

May 10, 2013

The Family Flyer



Supporting Military Families
Cape Cod—Southeastern Massachusetts—SE New England

Military Spouse Appreciation Day's Presidential Proclamation May 10, 2013



A long as there have been courageous men and women willing to protect our Union and our ideals, there have been extraordinary spouses at their side ~ patriots in their own right who serve and sacrifice in ways many cannot fathom. They are moms and dads who take up the work of two during deployments, shuffling their careers and packing up their lives whenever our Nation calls. They are dedicated employees at our businesses, committed volunteers in our communities, and essential caretakers for our wounded warriors. America's military spouses are at the core of our Armed Forces, and on Military Spouse Appreciation Day, we celebrate their contributions to keeping our country safe.

Just as we are bound by a sacred obligation to care for our men and women in uniform, we are equally responsible for making sure their loved ones get the support they deserve. My Administration has taken steps to uphold that special trust, from investing in childcare and education for military families to providing mortgage assistance for military homeowners. Through First Lady Michelle Obama and Dr. Jill Biden's Joining Forces initiative, we have partnered with the private sector to expand hiring for military spouses and veterans.

We have also called on States to streamline credentialing and licensing procedures that hinder too many military spouses when they move from duty station to duty station. Military spouses with professional experience should not have to wait for work, and our businesses should not have to go without their skills. By simplifying the certification process, we can help ensure the financial stability of our military families, strengthen our Armed Forces, and spur growth throughout our economy. To learn more and get involved, visit www.JoiningForces.gov.

In the past few years, we have seen every part of our society come together and make a real commitment to supporting our military families ~ not just with words, but with deeds. Yet, we must do more to honor the profound debt of gratitude we owe our military spouses. Their strength and resolve reflects the best of the American spirit, and on this occasion, let us pledge once more to serve them as well as they serve us.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim May 10, 2013, as Military Spouse Appreciation Day. I call upon the people of the United States to honor military spouses with appropriate ceremonies and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this ninth day of May, in the year of our Lord two thousand thirteen, and of the Independence of the United States of America the two hundred and thirty-seventh.

BARACK OBAMA



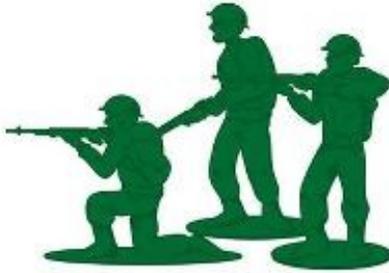
Armed Forces Day Events—SAT 18 MAY

FORT DEVENS MUSEUM

ARMED FORCES DAY OPEN HOUSE

MAY 18, 10 AM to 4 PM

PLEASE JOIN US FOR A DAY OF
HISTORY AND MEMORIES



Guest Speakers
Refreshments
Raffles
&
New Exhibits

FREE AND OPEN TO THE PUBLIC
DONATIONS APPRECIATED

Fort Devens Museum
94 Jackson Road, Suite 305
Devens, MA 01434
978-772-1286
info@fortdevensmuseum.org

www.fortdevensmuseum.org
www.facebook.com/fortdevensmuseum
www.clickr.com/fortdevensmuseum

USCG Run to Remember (R2R) Cape Cod

SAT 18 MAY @ 10 a.m.
at the Cape Cod Canal

Join in to remember the fallen Coast Guard men and women and honor their memory. CG Remember: Cape Cod will be a gathering where we will come together to run 4.0 miles along the Cape Cod Canal. The run will begin at the east end of the bikeway on the south side of the canal near the Coast Guard Station. If you plan on attending be sure to click "Join" on their [Facebook](#) page and let them know! The event is open to ALL including active members, reservists, auxiliaries, families, and friends.

A suggested donation of \$10 is recommended.

To learn more info visit,
www.cgremember.com.



Open to the Public!

Natick Soldier Systems Center Celebrates

ARMED FORCES DAY

May 18, 2013

8:30am 5K Trail Run	10:00am Opening Ceremony	10:00am-2:00pm Military Displays & Installation Tours	2:00pm Closing Ceremonies
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Texas Roadhouse (Nashua, NH) "Tips Their Hats to the Troops"

SAT 18 MAY at Nashua, NH location
Between the hours of 11:00AM-4:00PM
(last reservation is at 4:00PM)



The Texas Roadhouse Nashua is proud to be able to host this special Military Family Appreciation event for active duty service members, their families and for dependents of service members currently deployed overseas. The event will include special appearances by ANDY the Armadillo, line dancing, activities for kids and prizes for our guests.

Reservations required in advance by emailing bostonseats@uso.org (Space is limited.) Single service members will receive a \$15.00 TXRH Gift Certificate. Service members with dependents will receive \$15.00 for one additional adult (or dependents over 12) and \$10.00 per child.

Memorial Day Weekend Events ...page 1



MEMORIAL DAY WEEKEND
MAY 24TH - 27TH
FULL DAY PASSES
\$20 ALL WEEKEND
1 FREE PASS PER MILITARY ID
WWW:COCOKEYFITCHBURG.COM
HOLIDAY INN & COCO KEY WATER RESORT | 150 ROYAL PLAZA DR | FITCHBURG, MA 01420 | 978.342.7100

Memorial Day Flag Placements & Ceremonies

Placement of Flags: THU 23 MAY @ 8A

Memorial Day Ceremony: SUN 26 May @ 1P



The Ma National Veterans Cemetery is requesting volunteers for THU 23 MAY at 08:00 am with the placement of the large US Flags that will line the main entrance to the cemetery. The POC is Mr. Robert Belcher, 508-563-7113, ext. 106, Robert.belcher@va.gov. A Memorial Day Ceremony will be held SUN 26 MAY at 1:00 pm.



US Coast Guard MWR Duathlon

SAT 25 MAY - 9:00 a.m. start

Make this event the kickoff to your Memorial Day celebrations. Conveniently located on the Coast Guard base just over the Bourne Bridge, the race starts early enough that you miss the Cape traffic still have the rest of the holiday weekend to enjoy while savoring the memories of your duathlon. The run is a quick two mile loop with a bit of a hill leading back to the transition area. The bike course is a two loop course. It is fairly flat and fast with virtually no traffic. For more information visit [FIRM Racing's](#) Events page on their website.



9th Annual

TROOPS IN THE SPOTLIGHT



Kmart Plaza • Route 132 • Hyannis

24-Hour Event!

Opening Ceremony Sunday May 26th: 11:30am

Closing Ceremony Monday May 27th: 11:30am

Honor and support our Troops serving in the Global War on Terror, our Veterans, our Wounded Warriors, and our Gold, Silver & Blue Star Families

- *Honor Ceremony for Vietnam Veterans: Sunday at 2pm*
- *Donation Drive for essential care package items*
- *Support the Troops raffle with many great prizes, including Red Sox tickets*
- *Meet and greet members of our Armed Forces*
- *Send a video message to our deployed troops*
- *Free BBQ lunch on Sunday, courtesy of the Breakaway X-Grill*
- *Race the Army National Guard Go-Carts*
- *Military vehicle and equipment "touch-a-truck"*
- *Kid's craft tent – including face painting!*
- *Information on Veterans benefits, support for military families, etc...*
- *Much, much, more!*

For more information visit www.capecod4thetroops.com
Facebook: Cape Cod Cares For the Troops • Twitter: @CCC4TT
Military Coordinator: 508-815-9845

Child & Youth / Parenting Education Opportunities

Cognitive Development: Infancy through Adolescence

Harvard @ Hanscom AFB —free seminar

WED 15 MAY from 5:00 – 7:00 pm @ Hanscom Airman & Family Readiness Center



Join Dr. Charles A. Nelson as he takes us through the process of how infants through adolescents perceive, think, and gain understanding of their world through the interaction of genetic and learned factors. Dr. Nelson is Professor of Pediatrics and Neuroscience and Professor of Psychology in Psychiatry at Harvard Medical School. He is also an affiliate faculty member in the Harvard Graduate School of Education and a Professor in the Harvard School of Public Health. He is recognized internationally as a leader in the field of developmental cognitive neuroscience. His most recent work focuses on early identification of infants at risk for developing autism, and children experiencing early psychosocial deprivation.

Pre-registration is required. Please call the A&FRC at 781-225-2765, or email: 66.fss.fsfr.cmb@hanscom.af.mil



“Living in the New Normal” Practicum

TUE 21 MAY @ Wheelock College ; WED 22 MAY @ Bridgewater State University
and THU 23 MAY in Shrewsbury, MA

You are invited to attend the upcoming free practicum *Living in the New Normal: Helping Children Thrive in Good and Challenging Times*. This is offered by The Military Child Education Coalition, a nonprofit organization addressing the educational needs of children in military families, and it is conducting this training for MA Department of Early Education and Care Providers

Learning Outcomes: * To acquire a basic knowledge of the elements of resilience and its application to military-connected children; * To identify and apply resilience-building skills to prepare children for good and challenging times; and * To identify tools and resources to foster resilience in children. **Credit Options available.**

Contact Information: For more information about this training, other professional development opportunities, or learner support, please contact Joe Clever at 254-953-1923 x 1110 or joe.clever@militarychild.org.

Teen Depression Webinar

WED 29 MAY at 7:30 PM

This webinar is designed to educate parents and adults who work with youth. The expert presenter for this Teen Depression webinar is Mary Fristad, Ph.D., ABPP, the Director of Research and Psychology Services at the Ohio State University Division of Child and Adolescent Psychiatry. Participants may submit their questions during the live webinar. After the webinar, all registrants will receive a link to the recorded version so they can view the presentation.

The Teen Depression webinar will cover: * What teens depression is; * What are behaviors of concern, including self-injury; * How to talk to teens about depressive disorders; * What are the treatments; * Where to get help; * How to address difficulties that may arise, such as if the teen refuses help

Register [HERE](#). Presented by [Families for Depression Awareness](#).



Summer Camps...page 1

Stars, Stripes and Saddles: A Week Long Day Camp!

Offered to: **Military Children (Ages 10 –13)**

MON 15—FRI 19 JUL from 9:00 a.m.—3:00 p.m.

Offered to: **Air National Guard Youth (Ages 8—14)**

MON 05—FRI 09 AUG from 9:00 a.m.—3:00 p.m.



Location: Both camps will be held at Smithfield Farms, 809 Sandwich Rd., East Falmouth, MA 02536

Application Deadline: SAT 01 JUN **Cost:** Free

Smithfield Farms and Operation Military Kids (OMK) are partnering up to offer a week long day camp to youth who are experiencing the deployment of a loved one. In addition to the typical horse camp experience, special programming focused on being part of a military family in a safe and caring environment.

Tentative activities: *Working with your horse (learning proper techniques for ground work), *Grooming and tacking up, * Formal scheduled lesson, * Untacking horses and cooling them off, * Cleaning and prepping a stall, * OMK related component, * Lunch, * Miniature Horse Time, * OMK related art/music activity, *Games on horseback, and * Trail Riding.

Consideration will first be given to youth currently experiencing a deployment or in the deployment cycle. To register contact [Kerry Bickford](#), OMK coordinator by email or call (508) 375–6695.

The \$295 fee for this program is waived thanks to OMK & Smithfield Farms!



Camp Scholarship for Deployed Youth from MA National Guard

Kids for Kids, Dancing for Life has donated to the MA National Guard Family Program Advisory Council funds to provide \$100 toward the camp cost of deployed Military Youth from the Air and

Army National Guard. There are limited scholarships available so they will be processed on a first come first serve basis. Available to currently deployed or soon to be deployed (within the next month or so) Air and Army Families that have children who would like to have a scholarship for \$100 toward the camp of their choice. Camps can be traditional summer camps or specialized camps such as band, soccer, horseback riding, educational or purely for fun. For questions contact [Susan LaFlame](#), Child and Youth Coordinator a call at 508-233-7952. The suspense date on this is June 30, 2013 but please leave time for processing.

LAST CALL: Joint Reserve Component Teen Leadership Summit

17—12 JUL @ Wahsega 4-H Center, GA — DEADLINE TO APPLY: 13 MAY



The Joint RC Teen Leadership Summit is a week-long camps for 14-18 year old dependent teens of current reserve component family members. Teens will focus on leadership development and self-confidence, learn about programs and services available to Reserve dependents, and build an appreciation for and sense of belonging to the reserve component military community. For information visit [Georgia 4-H online](#).

Summer Camps...page 2

Tour Of Discovery Camps 2013

Registration: Currently Open to ALL Branches of Service!



Join NH Operation: Military Kids (OMK) and the NH National Guard Child & Youth Program for...

* **A Taste for Food and Fitness** SUN 21—SAT 27 JUL @ Copper Cannon, Bethlehem, NH. Participants: 30 (military youth only) Ages: 9—12

* **Environmental Science Adventures for Teens** SUN 21—SAT 27 JUL @ Copper Cannon, Bethlehem. Participants: 30 (military teens only) Ages: 13—18

* **Adventures in Flight (Military Family Weekend)** FRI 16—SAT 18 AUG @ Geneva Point Conference Center, Moultonborough, NH. Space is limited - military families only. Registration fee: \$25.00/family*

* **Operation: Leadership** TUE 09—SAT 13 JUL @ University of New Hampshire campus, Durham, NH. Participants: Military and non-military teens Ages: 13-18



For information on **Youth camps:** contact [Jennifer Hollidge](mailto:Jennifer.Hollidge@nhng.org), NHNG Child & Youth Program; for **Family Camp** visit nhomk.com or contact OMK at omk.camps@unh.edu, 603-862-0876

Jr Tech's STEM Education Summer Programs on Cape Cod

Announcing Jr.Tech's 2013 Summer Hands-on STEM (Science, Technology, Engineering and Mathematics) Programs. Enroll & get more info at <http://www.juniortech.org> or 774-994-2097.

Television Broadcasting & Production

MON 08 -WED 10 JUL from 3-6 p.m. ; Grades 7 -9 ; Price \$165

Medieval Crusades & Water Balloon Skirmishes!

TUE 09 JUL from 9:30 am - 3:30 pm ; Grades: 5-7 ; Price: \$105

Computer Game Developers! Level 1

WED 10-FRI 12 JUL from 8:30am-Noon ; Grades: 6- 8 ; Price: \$175

Computer Game Developers! Advanced

WED 10 -FRI 12 JUL from 12:30pm-3:30pm ; Grades: 6- 8 ; Price: \$165

Digital Scrapbooking - Capturing Special Memories

TUE 30 & WED 31 JUL from 9am-2pm ; Grades: 5-7 ; Price: \$160

Coastal & Ocean Investigations

MON 29 JUL-THU 01 AUG from 8:30am - Noon ; Grades: 5-7 ; Price: \$230 (includes boat trip)



Operation Military Kids Summer Camps!

<http://www.4-hmilitarypartnerships.org/p.aspx?tabid=205>

Education & Employment Resources

MA Student Veterans Appreciation Day

SAT 11 MAY @ Northeastern University

Everything you need for success in college all under one roof, one day!

Registration and more information [HERE](#)



Boston Red Sox host Hiring our Heroes Opportunity Fair & Red Sox Tickets

THU 23 May 23 from 10 a.m.—2 p.m.

@ Fenway Park, 4 Yawkey Way, Boston, MA 02215



This exclusive hiring fair is open ONLY to active duty military, veterans, members of the National Guard and reserve components, and military spouses. There is no cost to attend.

Job Seeker who pre-register for this event will be issued a **complimentary game tickets** for the evening match-up between the Boston Red Sox and the Cleveland Indians. When checking in for this event, you will be given your admission ticket. If attendance exceeds expectations, ticket availability cannot be guaranteed, so register early!

Job-seeker registration and service verification will begin starting at 9:30 a.m. in advance of admission to the hiring fair. The hiring fair will run from 10:00 a.m.—2:00 p.m. Please plan accordingly - you will NOT be able to stay at the venue between the time the hiring fair closes and the time the gates open for admission to the game that evening. Flyer: [Click here](#) ; **Registration:** [click here](#) ; Qs hiringourheroes@uschamber.com or 202-463-5807

“Boots To Business” Veteran Mentoring Program

Have you served in the armed forces and are you currently unemployed?

When you were on active duty, do you remember helping each other out to learn a new job or get settled into a new command?

Boots to Business Veteran Mentorship Program matches you to someone in your community, often another person who served, who might be able to provide that perspective, edit that resume, or make that contact allowing you to get your next job. And, once you get a job, you may be able to “pay it forward” working with another veteran so they can also get a job.

The Veterans’ must be a MA resident, honorably discharged, and be unemployed. To get info on this program contact Carlene Arambula, MA Dept of Workforce Development carambula@detma.org or 617-571-6475.



BOOTS TO BUSINESS

\$500 and \$1,000 Scholarships from Falmouth Military Support Group



The Falmouth Military Support Group (FMSG) Scholarship Fund, is currently taking application for the 2013-2014 school year. This is available to assist OIF/OEF Veterans from Cape Cod in their pursuit of educational opportunities—full or part time. If you are a Veteran, just beginning or continuing a program of post-secondary or graduate studies, you are encouraged to apply for one of the scholarships. Previous recipients may re-apply. In the last few years we have given over \$17,000 to our Cape Cod Veterans.

More information on the scholarship application criteria please visit their [website](#). Applications will be accepted until July 31, 2013. Award letters will be sent out by September 1, 2013.

Job Fairs & Employment Opportunities!!

UPS Has Committed to Hire 25,000 Veterans

Click on these links to see available UPS jobs in the following areas: [Air Operations](#), [Customer Solutions](#), [Drivers](#), [Information Systems](#), [Mechanics](#), [Package Handlers](#), [Sales](#), [Supervisors](#).

Veterans & General Public Career Fair

WED 22 MAY from 10A–2P

Sponsored by and being held at The Elks Lodge #1274
24 High Street, Middleboro, MA 02346

To register call 508-732-5300 or register at the front desk. Be sure to dress for an interview. Bring plenty of resumes. If you are a member of any MA Career Center, bring your ID card with you to all career center events. If you are not a member [register](#) and bring your account # with you. If you are collecting unemployment, this counts toward your work search.

North Central Career Center Job Fair

WED 15 MAY from 9 a.m.–12 p.m.

@ Devens Common Center, Devens



For information contact Leominster Center at 978-534-1481
OR Gardner at 978-632-5050 OR www.ccnm.com

Edge4Vets—Focus Group & Networking

MON 13 MAY @ Biogen Idec, Cambridge

A chance to learn how your military strengths can earn you a job and career in Life Sciences.

Plus learn about a new program coming this summer to prepare veterans for a job in Boston's fast-growing Life Sciences industry.

Agenda: Lunch, noon to 1pm ; Focus Group, 1pm to 2:30 ; Networking with executives to follow.

RSVP: Tom Murphy at Tom@TomMurphy.org

EDGE4VETS.ORG



HUMAN RESILIENCY INSTITUTE AT FORDHAM UNIVERSITY

Greater Boston Veterans Job Fair

WED 15 MAY from 11 a.m.–2 p.m.

@ Suffolk University Law School

Open to all veterans, families & friends!

Visit www.jobnetboston.org or call

617-338-0809 for the latest up-to-date employer information. Space is limited.

Networking Group Workshops

@ Plymouth Career Center

Workshops run TUEs in MAY 1–2:30p.m.

Ron Loto, "The Super Saleman" provides a methodical approach to 'selling yourself' in all phases of the job search process.

Four week of tips and techniques, for networking, portfolio building, getting an interview, acing an interview and post interview dos & don'ts.

Seats will be go fast! Please register to attend these workshops by calling 508-732-5300 or with your Career Center Job Specialist.

Virtual Career Fair

SAT 18 – FRI 31 MAY

The Veterans CONNECT Virtual Career Fair event is sponsored by VetJobs and PSI which is the premier Diversity Job Fair Producer. Please mark your calendar and update your resume. The supporting employers are hiring NOW. This is an entirely Employer paid event and is open to ALL members of "The United States Military Family". This includes Officer and Enlisted, Active Duty, Transitioning Military, Reservists, Veterans, Retirees, of the Air Force, Army, Coast Guard, Marine Corps, Merchant Marine, National Guard, Navy, NOAA and Public Health Service along with Trailing Spouses, Eligible Former Spouses, Widows, Widowers and Dependents and DOD civilians. Register [HERE](#).

Massachusetts National Guard
Airman & Family Readiness Program
Cape Cod, MA



Erin Creighton
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Requests to be added or removed from this distribution list may be sent directly to Erin.



One Fund

Boston Strong Bracelets are available through [Steve Brothers](#) for \$3.00 each or \$5.00 for two. Contact [Steve](#) for more details. Proceeds to benefit The One Fund.

Cape Cod MWR

The **May Rec Dec Newsletter** is now [posted online!](#)

TV Clearance and floor model Sale @ Coast Guard Exchange –GREAT Prices - [see link!](#)



Mother's Day Family Night

FRI 10 MAY from 5–8 pm @ Crosswinds Activity Center.

MOM'S BOWL FOR FREE!! \$1.00 bowling for the rest of the family. Free pizza (while supplies last). [Flyer](#)



FREE Movies - Forever!!!!!!!!!!!!

To find out what's playing http://www.mwrcapecod.com/forms/roxy_theater_schedule1.pdf



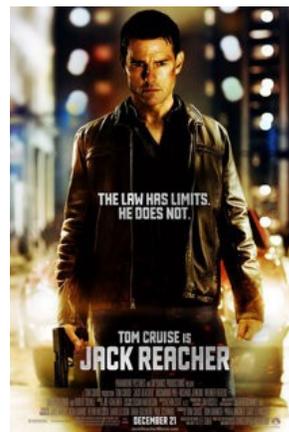
FRI 10 MAY @ 7:30



SAT 11 MAY @ 4:30



SAT 11 MAY @ 7:30



SUN 12 MAY @ 2:00



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