

June 03, 2016

# The Family Flyer



Supporting Military Families  
Cape Cod—Southeastern Massachusetts—SE New England

*Jess Productions Presents*

## A Salute to Our Military at the Roxy Theater

*Join us as we salute all branches of our  
United States Military on  
Tuesday, June 14th at 6pm*



This 90-minute program is the first variety show on the Base since WWII and will feature the outstanding talents of: Comedian Wayne Soares, Off Broadway Singer Debra Toscano, The Brazen Belles Dance Group, Comic Andrea Henry, Boston Red Sox Hall of Famer Rico Petrocelli, Captain Tom Maine USCG, RET and Master of Ceremonies Troy Clarkson.

Sponsored By Callahan Construction | Doors Open 5:30PM | Free Admission with Ticket

# Airman & Family Offerings– JUN



## Resume Writing & Job Search

Significantly increase the number of hits on your resume. Learn what employers are looking for and how to make your resume stand out! To registering for either session dates or submitting your resume, please contact Mark Gilliard at the A&FRP office: 508-968-4854 or [mark.a.gilliard.civ@mail.mil](mailto:mark.a.gilliard.civ@mail.mil). Registration Required.

### RESUME WRITING FOR THE FEDERAL SECTOR

THU 28 JUN from 9:00A- 12:00 P

Taught by Dannon Tarpley, a veteran who is a certified resume writer and has experience in searching and applying for government jobs. He also provides educational and job search assistance and counseling.

### RESUME WRITING & JOB SEARCH WORKSHOP

THU 23 June from 11:00 A.M. - 1:00 PM

Taught by Michael Swaney, a Massachusetts Veterans Employment Counselor and Certified Professional Résumé Writer with over 15 years' experience as a Hiring Manager in a national sales organization.

## 102d Members and their Spouses are invited to Laugh Your Way to a Better Marriage

A 2-day "Strong Bonds" Marriage Workshop

*Rekindle to Have and to Hold;  
Refresh the Halves and Whole*

Date: June 25 - 26, 2016

Location:  
DoubleTree, Bedford, MA

Includes:

One Night Free Lodging  
Lunch (SAT) & Breakfast (SUN)

Space is limited for this popular event. Sign up today!

Chaplain White, [derek.l.white19@mail.mil](mailto:derek.l.white19@mail.mil) or call 508-968-4508

**Unless Specified,  
All Programs are  
open to the Total  
Force.... military  
members &  
families of all  
branches,  
retirees, civilian  
personnel and  
survivor families**

## Free Financial Counseling

THU 09 JUN

The free financial counselor will be on base .to meet one-on-one and discuss and plan how to reach your financial goals!

To schedule an appointment contact Mark by [email](mailto:email) or call 508-968-4854



# Fun to be Had!

## Military Family BBQ AND BASEBALL

Sunday, June 26, 2016  
LeLacheur Park, Lowell



Kick off summer with a day of family fun: enjoy a BBQ with other military families followed by a Lowell Spinners game. Kids will also have full access to the Foul Ball Fun Zone activity area during the game.

Kick off summer with a day of family fun; enjoy a BBQ with other military families followed by a Lowell Spinners game. Kids will also have full access to the Foul Ball Fun Zone activity area during the game.

**When:** SUN 26 JUN

**BBQ** from 3:30–5 . , **Game** starts at 5:05

**COST:** Tickets FREE but limited. Registration required. [Go online](#) to reserve your ticket(s). Children 3 and under do not need a ticket, unless you want them to have a separate seat.

## Shoulder to Shoulder



When one person serves, the whole family serves.

A PROGRAM OF  
**JF&CS** Visit our website at [jfcsboston.org](http://jfcsboston.org) or call 781-647-JFCS (5327).  
Waltham Headquarters | Brookline | Canton | Central MA | North Shore



Questions: Email [shouldertosoulder@jfcsboston.org](mailto:shouldertosoulder@jfcsboston.org) for more information.

## Blue Star Museums 2016

**WHAT:** Free Admission

**WHERE:** 2,000+ museums

**WHEN:** Memorial Day–  
Labor Day

**WHO:** Active duty military personnel including National Guard and Reserve and their families (up to five)

NO limit on how many museums you can visit!

[See FAQ](#) & [participating mu-](#)

 Blue Star  
Museums



## Volunteers Wanted

### Special Olympics Summer Games: June 4-5, 2016



FOR MANG SOLIDERS/AIRMEN:

SAT 04 Jun 9A-12P & 1P- 4P  
@ BU Venue [info here](#)

**Special Olympics** SUN 05 Jun 830A–12P & 12P–3P  
@ Harvard Athletic Complex [info](#)

**Guard members will pass out awards** and interact with their athletes and families. Their athletes love seeing members of the military and are excited to have them be part of the weekend.

Other volunteer roles available beyond those for MANG. Be a part of the event and will ensure you have a meaningful volunteer role! [More information](#)

**IF INTERESTED, CONTACT (with the dates and times you are available):**

[Matt Ruxton](#) 508-485-0986 x222

[Megan Hoffman](#) 508.485.0986 ext. 225



**JULY  
24  
2016**  
REDHOOK  
BREWERY  
11AM-4PM  
HONORING  
THOSE WHO  
SERVE

Active Military Personnel &  
immediate family FREE  
General public \$15, Vet \$10  
Children under 12: free

# Parents or Expecting?



## Operation Shower

30 AUG 2016 in Norton, MA from 11A—1P

**WHAT:** A baby shower honoring military moms to be whose spouses/partners are deployed during their pregnancies hosted by Operation Shower, a non-profit 501c3



**WHO:** Boston area moms-to-be with due dates on or after May 30, 2016 and who meet one of the following criteria are encouraged to apply:

- have a spouse or partner who is deployed or deploying (or other official duty separation) at some point during their pregnancies;
- have a spouse or partner who was injured during deployment
- are military moms/moms-to-be who were injured during deployment
- are active duty moms/moms-to-be or National Guard moms/moms-to-be (E-6 or below)

**HOW TO APPLY:** Contact Ginger Shockley at [ginger@operationshower.org](mailto:ginger@operationshower.org) by June 30, 2016



## Air Force 4-H Camps **STILL HAVE OPENINGS!**

Spaces are still available in several upcoming for ANG/AFR youth and families. As a reminder, travel costs are the responsibility of the attendee.

**WHAT:** 22 residential and day camps in 18 states

**DETAILS:** Provide unique camping experiences and offer a variety of activities to help develop leadership skills, build resiliency, enhance communication, introduce STEM initiatives, foster teamwork, prepare students for college and provide quality 4-H programming.

**WHERE:** [Full listing](#)

### DAY CAMP:

[MA: Saddle up and Learn](#) JUL 25–29 & AUG 1–5

### RESIDENTIAL:

[ME: STEM Challenge](#) JUL 24-29

[NJ: Trail Blazers Camp](#) 31 Jul–06 AUG



# Veterans

## PEDROIA'S PLATOON

New Balance, Boston Red Sox's Dustin Pedroia & his wife Kelli would like to

honor a MA National Guard Soldier OR Airman and (3) members of their families to a Red Sox home game as their guest with special pre-game meet-and-greet.

Nomination Criteria: 1.) Soldier/Airman served a combat tour in Afghanistan, Iraq or Kuwait in support of OEF, OIF or OND; and, 2.) Must be in good standing with Unit.

Get nominations forms & submit them to [Recruiting and Retention Battalion](#).



CAPE COD  
VETERANS &  
ACTIVE  
MILITARY



**FREE**  
**HEROES**  
**GOLF**  
**CLINIC**

rookies & scratch golfers

Sunday, June 26  
Morning & Afternoon Sessions

**& BBQ LUNCH!** ON THE TGC PATIO

TGC - The Golf Club  
132 Falmouth Woods Rd., East Falmouth

To register, contact:  
Gwen Errhalt  
[gerrhalt@tgcgolf.com](mailto:gerrhalt@tgcgolf.com)  
(508) 457-7200, ext. 3

### TGC FUND MISSION

The TGC Fund is a donor-advised fund administered by the Cape Cod Foundation and provides critical financial support to Cape Cod veterans and active service personnel.

### Scholarship Fund 2016

**WHO:**

OIF/OEF Veterans of  
Cape Cod

**WHAT?**

\$500 and \$ 1,000 Schol-  
arships to assist Veterans  
in their pursuit of post-  
secondary or graduate  
studies

**WHEN?**

Now through 31JUL16  
for the 2016-2017 school  
year

**WHERE?**

Online at  
[www.FMSGrp.org](http://www.FMSGrp.org) or by  
[email](#)

**WHY?**

As the GI Bill doesn't  
cover all expenses, the  
FMSGrp would like to  
assist in this effort.

**The Falmouth  
Military Support Group.**



# More! More! More!

## CLEP/DSST Exam Information: Test Dates-June 14 & July 12

**Available Exams:** CLEP - [www.collegeboard.com](http://www.collegeboard.com), view CLEP tests available; DSST - [www.getcollegetcredit.com](http://www.getcollegetcredit.com).

**Scheduling Exams:** Email [CWO3 Alicia Engle](mailto:CWO3AliciaEngle) Include your contact information; phone and email.

**Before the Test:** Be prepared and Study. The first exam is free - you do have to pay for a makeup exam (\$80).

## Falmouth Veterans Coffee Break 2nd SAT of each month @ Falmouth Elks Lodge

Join in on SAT 12 MAR to hear guest speaker from the Bourne VA Cemetery discuss Benefits, including burial at Bourne and private cemeteries. Q: contact Joe at 508-548-0329.



## Free Tutoring @ Tutor.com

No cost online tutoring from

[Tutor.com](http://Tutor.com) at to DoD service members

& Coast Guard Active Duty members and families.

Eligible students can connect to a live tutor online at any time for one-to-one anonymous help with homework, test prep, proofreading and more in 40+ subjects. Eligible students can create an account and log in at [www.tutor.com/military](http://www.tutor.com/military).

There are 40+ subjects, All Skill Levels. Expert, Background-checked tutors. Safe, Secure, Anonymous Learning.



## Money Matters: Reward of Budgeting WED 08 JUN 6—7:30 PM, Brockton MA

FREE! With useful tools, learn how to manage money most effectively and how to achieve your financial goals! Registration preferred; walk ins OK.



## Free Food for Cape Military Families

FREE Food for:

1. Current Military Families with Children
2. With unit or home is on the Cape & Islands



The Beehive Food Program provides supplemental food to military families of Cape Cod who struggle to make ends meet. You receive two bags of food monthly. For info/sign up, email [Mark](mailto:Mark) or call 508-968-4854.

*This is a confidential grant program provided through the Freemasons. For other locations in MA for food resources, please visit [Greater Boston Food Bank's Food Finder](#) listing pantries and community meal programs*



## Retiring or Separating?

Transition Planning should begin within 18 months of your end date. The Transition Assistance Program helps separating and retiring service members and their families make a smooth transition from a military career to the civilian sector. Start early and be prepared! 102IW: Email [Mark](mailto:Mark) or call 508-968-4854.

## JBCC Military Retiree Activity Office BLDG 3138, Richardson Rd

Open TUE WED & THU from 0930-noon

Info on Space A travel, computer access, National cemetery benefits, getting ID cards & more!

PH: 508-968-4175

# Don't Miss Out

rhode island  
Air Show

rhode island national guard open house

## AIR SHOW

June 11 & 12, 2016

### Sail and Soar! - SAT 11 JUN

JBCC is invited to join MA Maritime Academy Alum. Assoc. in celebrating their 100th anniversary. Sign up for one of the 500 billets to ride the *SeaStreak WallStreet* to depart Buzzards Bay and sail to North Kingstown, RI for the *Quonset NAS Airshow*, with the *USAF Thunderbirds*.

Cruise w/VIP tent includes lunch & open bar; appetizers on return cruise & swag: \$150 (21+ event)

VIP Tent Only with lunch, open bar & swag: \$75/\$35

More info [email Traci](mailto:Traci) or call 774-368-5695



### Quonset Air Show 4 Mile Run/Walk

FRI 10 JUN @ 6p at SEA BEE Museum, No. Kingstown

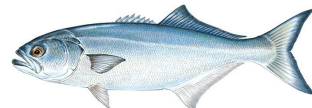


REGISTER NOW

**Discount:** Veterans, Active Duty, Reserve, National Guard member, academy cadet, ROTC or JROTC Cadet of any branch of the U.S. Armed Forces or Merchant Marines, use the **COUPONCODE: 1775** to receive a \$7.00 discount off the race registration fee of \$29.00.

Awards to: Top 3 overall, Top 3 Teams, & Service Branch Top 3

Proceeds benefit: RI Veterans' Home, RI Veterans' Cemetery, RI Military Airport Lounge, SEA BEE Museum, Tolman High School Marine JROTC and the Quonset Air Museum.



### ONH Veterans Appreciation Fishing Tournament

THU 09 JUN in Winthrop

8:00 a.m. –1:00 p.m. Fishing tournament

1:00 p.m. –3:00 p.m. BBQ



Captains and volunteers have offered their boats, gear, time and talent to take Veterans out for a day on the water! BBQ, prizes and Greetings at Winthrop Public Landing.

Legal fish will be filleted and bagged for the veteran to bring home.

**FREE** Veterans only event! Prizes for biggest Striped Bass, Blue Fish and Flounder. [Registration open now!](#)

Qs email: [bmoore@projectnewhopema.org](mailto:bmoore@projectnewhopema.org)

If any Boat Captains would like to be a part of this event please contact Bob Baptists at (617) 852 6689



ONE DONATION.  
FIVE MINUTES.  
THREE LIVES.

### Blood Drive

THU 09 JUN 9A–2P @  
102IW BLDG 158

All people with access to Otis ANG Base [Sign up!](#)

### Brides Across America

Free wedding gowns for military brides and first responders!

05–07 JUL: Andover MA

Visit [website](#) for full details & eligibility.



Full information & applications on  
**Family and Youth Horse Camps**

are located at the end  
of this newsletter

Massachusetts National Guard  
Airman & Family Readiness Program  
Joint Base Cape Cod, MA



1021W/ A&FRPO  
156 Reilly St Box 70  
Otis ANG Base, MA 02542  
Phone: 508-968-4855

Erin Creighton  
Program Manager, 508-968-4855

Mark Gilliard  
Work-Life Specialist, 508-968-4854

Office Hours:  
Monday – Friday 8:30 a.m.—4:30 p.m.  
Saturday & Sunday: hours determined by events

Requests to be added or removed from this distribution list may be sent directly to [Erin](#).



Otis Family Program

Massachusetts National Guard Family Program

# Roxy Theater

## Joint Base Cape Cod

<b>FRIDAY 03 JUN</b> Joy (PG 13) @ 7:30 PM	<b>SATURDAY 04 JUN</b> Kung Fu Panda 3 (PG) @ 5:00 PM	<b>SATURDAY 04 JUN</b> Ride Along 2 (PG 13) @ 7:30 PM	<b>SUNDAY 05 JUN</b> Closed

ALWAYS FREE ADMISSION!! Movie Line: 508-968-6452  
Doors Open 30 minutes prior to showtime. [www.mwrcapecod.com](http://www.mwrcapecod.com)

**CAPE COD MILITARY, VETERAN and FAMILY COLLABORATIVE**

**DIRECTORY**

Department of Defense

LGBT PRIDE MONTH

JUNE 2016

**www.MassGuardFamily.org**

**Readiness Assistance Resilience**

Quality of Life Strengthening Our Roots Heart of the Guard Youth = Leaders of Tomorrow Families Supporting Families

## The Massachusetts National Guard Family Program

**www.MassGuardFamily.org**

**Readiness Assistance Resilience**

Quality of Life Strengthening Our Roots Heart of the Guard Youth = Leaders of Tomorrow Families Supporting Families

### American Red Cross: HeroCareNetwork

If your military family has an emergency need for communication.  
Submit a request: [online](#)  
or Call (877) 272-7337

This announcement is provided for the benefit of members of the National Guard. It is intended for informational purposes only and does not constitute an endorsement by the Massachusetts National Guard, the Commonwealth of Massachusetts or the United States Armed Forces. Any participation is solely the responsibility of the individual.



# Youth Horse Camps (JUL & AUG)

*Military Family Outreach Cape Cod  
(formerly Operation Military Kids)  
Presents:*

## **SADDLE UP** & **LEARN**

For youth from families of Active Duty Air Force,  
National Guard or Air Guard

[Request Application Here](#)



July 25 - 29, 2016 for ages 9-12  
August 1-5, 2016 for ages 13-16

**Camps are from 9:00 a.m. - 5:00 p.m.**

**Cape Cod Cooperative Extension  
Check payable to Barnstable County**

**Attn: Kerry Bickford  
P.O. Box 367  
Barnstable, MA 02630**

Horses are beautiful and intuitive creatures who bring great joy to those who interact with them. There is an enormous amount of work that goes into their care and well-being. This year's camp will examine the overall experience of caring for the whole horse in order to educate campers on the investment in time, energy, dedication and expense that accompanies leasing, riding or owning a horse. Join us as we explore:

If you meet the criteria of youth from families of Active Duty Airforce, National Guard or Air Guard then we invite you to join us for a memorable week!

Registration is on the reverse side. There is a \$25.00 *non-refundable* application fee in order to secure your reservation. Please fill out, sign and return the following:

- Completed Registration Form
- Health Form
- Permission and Code of Conduct

Upon confirmation of your acceptance, you will receive a letter from the farm with detailed information about what to bring each day.

If you have any questions, please feel free to contact:

**Kerry J. Bickford  
508-375-6695**

[kbickford@barnstablecounty.org](mailto:kbickford@barnstablecounty.org)



Active Duty/Air National Guard/Air Force Reserve (ActiveDuty/ANG/AFR) Camps are supported by the U.S. Department of Agriculture, National Institute of Food and Agriculture, 4-H National Headquarters; U.S. Air Force Child and Youth Programs; and University of Massachusetts/Cape Cod Cooperative Extension 4-H Program through grant funding at Kansas State University under special project number 2013-48696-

- Horse basics, anatomy and safety
- Grooming and bathing
- Tacking up
- Feeding
- Exercising
- Veterinary and dental care
- Farrier services
- Massage therapy
- Stall cleanliness
- How to keep your horse happy
- Learn how to ride



# Family Horse Camp ( July )

## 4<sup>th</sup> annual HEROES IN TRANSITION

### FAMILY SUMMER FIT PROGRAM

REGISTER NOW! SUMMER PROGRAM  
FOR VETERANS & THEIR FAMILY

[Request Application Here](#)

**JULY 11-15, 2016**  
**SMITHFIELD FARMS**

**809 SANDWICH ROAD, EAST FALMOUTH MA 02536**

FAMILIES IN TRANSITION is designed to benefit military families facing pre-deployment or post-deployment challenges. It is an adventure-filled, memorable summer week, a haven for both children and adults. This program, hosted by Smithfield Farms on their acres of walking and riding paths, is intended to teach all family members basic horse care, handling, as well as riding lessons and the foundations of good skills. It is created and overseen by trained professionals and volunteers which families can enjoy together - outdoors as much as possible - with inside activities as well. Evening supper and activities end each day.

**CONTACT US NOW TO GET YOUR APPLICATION DUE JUNE 1!**

CONTACT@HEROESINTRANSITION.ORG OR CALL:

**508-539-1010**

[www.heroesintransition.org](http://www.heroesintransition.org)

