

The Family Flyer



Supporting Military Families
Cape Cod—Southeastern—SE New England

Summer Stars Camp for the Performing Arts

DATE: August 10—18 from 8:00—5:00 p.m.
(Overnight camp)

LOCATION: Northfield Mt. Hermon School, Northfield, MA

The Summer Stars Camp for the Performing Arts provides deserving youth, ages 12 - 15, an intensive experience in the performing arts, giving campers the opportunity to explore and develop their talents. Summer Stars offers small group programs in improvisational acting, blues performance, dance, musical theater/choral singing, set design, juggling, drumming and much more. The Camp is limited to 100 spots. [EMAIL](#) with questions or call Nina at 617-932-1302.

HIT/FIT Camp

DATE: August 11—15 from 3:00—7:00 p.m.

For military families who are undergoing or have recently undergone a deployment. For Brochure visit their [WEBSITE](#).

Free Fun Fridays

DATE: FRI August 8

67 Museums & Cultural Venues open for FREE on Friday's all summer!

Boston Harbor Islands National Park

The Greenway Carousel

Clark Art Institute

Wenham Museum

USS Constitution Museum

Children's Museum at Holyoke

Volleyball Hall of Fame

Fuller Craft Museum

Visit their [WEBSITE](#) for the whole summer schedule!



2nd Annual PFC Paul E. Conlon, Jr Memorial Cruise Night

LOCATION: Elks Lodge, Bearses Way, Hyannis

DATE: August 8 from 5:00 p.m.—8:00 p.m.

1st 50 Cars receive a Dash Plaque!

50/50 Raffle * BBQ * Lobster Raffle

All Proceeds Benefit Cape Cod Cares for the Troops

Rain date: August 15

Presented by: Elks USA, Ziggy's Auto Special & Cape Cod 4 Troops



Winchendon American Legion Music for Project New Hope

DATE: August 16 from 12:00 p.m.—til it ends (For all ages)

LOCATION: Winchendon American Legion Post 193, 295 School St, Winchendon

Join the Winchendon American Legion in a day event of raffles, food, music, fun and prizes for just \$10.00.

Entertainment includes:

- Radio Flyer
- Bernie Frenette
- Franco O'Malley
- Led Monkeys
- Ryan Pasakinskas
- Leah Smith
- Wootan Firebox
- Johnny Snowpants
- The Big Random
- Neon Alley
- Cara Keane & the Disclaimers

Good to Know

Military Youth: Come be an Artist for a Day

DATE: SAT August 23

TIME: 10:30 a.m.—12:00 p.m.

LOCATION: Museum of Fine Arts, Boston

Avenue of the Arts, 465 Huntington Avenue, Boston

Children between the ages of 3 and 15, along with family members, are invited to explore and look at some of the amazing artwork in the Museum's collections and then create their own masterpiece to take home!

The Artist for a Day Program is FREE for active service Men and Women from all branches. Parking is complimentary with participation in this program.

Pre-registration is require by **WED August 13.**

To register call (617) 369-4027 or [E-MAIL](#).



Heroes Haul 3 Miler

DATE: October 18 @ 10:00 a.m.

LOCATION: Hyannis Village Green

Wear your favorite Superhero costume!

\$20 registration fee before October 16 for Heroes Haul 3 Miler.

\$25 walk up registration fee.

\$5 for Little Heroes Haul.

PLUS! Prizes for best individual and team costumes!

Register on their [WEBSITE](#).

Number pick up & walk up registration October 17th (1-5 pm) & October 18th (8-9:30 am).

Yoga Warriors

DATE: Tuesdays, July 1—August 19

TIME: 6:00 p.m.—7:15 p.m.

LOCATION: Veterans Outreach Center, 569 Main St., Hyannis

Free for all veterans and their families are welcome!! No need to register in advance. Drop ins welcome. Presented by the Cape & Islands Veteran Outreach Center/ Grace Veterans Program and Yoga Neighborhood. For more information visit their [WEBSITE](#) or call 774-521-0370

Old Sturbridge Village

LOCATION: 1 Old Sturbridge Village Road
Sturbridge, MA 01566 from 9:00 a.m.—5:00 p.m.

All active and career retired military and their families (up to 6 people) receive free regular daytime admission, with additional 25% off for others in the party.



Charity Golf Outing

DATE: September 19

Registration starts at 11:00 a.m.

LOCATION: Shaker Farms Country Club,
Westfield

Levels of participation:

Golfer; \$100.00— Includes: golf, cart, tournament packet, lunch and dinner, awards, and long drive, closest to the flag.

Par; \$250.00—Includes: Tee sign on hole.

Birdie; \$250.00—Includes: 3 Tee signs on practice green.

Eagle; \$500.00—Includes: Two golfers and your business signs in the dining area.

Double Eagle; \$1000.00—Includes: One four-some for tournament, logo/name on all printed materials and 2 Tee signs on course.

For The Kids

Summer Fun!

DATES: August 21—Blast off Back to School with Rockets

LOCATION: Worcester Armory
640 Plantation St. from 1-3:30pm

Join the Central MA Operation Military Kids Team and the Massachusetts 4-H Program for some Summer Science Fun Open to ALL Military Branches. Targeted for Families with School-Age Children, but younger siblings welcome. To register, send the following information to: Kim Pond at 1-508-831-1223 x114 or [EMAIL](#). (Branch of service, contact information and the number of adults & youth attending) Open to all branches and veterans.



3rd Annual Military Appreciation Day

DATE: SAT, August 23

TIME: 10:00 a.m.—2:00 p.m.

LOCATION: Porter and Chester Institute, 129 Flanders Road, Westborough

Free and open to the public!

Hosted by the Porter and Chester Institute. Join them for a family friendly day as they show their support to their Military PCI students and staff.

- Free food and beverages
- Kids activities
- Face painting
- Bounce house
- Music
- Military vehicles on display
- T-Shirt fundraiser to benefit Project New



Hope

For more information call 508-366-0296 or visit their [WEBSITE](#).

VFW's Voice of Democracy

SUSPENSE DATE: November 1

WHO? Students in grades 9-12 who are enrolled in a public, private or parochial high school or home study program in the United States and its territories.

WHAT? The theme is: Why Veterans are Important to our Nation's History and Future.

Students should record their reading of the draft to a CD. The recording no shorter than three minutes and than five minutes.

WHERE? Applications and more information can be found on line at their [WEBSITE](#).



Veterans

Traumatic Brain Injury Family Retreat

DATE: September 26—28

LOCATION: Grotonwood Camp and Conference Center, 167 Prescott St, Groton

Retreats offer massage, yoga, acupuncture, art therapy, and Reiki, along with individual, couples and group counseling. The retreat is free, the only expense is transportation.

For more information [EMAIL](#) Genevieve Kane-Howse.

Women Veterans Retreat

DATE: October 3—5

LOCATION: Grotonwood Camp and Conference Center, 167 Prescott St, Groton

Women Veterans lives are so full of responsibilities. Their concerns with family, jobs, health, finance, and personal relationships may override their community re-integration and enhanced quality of life.

To join, sign up on their [WEBSITE](#).

Employment Opportunities & Job Search Resources

Hot Jobs!

Career Centers of Bristol County!

Go to their [WEBSITE](#) to look for jobs now!



Human Resources Specialist

LOCATION: Otis ANGB, MA

JOB NUMBER: T14-102-27

This position is located within a Military Personnel Flight (MPF) of an Air National Guard (ANG) Intelligence Wing. This comprehensive description covers five programs/specialties within the Air National Guard Military Personnel Flight. The primary purpose is to administer and accomplish functions of one or more of the following human resources programs: Career Development, Customer Service, Force Management, Relocations, and/or Readiness. To apply go to the [WEBSITE](#).

Pay Attention!

The Service to Armed Forces department of the American Red Cross has been alerted to an email scam targeting people who send packages to service members overseas, purportedly on behalf of the "International Federation of the Red Cross".

"Good Day,

How are you? hope you are great and having a blessed day. i wish to let you know that the payment of \$1162 has been confirmed. In order to avoid all these casualties, you will have to make a payment of \$1550.00 via western union, with the previous payment details provided to you, so as to get the yellow tags and once payment is made before banking hours are out here, the packages and the van will be with you in less than 2 hours. You have to act fast about this my dear i expect to hear from you with the payment details soon. please make payments quickly so they can start coming over to you. delay in payments will inquire more charges and this is not good enough for you my dear friend please make payment as fast as you can and get to me so that the van can come and so that i can confirm payment here before bank closes.

Best Regards, Tracy Curtis Veal International Federation Of Red Cross and Cargo Ship ent.(Military Services Asia)"

If you or anyone you know does receive an email like this, please forward it to [Lynn Levine](#) and she will send it to the investigators at Red Cross National Headquarters.

Job Fairs

DATE: MON August 11

Coast to Coast Career Fairs' Job Fair from 11:00 a.m.–2:00 p.m.

The Boston Park Plaza Hotel and Towers
50 Park Plaza at Arlington St, Boston

DATE: TUE August 26

Boston Career Fair from 11:00 a.m.–2:00 p.m.

Sheraton Commander Hotel
16 Garden St, Cambridge ([WEBSITE](#))

DATE: WED August 27

Boston Job Fair @ 6:00 p.m.

Boston Marriott Newton
2345 Commonwealth Ave, Newton
([WEBSITE](#))

DATE: THU August 28

Tech & Engineering Job Fair from 11:00 a.m.–3:00 p.m.

Boston Marriott Newton
2345 Commonwealth Ave, Newton
([WEBSITE](#))

DATE: THU September 4

CareerMD Job Fair from 5:00 p.m.–8:00 p.m.

Courtyard Boston Downtown
275 Tremont St, Boston ([WEBSITE](#))

Department of Agriculture

Food and Nutrition Service

The Summer Food Service Program (SFSP) was established to ensure eligible children continue to receive nutritious meals when schools are not in session. The summer feeding program currently reaches only about 3.5 million children on a typical summer day nationally. Summer meal sites are where all the hard work of the State agency, partnering organizations, and sponsors come together to provide fresh, well-balanced meals that are appetizing to children. For more information visit their [WEBSITE](#).



Golf Tournament

Sponsored by: Ballymeade Country Club and Cape and Islands Veterans Outreach Center and Grace Veteran Program.

DATE: MON October 6

LOCATION: Ballymeade Country Club, 125 Falmouth Woods Road, East Falmouth, MA

EVENT SCHEDULE: 9:00 a.m. Registration and Continental Breakfast ; 10:00 a.m. Shotgun start/ Scramble format

Boxed Lunch and Cash Bar/ Golf Prizes and Raffles

COST: \$150 player / \$600 foursome

VETERAN: \$120 player

HOLE SPONSOR: \$100

Includes: 18 holes of golf, Cart, Box Lunch, Reception

Contact Jill Blanchard at 774-407-4971 or by [EMAIL](#) for any further questions.



Thanks to Yanks

DATE: THUR September 11 from 6:00—8:00 p.m.

**LOCATION: Double Tree Hamilton
11 Beaver St, Milford**

Join for a special tribute

dinner for the heroes and victims of 9/11/01. The dinner is FREE. Reservations are required by

September 8. To RSVP go to their [WEBSITE](#) or [EMAIL](#).

Pilgrimman Triathlon

DATE: Sep 27 & 28

**LOCATION: DCR Myles Standish State Forest
Plymouth,**

Sprint, Olympic, Half Iron, Relay Teams Over \$9,000 in prize money to the fastest athletes (pro or not). Adult and Youth age groups 12-14 & 15-17

Proceeds will benefit the Pilgrimman Scholarship at Plymouth North and South High School Visit their [WEBSITE](#) for more info.

Fishing Trip for our Troops

DATE: SAT August 23

All Iraq and Afghanistan Veterans...join in for the 4th "SGT Mark Vecchione Rock Harbor Memorial Fishing Trip" .

This is a four hour deep sea fishing trip followed by a BBQ lunch. The trip will leave Rock Harbor at 8:15am. You may bring one guest. For wounded warriors who would like to attend we have several boats that are handicap accessible.

Register by sending an [EMAIL](#) including the following info: Your name, dates of deployment & where, unit information, a contact phone number, the name of your guest (age if you are bringing a person under 18) and

T-Shirt sizes for both of you.

Priority will be given to those who have not attended in the past.

If you have any questions please email us or call 774-216-9052. Registrations must be done via email.



1st Annual Car, Truck & Motorcycle Cruise Night

DATE: SUN August 24 from 1:00 p.m.—5:00 p.m.

LOCATION: American Legion 885, Pleasant St, Paxton

\$10.00 Donation per vehicle. Proceeds to benefit Project New Hope.

Food and refreshments available at the bar! Live music! Trophy for: People's Choice & Post's Choice.

For more information call 508-753-9252.

Massachusetts National Guard
Airman & Family Readiness Program
Joint Base Cape Cod, MA



Requests to be added or removed from this distribution list may be sent directly to [Erin](mailto:erin.creighton@ang.af.mil).

Erin Creighton
Program Manager
102IW/ A&FRPO
156 Reilly St Box 70
Otis ANG Base, MA 02542
Phone: 508-968-4855
Fax: 508-968-4846
erin.creighton@ang.af.mil

10% Off Your purchase at Edible Arrangements for Military Members!

Walk-in, Pick-up or Delivery... Whatever works for you! **For Every Occasion!**

Edible Arrangements in Plymouth, Sandwich and Yarmouth are now offering military members 10% their purchase of edible arrangements, for any and every occasion!



Store 254

Plymouth, MA
508-746-1717

[WEBSITE](#)

Store 1126

Sandwich, MA
508-888-1336

[WEBSITE](#)

Store 1020

Yarmouth, MA
508-394-3100

[WEBSITE](#)

Enjoy Specially Priced Theme Park Military Tickets

Walt Disney World Resort is saluting U.S. military personnel by offering Disney 4-Day Military Promotional Tickets. The Park Hopper Option is included, so you can come and go as you please through all 4 theme parks each day of your ticket! Current Offer Tickets

Purchase now through September 24, 2014 and receive admission on any 4 days now through September 27, 2014 for just \$169, plus tax.

And if you're looking for a little extra magic, add the Water Park Fun & More option for just \$29 more, plus tax.

And if you're looking for a little extra magic, add the Water Park Fun & More option for just \$30 more plus tax.

Kaehler Clinic Pharmacy Schedule MONTH OF AUGUST

New prescriptions from civilian providers will not be excepted due to pharmacist unavailability on:

· They accept civilian provider prescriptions: Mon, Tues, Thurs & Friday mornings 0800-1100.

Pharmacy is closed on:

· Wednesday mornings and Friday afternoons.

Please call 508-968-6571 for the most current info.



Beehive Food Program for Military

Are you a Cape Cod connected military family who could benefit from free food? Maybe you struggle to make ends meet but make too much to take advantage of other food assistance programs?

Open to: Military families of all branches, with children AND whose unit or home is on Cape Cod

POC: Michelle @ 508-968-4846



Find
"Otis Family
Program"
on

