

The Family Flyer



Supporting Military Families
Cape Cod—Southeastern Massachusetts—SE New England



Lunch and Learn

When: WED 16 APR
11:30 a.m.-12:30 p.m.
@ 102IW, Bldg 158
3rd floor

The subject: *Nutrition*

Learn how to eat better & be healthier; What foods to avoid; get specific tips and tools!
Grab your lunch and come on up!!!

First Annual Team Chickaroo “Mom Prom”

DATE: FRI May 9 from 7:30 p.m.—10:30 p.m.
COST: \$50.00 LOCATION: Methuen, MA

TO BENEFIT : A Kid’s Brain Tumor Cure Foundation (aka: The Pediatric Low Grade

Astrocytoma Foundation). Funds directly go to researching a cure for this type of pediatric cancer.

This event & Team Chickaroo is held in honor of the daughter of a 102IW member who is battling this type of cancer. Read more about how chickaroos are brave, strong, tough winners & how to show your support!!

EVENT: You’ve waited a very long time to wear that ‘lovely’ bridesmaids, prom, or wedding gown again! Join them for a fun and fabulous ladies night celebrating mothers, while raising funds for pediatric brain cancer research!

Lite fare, desserts & cash bar. Opportunity drawing, silent auction, dancing, prom queen crowning and more!

For more information about sponsor

opportunities and/or to

reserve a ticket visit their WEBSITE or EMAIL.



DATE: SUN May 4 & MON May 5 @ 7:00 p.m.
Event: Dunkin’ Donuts Center
PRICE: \$22.00

Invite your family and friends!

Join the group! To purchase contact Rick Bourassa by EMAIL or (508) 968-7732.

DADLINE to purchase is April 23!

LIMITED SPACE AVAILABLE!



Purple Up! For Military Kids

DATE: TUE April 15th

April marks the nation’s “Month of the Military Child,” a time to honor youth impacted by deployment.” In celebration, we invite you to join us for the 4th annual Purple Up! for Military Kids. On Tuesday, April 15th, the UMASS Extension 4H Youth Development Program along with the MA National Guard Child and Youth Program is encouraging people across the state to wear purple as a visible way to show support and thank military children in Massachusetts for their strength and sacrifices.



Good to Know

Career Transition Series

Session 2 — “Networking”

WED April 9th from 10 a.m. -12 p.m.

Location: 102IW, Bldg 158, Wing Conference Room

Build a complex inventory of your skills based on your experiences at work, training you've received and during your personal activities

This series will inventory will be your building blocks to:

- * See more opportunities for which you are qualified
- * Develop resumes which you can more easily adapt for specific jobs
- * Have your "stories of success" for interviews fresh and ready

**Pre-registration is preferred for 102IW members, and required for all others for gate access

POC: email [Erin Creighton](mailto:Erin.Creighton) or call 508-968-4855



***Military personnel and spouses
of all branches are welcome
to attend!!***

FREE Military Family Easter Egg Hunt Cape Cod

WHEN: SAT April 19th

TIME: 2:00 p.m.—4:00 p.m.

LOCATION: Ballymeade
Country Club, Falmouth, MA

Falmouth Together We Can, Otis
Civilian Advisory Council, the
Golf Club of Cape Cod, and

Ballymeade Country Club invite all Cape Military
Families to a FREE Easter Egg Hunt. There will be an
Easter Bunny, Balloon Artist, Face Painter, and food!

Reserve Your Space Today!

For information or to register contact SrA Copeland



FREE Military Family Easter Egg Hunt Hanscom AFB

WHEN: SAT April 12th

TIME: 2:00 p.m.—4:00 p.m.

LOCATION: Hanscom AFB, The
Commons

3 years old and under, starting at
3:15; 4 to 5 years old, 3:30; 1st thru
3rd grade 3:45.

Bring your own basket to collect eggs! There will be
crafts, bouncy house, games, scavenger hunt,
Bunny, and egg hunt! Please bring a dessert to share.
For more information contact Joy Lawal via [EMAIL](mailto:Lawal)
or call (781)225-6397.

Boston's 4th Annual Wounded Vet Run

DATE: SUN April 27th (Rain date: SUN May 4)th

START LOCATION: Boston Harley-Davidson,
1760 Revere Beach Pkwy, Everett, MA

END LOCATION: Suffolk Downs,
525 McClellan Hwy, E. Boston, MA

TIME: Registration starts at 10:00 a.m.—Kickstands up at 1:30 p.m.

PRICE: \$20.00 per rider, \$10.00 per passenger, \$20 Walk-ins

PURPOSE: To support three of New England's most severely wounded

Veterans: [Master Sgt. Joseph Deslauriers](#), [Cpl Kevin Dubois](#) and
[Spc Andy Kingsley](#).

All donations can be made out to “Boston's Wounded Veterans” and sent to 60 Paris St, E. Boston, MA 02128
Call Andrew for questions (903) 340-9402; Vendors call (617) 416-0782

Bike not required to participate—**Everyone welcome!** Visit their [WEBSITE](#) for more information!



Ceremony—Food—Music by
Tigerlilybank.com—Beer tent—
Vendors—Raffle items—
Stunt Show!

Great Offers...



Free Duck Boat Tour for OIF/OEF Veteran Families

SUN 27 APR from 8 a.m.—11:30 p.m.

Home Base Program would like to invite all service members, Iraq, Afghanistan veterans and their families on a FREE Boston Duck Boat Tour. There is a limit of 4 tickets per family. Space is limited – 1st come, 1st served.

Pre-registration is required to Travis Weiner by [email](#) by FRI 18 APR. Please include: Veteran Name, State of residence, Branch of Service & Contact info (email & phone); Names

& ages of immediate family attending; Please note any adaptive needs; and, a little bit about deployments. Arrive at Boston Museum of Science at 8 a.m. to receive tickets. Must be present for 8:30 presentation. Tours starts at 9 & 9:30 a.m. &

10% Off Your purchase at Edible Arrangements for Military Members!

Walk-in, Pick-up or Delivery... Whatever works for you! **For Every Occasion!**

Edible Arrangements in Plymouth, Sandwich and Yarmouth are now offering military members 10% their purchase of edible arrangements, for any and every occasion! **LOCATIONS:**

Store 254

321 Court St
Plymouth, MA
02360
508-746-1717

[WEBSITE](#)

Store 1126

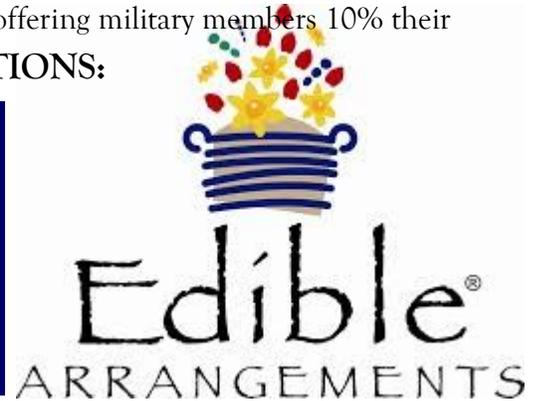
Heritage Park
280 A Route 130,
Sandwich, MA 02644
508-888-1336

[WEBSITE](#)

Store 1020

Union Station Plaza,
23M White Path,
Yarmouth, MA 02664
508-394-3100

[WEBSITE](#)



Month of the Military Child

DATE: WED April 23 from 1:00 p.m.—3:30 p.m.

LOCATION: Worcester Armory, 640 Plantation St., Worcester, MA

All military families are invited to drop by and join us for several hands on activities. Participants will plant seeds, learn about animals and make a craft. Activities are geared toward school age children but younger siblings welcome along with teen helpers. Free Seeds too!!

To register contact Kim Pond, UMass 4-H Extension Educator, by [EMAIL](#) or call 1-508-831-1223 x245.

Please note branch of service, contact information and number of youth & adults.

2014 Sexual Assault Awareness Month Bowling Event

DATE: FRI April 25 from 4:00 p.m.—8:00 p.m.

LOCATION: Hanscom Lanes, Hanscom AFB PRICE: FREE!

Event to show your support against sexual violence.

To register contact Natalie Hernandez, 1-781-225-6618 or Lt Fernando Trallero, 1-781-225-5542 or [EMAIL](#).



For The Kids

Fold of Honor Scholarship

DEADLINE: WED April 30

General Scholarship Requirements

Eligible applicants must be the spouse or dependent of:

Any service member who has been killed or disabled with a service-connected disability from the VA (the disability rating must be at least 10%); A veteran who died from any cause while such service-connected disability was in existence; Any service member who is currently classified as a POW or MIA; A service member missing in action or captured in line of duty by a hostile force; A service member forcibly detained or interned in line of duty by a foreign government or power; A service member who has received a Purple Heart Medal (may be active duty).

They offer three scholarships [Immediate Use Scholarship](#), [Children's Scholarship Fund](#), and the [Future Use Scholarship](#).

For more information, visit their [WEBSITE](#).



Camp Erin, Where Children Learn to Grieve and Heal

AGES: 12-15

WHEN: August 10-18

LOCATION: Northfield Mt. Hermon School, Northfield, MA

A free, weekend bereavement camp for children and teens ages six through 17 who are grieving the death of someone close to them.

Campers participate in fun, traditional camp activities combined with grief education and emotional support, led by expert bereavement professionals and trained volunteers.

For more information visit their [WEBSITE](#).



Activities

8th Annual PFC Brian Moquin Memorial Ride for the Fallen

DATE: SAT May 3rd (Rain date: SAT May 10th)

LOCATION: Kas-Bar Sports Bar, RTE 20 234 SW Cutoff, Worcester, MA

PRICE: \$20.00 DONATION, Registration begins at 9:30 a.m.

Ride leaves at 11:30 a.m. and returns back to the Kas Bar by 1:00 p.m. for: Raffles, 50/50, and Silent Auction Items! Live music by: Far from Eden and Powerplay.

Proceeds to benefit: PFC Brian Moquin Scholarship, Project New Hope, Inc., Massachusetts Iraq & Afghanistan Fallen Heroes Memorial!

2014 Joint Base Cape Cod Runway 5K Run

DATE: THUR June 5th @ 8:00 a.m.

LOCATION: Runway, JBCC, MA

PRICE: \$10.00 per person

Run a 5K along the runway. Family members are invited! Lunch following the run.

If you are interested in participating please contact Michelle Copeland via [EMAIL](#) or call (508) 968-4854.



Youth Camps

2014 Operation MegaPhone (OMP)

WHEN: 25-26 April

WHERE: Military Youth Centers

THEME: "Memories from Around the World"

At this time, the OMP Planning Committee REQUESTS that you SAVE THE DATE of 25-26 April 2014 for Operation Megaphone 2014! This

year, OMP's theme is "Memories from Around the World" and will feature the service project of Aid to the Philippines. The theme was voted upon by the OMP Planning Committee, "because military teens have all been around the world, in a sense. We should share our story with other people."

For more information, visit the OMP [Facebook](#) , [Twitter](#), or [Instagram](#) accounts.



Military Teen Camp

WHEN: 20-25 July

WHERE: Camp Wabasso, New York

AGES: 11-15

Featured activities: Waterfront activities (Boating, canoeing, kayaking, swimming and fishing), archery, high/low ropes. Environmental education, hiking, outdoor survival and 7 habits of highly effective teens.

For further information or to register contact Lori Robinson by [EMAIL](#) or (315)788-8450.

For other camps outside of New York visit their [WEBSITE](#).

Troutfest 2.0

WHEN: SAT April 26 from 8:00 a.m.—12:00 p.m.

WHERE: 15 Kansas St, Natick, MA

COST: \$5.00 per angler (Food and drinks will be onsite for purchase)

Bring your fishing poles or borrow one of ours for the 2014 Troutfest. Win Prizes!

There will be a player from the New England Patriots on site as a Guest Angler! He'll award prizes and be available for photos!

For more information contact Sherita Baker by [EMAIL](#) for detail and sign-ups!



Rhode Island Military Family Camp

WHEN: 25-27 July

WHERE: Rhode Island

COST: FREE

Rhode Island Military Family Camp is a FREE weekend of family togetherness for service members and their loved ones. Everything is included and planned for maximum family fun, all on the beautiful campus of the University of Rhode Island in Kingston. You will sleep in the dorms, eat in the college dining hall, swim in the pool, skate in the rink, and much more!

To register or for more information visit their [WEBISTE](#) or contact; Pamela Martin: 401-874-5291, [EMAIL](#).

For other camps outside of Rhode Island visit their [WEBSITE](#).

OMK Family Fun Day

WHEN: June 14 from 10:00 a.m.—3:00 p.m.

WHERE: 92 McCormick Rd, Spencer, MA 01562

Enjoy a fun day at camp exploring popular activities including: swimming, canoeing, kayaking, art & crafts, archery, riflery and horticulture projects!

Camp challenge course 10:00-11:00 and 2:00-3:00, family sports game 12:45 and pony rides 1:30-2:30.

For further information or to register contact Paula Burgielewicz by [EMAIL](#) or (413) 545-2646.



Employment Opportunities & Job Search Resources

Private Scholarship Websites

If you are in need of scholarships, check out some of the websites listed to see if you qualify for them!



-[Adventures in Education](#)

-[FastAid](#)

-[Scholarships.com](#)

-[Petersons](#)

-[College Net](#)

-[College Toolkit](#)

-[FinAid](#)

-[American Student Assistance](#)

-[Boston Mayor's Office College Guide](#)

-[MA Department of Education, Office of Student Financial Assistance](#)

-[Super College](#)

-[The College Board](#)

-[The Princeton Review](#)

College Representative Visit

LOCATION: Air Station Galley from 11:00 a.m.—12:30 p.m.

WED April 16: Ms. Mary Hagerman, Southern Illinois University- Carbondale

WED April 30: Mr. Bob Stewart, Southern New Hampshire University

2 Vacancies in IT Network Services Dept.

DEADLINE: MON April 21

LOCATION: Boston, MA

JOB TITLE: Computer Operator II

For more information [EMAIL](#) Mike Kelley, Veterans Employment Representative (DVOP) Job Search Specialist. Or visit the job search [WEBSITE](#).

Worcester Sharks Job Fair

DATE: FRI April 18 from 1:00 p.m.—5:00 p.m.

LOCATION: DCU Center

Meet employers from all industries: Healthcare, Bioresearch, Retail, Construction, Medical, and Education. BOGO; all job fair attendees can buy a ticket for the Worcester Sharks Game that night at 7:30 p.m. for \$12 and get another ticket for FREE! For information on the game, visit their [WEBSITE](#).



Free Live Webinar; "Out of Uniform"!

DATE: WED April 16 from 11:30 a.m.—12:30 p.m.

PRESENTER: Tom Wolfe

SPONSORED BY: Military Transition Advisors

Free live web seminars for transitioning military, veterans and military spouses seeking advice and guidance in the areas of Employment, Education and/or Entrepreneurship.

This one-hour webinar, "Out of Uniform: Preparing for a Successful Transition" starts with 20 minutes of solid, actionable advice on things you need to be doing right now to prepare yourself to find a civilian job. The remaining 40 minutes will be open Q&A with Tom. Bring your questions, challenges and concerns to the session!

To register for any upcoming session, to learn more, and to see the latest schedule, please visit their [WEBSITE](#).



Work Hard, Play Hard!

Cage FX: Mixed Martial Arts

When: SAT April 12th

Time: 6:30 p.m.

@ Armory 70 Victory Rd, Boston, MA

20 FIGHTS = \$45.00. Call: Lynne 774-238-1113 for tickets.

For More information visit their [WEBSITE](#).



Falcon Golf Course, Joint Base Cape Cod

Kids Under 16 Play Free EVERY DAY in the month of April!

EVENT: The Flynn's Charity Golf Tournament

DATE: Monday, May 19th

To benefit the Wounded Warrior Project is set for 09:00 sign in & 10:00 shotgun start. Price will be \$90.00 per person.

Price includes golf, range balls, lunch & charity auction with great stuff!

Leagues:

Golf leagues are starting to form now and the Senior League will start the last Wednesday in April - call the Pro Shop for information on all leagues and upcoming events. 508-968-6453



Annuity Re-Certification

DEADLINE: FRI May 2

GET THE WORD OUT: Anyone you know who is 100% disabled or are parents/un-remarried spouse of deceased veteran. They have to re-certify residency through the Town Clerk and submit Form W-9 by May 2nd.

TradeWinds

LOCATION: St Pete Beach

Guy Harvey Outpost Rooms—\$99

April 27-29. May 5-8, 11-14, 21, 22, 27-29.

Island Grand Rooms—\$109

May 7, 8, 14, 21, 22, 27-29

For reservations (800) 251-0613 or go to their [WEBSITE](#). Use PROMO CODE VseMilitary

Upper Cape Spartans

COST: Flag Football (ages 5-7) - \$50

Cheer (ages 5-14) -

Tackle Football (ages 7-14) - \$150

Sibling any program - \$100

Located at 790 Main St, Falmouth

REGISTRATION: Open enrollment

Practice will begin last week in July, 4 days a week 5:30 p.m.—7:30 p.m., no Friday or weekend practices.



Games are played on Sunday!

For more information visit their [WEBSITE](#).

Resilient Warrior Course

When: WED April 16th

Time: Four sessions; 4:00 p.m.—6:00 p.m.

**@ Hanscom AFB Commons Building, Heritage Room
1425 Kirtland Street**

Stress Management Course for Female Veterans.

Free class for post 9/11 female service members and veterans.

Learn the latest mind/body techniques to help you:

- Manage stress
- Sleep better
- Improve communication with family members and friends

Learn more on their [WEBSITE](#).

To register, E-mail [Emma Morrison](#), or call (617) 643-3829.



Massachusetts National Guard
Airman & Family Readiness Program
Joint Base Cape Cod, MA



Requests to be added or removed from this distribution list may be sent directly to [Erin](mailto:erin.creighton@ang.af.mil).

Erin Creighton
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Otis ANG Base, MA 02542
Phone: 508-968-4855
Fax: 508-968-4846
erin.creighton@ang.af.mil

Military Appreciation Night

DATE: THUR July 10 @ 7:05 p.m.

Event: Lowell Spinners

Raytheon has generously donated 1000 Lowell Spinners game tickets to be distributed to local Military members and Military support organizations.

To sign up for tickets [EMAIL](#) Michelle Copeland.



One-on-One Financial Counseling

DATE: THUR May 1

LOCATION: 158 Reilly St, JBCC, MA

One-on-one session with Alan Melanson, a civilian full-time financial advisor, for **FREE!**

If you are interested in scheduling an appointment [EMAIL](#) Erin Creighton or call (508) 968-4855

Kaehler Clinic Pharmacy Schedule MONTH OF APRIL

New prescriptions from civilian providers will not be excepted due to pharmacist unavailability on:

- April 2, April 10-14, and April 17-25
- They accept civilian provider prescriptions: Mon, Tues, Thurs & Friday mornings 0800-1100.

Pharmacy is closed on:

- Wednesday mornings and Friday afternoons & April 21.

Please call 508-968-6571 for the most current information.

NEWS AND UPDATES:

- They do not accept faxes/ E-prescriptions from outside pharmacies or civilian doctor offices, vaccines are only available to active duty, and they carry a limited formulary of medications.



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FREE Movies



[To find out what's playing](#)



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www.mwrcapecod.com

Roxy Theater



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