that educates people on observable activities and what to do if they see something suspicious. The motto for Eagle Eyes is: "Watch, Report, Protect."

"Eagle Eyes reminds all base personnel (active duty, Reserve, family members, civilian contractors) as well as the civilian communities surrounding the base to remain vigilant and keep their eyes and ears open to any suspicious activities," said Special Agent Peter Van Damme, Det. 102, Hanscom AFB.

"The 2001 attack did not just spontaneously happen. There were precursor events that occurred that eventually led up to the attack. These terrorists conducted surveillance, planned their attacks and rehearsed their operation," SA Van Damme said.

Lessons learned in the federal law enforcement and intelligence communities played a key role in the development of the Eagle Eyes Program.

"Of most importance, we learned that every terrorist act is preceded by observable activities. These activities usually include surveillance, elicitation for information, tests of security, acquiring certain supplies, a dry run -- practicing the terrorist act, and deploying the assets to commit the act," said SA Bill Beattie, Det. 102, Threat Detection Branch Chief.

"Once the assets are deployed to commit the attack, it is almost always too late to prevent the act from occurring," he said.

OSI Det. 102 special agents are out on the streets daily briefing Eagle Eyes information not only to the base community, but also to local vendors and companies that may be of interest to terrorists. Through education, it is possible to train individuals on how to help prevent a terrorist attack

from occurring.

"When the community is aware of pre-attack indicators, they can play a vital role in deterring a potential attack," SA Beattie said.

Once a potential indicator is observed, it is reported to OSI through various channels. OSI then investigates the reported activity.

Here are some examples of what has been reported through the Eagle Eyes program: a duffle bag containing Air Force flight suits stolen from an Airman's vehicle; two females attempted to elicit information from Security Forces members concerning missile and troop operations; two unidentified males entered a local copier store and laminated a suspected counterfeit military identification card. Through joint investigative efforts with the local Police Department, the counterfeit ID was confiscated.

By reaching out to Air Force members, their families and the local community through educational briefings and word of mouth, these incidents were reported in a timely manner. By reporting these incidents, potential criminal or terrorist plots were foiled.

"Through education, we believe many incidents can be easily avoided. Simple things like not leaving valuables, such as your military identification, military uniforms, or deployment gear in your vehicles can prevent a potential terrorist activity from occurring," said SA Beattie.

Law Enforcement officials, to include OSI special agents, cannot be everywhere at all times.

The Eagle Eyes Program relies on you to remain vigilant; only you know your neighborhood and your workplace. Please continue to remain cognizant and continue to "Watch, Report and Protect."

If you see anything out of the norm or anything suspicious occurring on or off base, please report it immediately to Security Forces, 24-hours a day at (508) 968-4200 or directly to Det 102, Hanscom AFB via email at hanscom.threat.detection@hanscom.af.mil. Additionally, you can call AFOSI Det 102 at (781) 377-4605, or through HQ/AFOSI Global Watch at 1-877-246-1453.



U.S. AIR FORCE
EagleEyes
WATCH.REPORT.PROTECT.

The 102nd has openings for First Sergeants

Vacancies currently exist in the 102nd Intelligence Squadron, 102nd Operations Support Squadron and 102nd Air Operations Group. The 102nd Security Forces Squadron has a projected vacancy (June 2009).

Interested personnel should submit a resume to Chief Master Sgt. Wayne Raymondo. Chief Raymondo can be contacted at (508) 968-4900 or at: wayne.raymondo@maotis.ang.af.mil no later than the close of business on Sunday, Feb. 8. Please indicate in your order of preference which positions you are interested in.

For a description of duties, responsibilities and qualifications, see Air Force Instruction 36-2113. Technical Sergeant applicants must be a graduate of an in-residence noncom-



missioned officer academy and be immediately eligible for promotion to master sergeant. A minimum physical fitness score of 75 is also required. A two week course at Maxwell Air Force Base, Ala., is mandatory and must be completed within one year of selection.

Otis Airmen support local flu clinic, flu pandemic exercise

By *Evan C. Lagasse*
102nd Intelligence Wing Public Affairs

Airmen from two units at Otis Air National Guard Base provided key support to a local, combination drive through flu clinic and flu pandemic exercise, Nov. 14.

The 267th Combat Communications Squadron provided communications support to more than 100 flu clinic workers and volunteers with their Joint Incident Site Communications Capability (JISCC) while the 102nd Medical Group assisted civilian public health officials and nursing students from Cape Cod Community College, administering flu shots to more than 950 residents and employees of Sandwich, Mass.

While the number one priority of the day was the real world, drive through flu clinic for town residents and employees, the secondary focus was testing the town's emergency mass dispensing plan which would go into effect in the event of a real world flu pandemic or similar emergency medical situation.

With the importance of effective communications to the success of any event, the 267th Combat Communications Squadron's job was a big one. A job made easier thanks to the JISCC system.

"The JISCC system was developed in the aftermath of Sept. 11, 2001 and Hurricane Katrina. During the initial response to those disasters, communication between federal, state and local agencies proved difficult because the communications equipment of different agencies were not compatible. Federal authorities recognized the need for an interoperable communications package that could bridge the gap between first responders. The JISCC system was designed to meet this need. Every U.S. state and territory has at least one JISCC supported by its Army and Air National Guard. There are a total of 92 JISCC systems across the country, with three operated by the Massachusetts National Guard; one stationed at Otis with the 267th Combat Communications Squadron, one with the 26th Maneuver Enhancement Brigade and one at Joint Force Headquarters in Milford," said 1st Lt. John Stringfellow, 267th Combat Communications Squadron communications officer.

The flu clinic and flu pandemic exercise, which lasted 7 hours, was a perfect example of Massachusetts Air National Guard Airmen executing their primary mission of service to the community. The Town of Sandwich planned the exercise, submitted a formal request for military support with Joint Force Headquarters in Milford, Mass. and the two Otis units were mobilized to provide support as needed.

"The Air National Guard met all of my expectations including the communication and vaccination distribution functions...I wanted to show that the Air Guard and civilian components could function as one," said John J. Burke, Town of Sandwich fire prevention officer and operations section chief for the exercise.



(CONTINUED ON NEXT PAGE)



Airmen from the 267th Combat Communications Squadron work in the Joint Incident Site Communications Capability tent at the Sandwich, Mass., flu clinic, Nov. 14.



Capt. Stephen Dillon, 267th CBCS operations officer, stands behind Doug Lapp, Town of Sandwich public information officer, ready to answer questions from the media about the JISCC.



(left and right) Airmen from the 102nd Medical Group administer flu shots to residents and employees of Sandwich, Mass., at the annual flu clinic, Nov. 14.



U.S. Air Force Photos by Master Sgt. Sandra Niedzwiecki

102nd Medical Group participants

- Lt. Col. Patricia Simmons
- Capt. Kim Price
- Master Sgt. Cynthia Moody-LaRiviere
- Tech. Sgt. Joe Banks
- Staff Sgt. Wayne Reay
- Staff Sgt. Eric Schwinder
- Staff Sgt. Nathaniel Monteiro

267th Combat Communications Squadron participants

- Capt. Stephen Dillon
- 1st Lt. John Stringfellow
- Master Sgt. Joseph Morgado
- Tech. Sgt. Christian Fiore
- Tech. Sgt. Christopher Qubeck
- Tech. Sgt. Anthony Fantasia



(FROM PREVIOUS PAGE)

After seamlessly providing communications support for flu clinic volunteers from the town of Sandwich, Department of Health and Human Services, Civil Air Patrol, United States Coast Guard, and the 102nd Intelligence Wing, the feelings of mission accomplishment were shared by all.

“The exercise was outstanding. It met and exceeded all of my expectations and I can’t wait to assist with another exercise like this on an even bigger scale,” said Capt. Stephen Dillon, 267th Combat Communications Squadron operations officer and the incident commander’s military representative for the exercise.

Combined Federal Campaign a huge success

By Maj. Bill Dyer

102nd Combined Federal Campaign coordinator

Happy New Year! I would like to take a moment to express my sincere thanks to all wing members for your outstanding support to this past year's Combined Federal Campaign.

Personally, I would like to thank our unit representatives, who are identified to the right, for all of their hard work toward our goal of 100% contact. I am truly appreciative for all their efforts.

Overall, the 102nd Intelligence Wing, along with the 253rd Combat Communications Group and the 267th Combat Communications Squadron raised more than \$12,500!

We can all feel good knowing that we are part of a regional campaign that had a goal of raising \$1 million for the Southeastern Massachusetts and Rhode Island Combined Federal Campaign area.

At the time of this writing, I know that we were already over \$750,000, but as the final contributions are counted up, I will be sure to inform all of you of our final success. Your generosity and kindness will no doubt help so many people within our local community and beyond.

I would be remiss if I didn't take a moment to thank our wing commander, Colonel Anthony Schiavi, for his idea to set up a CFC tracker and the 102nd Civil Engineer Squadron for turning the idea into a reality. The CFC tracker was a great tool to measure our success during the campaign and I'm sure it will be used for many years to come.

This year's Combined Federal Campaign was truly a success for all of us here on the Massachusetts Military Reservation in the Air National Guard because of people like you who still find ways to give despite difficult economic times.

'Thank You'

to the following Airmen for their dedication and support to the Combined Federal Campaign:

Lt. Col. Bruno Zeneski

Capt. Christian Leighton

Capt. Sara Stockhaus

2nd Lt. Jean Riordan

Chief Master Sgt. Buddy Manamon

Chief Master Sgt. John Silva

Senior Master Sgt. Monica Parks

Master Sgt. Joe Corsaro

Master Sgt. Sandra Devaney

Master Sgt. Julie Headley

Master Sgt. Paul Judge

Master Sgt. Wayne Sherman

Master Sgt. Marc Vercellone

Tech. Sgt. Christiana Foster

Tech. Sgt. Mary Sellers

Colonel Tim "Tiny" Lynch bids farewell to the 102nd

By Senior Airman Matt Benedetti

102nd Intelligence Wing Public Affairs

Colonel Tim "Tiny" Lynch, 102nd Intelligence Wing vice wing commander, retired after 27 years of military service. He was honored by his colleagues past and present in a well-attended ceremony here on Dec 6.

In a career that spanned close to three decades, Col. Lynch earned numerous awards, medals and ribbons while serving in vital assignments that ranged from the vast Alaskan landscape to Bitburg, West Germany during the height of the Cold War.

The esteem and respect for "Tiny" was clearly reflected in remarks given by Maj. Gen. Michael Akey, Massachusetts Air National Guard commander; Col. Anthony Schiavi, 102nd IW commander and the 102nd group commanders. Known for his meticulous attention to detail and superior organizational skills, he was the target of a few good natured jabs from colleagues.

Above all, Colonel Lynch was recognized for his

professionalism, sound judgment and leadership. Colonel Schiavi was proud to have served with Colonel Lynch. "He is an inspiring officer and senior leader who had a positive influence on our wing for over 10 years," said Schiavi. "His mentorship of many officers and enlisted members will endure for countless years into the future. We wish him well in his retirement and will miss him."

Colonel Lynch is proud to have served at Otis for over 10 years and will miss the people here at the 102nd. "People are always number one. The quality of personnel we have at the 102nd is fantastic," he said. "They are so focused and the priority has always been getting the mission accomplished."

Always a fighter pilot at heart, Colonel Lynch is proud of how unit members have handled the transition to the new mission. "In all respects we are moving in a positive direction and the momentum is building," said Lynch. "I am confident that the wing will continue to succeed down the road of excellence."

Cold War Diary

Colonel "Tiny" Lynch intercepts Soviet aircraft

By Senior Airman Matt Benedetti
102nd Intelligence Wing Public Affairs

At the height of the Cold War in the 1980s, tensions between the United States and the Soviet Union often reached alarming levels. The two superpowers were engaged in a tense political and military standoff that could escalate to armed global conflict at any point.

All U.S. military personnel were on a heightened sense of alert, particularly U.S. pilots charged with protecting NATO and U.S. airspace.

Colonel Tim "Tiny" Lynch entered service as a fighter pilot in a period when diplomatic relations between the two military powers had deteriorated to its lowest level. One of his assignments was at Bitburg Air Base, West Germany, considered the 'tip of the spear' in responding to a Soviet threat. Sorties in this area required an acute vigilance. While at Bitburg, he had the opportunity to travel to West Berlin and see Check Point Charlie, the heavily guarded crossing point between East and West as well as get a bird's eye view of the communist sector from a helicopter.

However, it was in Alaska during the early 1990s that Colonel Lynch found himself directly involved in Cold War intrigue. The Berlin Wall had come down and the Soviet Union had dissolved but the remnant Commonwealth of Independent States, a loose confederation of former Soviet republics, continued the "reindeer games" with U.S. fliers.

Newly stationed at Elmendorf AFB, Alaska, one of Colonel Lynch's first assignments was to sit on alert for a week at a remote outpost at Galinin Air Base. "I hardly unpacked my bags for the week when the phone rang," recalled Lynch. "We got the information to go up to the north of the Alaskan mainland and intercept an unknown aircraft. We got our gear, the horns go off and we blast."

Colonel Lynch and his wingman maneuvered their F-15s

across the seemingly endless expanse of Alaskan wilderness until they reached the position of the unknown aircraft near the polar icecap. With wingman in trail, he rolled in on it, idled back, eased forward, got type and tail, and moved into the shooter position.

"It was some kind of two-engine jet cargo plane featuring reddish markings," Lynch remembered. "Initially, I thought it might have been a Canadian flag. After another look, I could tell it had Soviet markings."

Lynch remembered, "I could see the folks in the cockpit and they knew I was there. The controllers asked, 'what is it?'"

"I took out my checklists or cheat sheets... badger...bear...with no luck, it's not in there. My young wingman said 'let me forward, I know all the airplanes'....after a pregnant pause...he had no answer," remembered Lynch.

"I keyed the mike and I'm now talking to the ground control and telling them to take out their Jane's Defence Book of all the world's airplanes. 'It has two jet engines mounted on top of the wing about C-130 size,'" he told them. "It looked like the American designed YC-14 short takeoff airplane that I read about in a magazine. The plane was designed and tested but never purchased by the U.S. We surmised they were going out to land on the ice cap to resupply submarines."

During Colonel Lynch's time at Elmendorf, he went on alert several times anticipating bears or badgers but it never materialized. Alaska was one of Colonel Lynch's favorite assignments in his career. "We had a vast area to cover and the flying was great. Mount McKinley, the glaciers and the wildlife was incredible," he recalled. "It was a challenging environment but I really enjoyed it."



267th Combat Communications Squadron: First Sergeant Announcement

The following position is available for eligible enlisted members of the Massachusetts Air National Guard. This is a traditional military only position with an assignment at 267th Combat Communications Squadron, Otis ANG Base, Mass. Resumes will be accepted until 5 p.m., Jan. 20, at:

102nd MSF/DPM
ATTN: Master Sgt. Christine Lazarescu
158 Reilly St, Box 17
Otis ANG Base MA 02542-1330

POSITION: First Sergeant

MIN/MAX GRADE: *E-6/E-7 (*Technical Sergeants may apply if they are eligible for promotion to master sergeant under the provisions of the retraining promotion program in ANGI 36-2502.

AFSC: ANY

DUTY LOCATION: 267th Combat Communications Squadron, 330 East Inner Road, Otis ANG Base, Mass.

POINT OF CONTACT: Master Sgt. Christine Lazarescu (508) 968-4538; DSN: 557-4538

Wing opens new fitness center

By Tech. Sgt. Andrew Reitano
102nd Intelligence Wing Public Affairs

Members of the 102nd Intelligence Wing now have expanded exercise opportunities with the opening of the wing's new fitness center located in Bldg. 158.

During the fall, several members of the wing worked together to transform the old machine shop into a top-notch work out facility. According to Master Sgt. Joseph O'Brien, who coordinated the transformation, the volunteers involved with the effort spent many hours and weeks scrubbing years of grime and dirt off the walls, applying fresh coats of paint, and installing a new cushioned floor. Technical Sergeant Dixie Vander Wall, 101st Intelligence Squadron, volunteered her time to paint the Air Force, wing and seagull logos on the walls of the new facility.

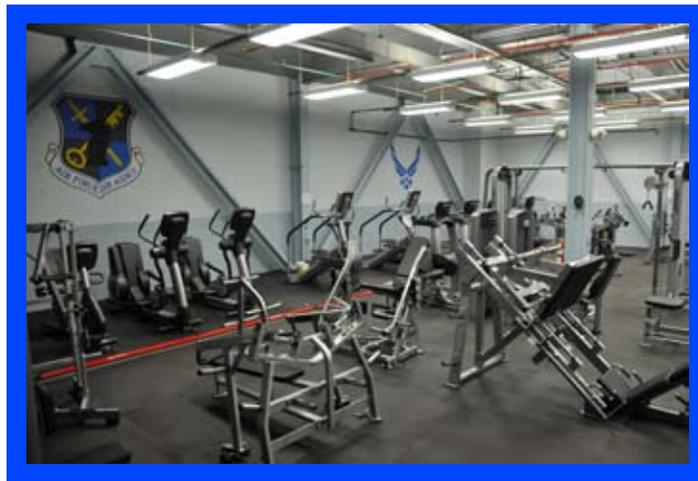
"The new center was created as a way of helping our Airmen maintain Air Force physical fitness standards while on drill," said Sergeant O'Brien. "The new fitness center is another asset to help Airmen focus on healthy activities and stay mission ready."

The fitness center is approximately 3,000 square feet. The 102nd Civil Engineer structural shop removed old fixtures



U.S. Air Force Photo by Master Sgt. Sandra Niedzwiecki

The new 102nd Intelligence Wing fitness center, located in the old machine shop in Building 158, is open for business. All Airmen are encouraged to use the fitness center's new equipment in order to stay 'Fit to Fight.'



U.S. Air Force Photo by Master Sgt. Sandra Niedzwiecki

Tech. Sgt. Dixie Vander Wall, 101st Intelligence Squadron, volunteered her time to paint several logos on the walls of the new fitness center. The Air Force Intelligence, Surveillance and Reconnaissance Agency logo and the U.S. Air Force logo are the backdrop for the new fitness center equipment pictured above.

to maximize capacity, while the electrical shop rewired the area for enhanced lighting.

All new equipment was purchased for the fitness center and includes a variety of cardiovascular and weight machines, medicine and exercise balls, resistance bands, free weights, and yoga mats. A majority of the functional older equipment has been retained and set up in an overflow area adjacent to the new fitness center.

"I think it's great that we have an expanded fitness center," said Senior Airman Steve Kavol, 102nd IW fitness monitor. "With the Air Force possibly increasing the number of times Airmen must perform physical fitness testing during the year, the new fitness center is an excellent venue for Otis Guardsmen to stay in shape."

Although there is no direct manning of the fitness center, Tech. Sgt. Scott Manamon and Staff Sgt. Brad Chase are the points of contact should anyone have any questions or concerns about the new facility. Users are expected to clean up after themselves and ensure they wipe down the equipment after using it.

HONORS >>

DISTINGUISHED GRADUATE

Tech. Sgt. Carly Durham - 1N131 course

Tech. Sgt. Aaron Charbonneau - 1N0 course

AETC COMMANDER'S AWARD

Tech. Sgt. Ken Rose - 1N131 course

CHAPEL CALL

By Chaplain (Capt.) Mary Scheer
102nd Intelligence Wing Chaplain

"Oh the difference a year makes!"

When the sad day came to take down our Christmas decorations, I said to my husband, "remember last year on January 2nd, we took all our Christmas decorations down and gutted our house?" We spent the next several months scraping wallpaper, removing paneling, replacing drywall, molding, trim, doors and windows from the living room, dining room, hallway and bedrooms. "Look how far our house has come in the past year," I said. To this my husband replied, "Oh the difference a year makes!"

All this work on our house reminded me of the parable about the Wise and Foolish Builders (Mt. 7:24-29) which basically says, "A wise man built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. A foolish man built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash." All the interior and exterior finishes make no difference if the foundation is faulty or fragile and the house could be blown over by the next big wind.

The "house" in the story symbolizes our lives and the "rock" symbolizes the foundation our faith is built upon. Like our house, it's important to be sure we're building on

the right things. And the beginning of the New Year seems like a good time to assess our "house" and see if there are any areas in need of renovating or remodeling, starting with the foundation of our faith.

Can I ask you a question? What is your faith built on? One thing is for sure, the winds will blow, and the sands will shift and our houses will be tested. The new year is a great time to take a fresh look at your faith. How is it doing? Is it solid? Will it hold when the winds blow? Sometimes even the strongest faith built on the surest foundation can take a beating by the storms of life and wind up in need of refreshing or repair. Are there any areas you'd like to do some renovating?

With the holidays over, and a new year underway, my husband and I already have our plans for this year's renovations to our house, both literally and figuratively. I'm excited about this time next year, when we'll stand again and say, "Look how far we've come in only a year." Perhaps you've got some "remodeling" plans of your own for this year. Should you consider any remodeling or renovating this year, remember your Chaplains are here for you as a resource and assistance.

Martin Luther King, Jr. Day: Jan. 15, 2009

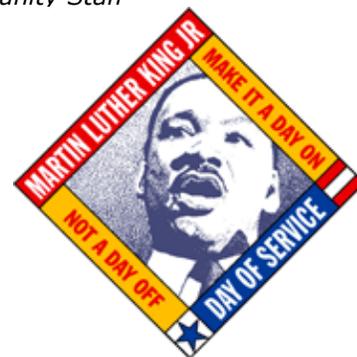
Remember! Celebrate! Act! A Day On, Not A Day Off!

Courtesy of the 102nd IW Equal Opportunity Staff

During the 1950s and '60s, civil rights icon Martin Luther King, Jr. recognized the power of service to strengthen communities and achieve common goals. As he once said, "Everybody can be great because everybody can serve."

Initiated by Congress in 1994, King Day of Service honors that legacy by transforming the federal holiday honoring Dr. King into a national day of community service. This holiday is grounded in his teachings of nonviolence and social justice. Instead of its being just another day off from school or work, the aim is to make the holiday a day ON, where people of all ages and backgrounds can come together to strengthen their community, bridge social barriers, and move our nation closer to the "Beloved Community" that Dr. King envisioned.

King Day of Service has grown steadily since its inception. With thousands of projects planned in all 50 states, the District of Columbia, Guam, and Puerto, the 2009 King Day of Service promises to be the biggest and best ever!



How can you be a part of the Martin Luther King Day of Service? You can join an organized service project in your area or help fill a need yourself—by tutoring a child, helping an elderly neighbor, serving in a homeless shelter, or volunteering at a school or community organization.

There are many ways to find service opportunities in your community on the King holiday and throughout the year. Check out this link for volunteer opportunities <http://my.mlkday.gov/public/indexSearch.aspx>.



Photos courtesy of www.bigfoto.com

102nd Intelligence Wing Information Line

(508) 968-4433

During adverse weather conditions, the Information Line will be updated at 5:30 a.m.

The Information Line will have one of three messages:

1. Work hours normal: all personnel report to their normal duty sections at the normal time.
2. Work hours delayed: all personnel report to their normal duty sections at (*specific time*).
3. Work hours restricted: only personnel essential to mission accomplishment will report for duty.

**Essential personnel include snow removal crews, security personnel, intelligence crews, command post controllers and any others specifically designated by their section chiefs.*



Public Affairs Office
158 Reilly Street, Box 60
Otis ANG Base, MA
02542-1330

FIRST CLASS MAIL
U.S. POSTAGE PAID
OTIS ANG BASE, MA
Permit No. 101