

Quit Tobacco—
Make Everyone Proud:

Great American Spit Out

THU 21 FEB 2013

[Click for more info!](#)

Between February the 15 Flyer 2013

Winning Salary Negotiations Workshop

WED 20 FEB from 1 p.m.—3 p.m.
@ Otis ANG Base, BLDG 158

You will learn: The importance of negotiating the initial offer; The keys to successful negotiation; How to

initiate a negotiation discussion; Employer negotiation tactics; Negotiation mistakes,; and Learn insider secrets from a former HR/ Staffing Professional.

Presented by Hanscom Airman & Family Readiness, Serving The Total Force...Programs Are Free to All Single and Married Active Duty, Reserve, and Guard Personnel, DoD Civilians, Retired Military Personnel and Family Members



Hosted by the 102nd Intelligence Wing. Email [Barbara Powers](#) or call 508-968-4827 to sign up!

Operation Purple Camp Registration NOW OPEN!



Summer is just around the corner and so is Operation Purple Camp! The national Military Family Association has collaborated with outstanding camp partners to continue supporting military kids with OPC. At OPC embrace being “purple” and bring together military kids from all ranks and services—to the include National Guard and Reserve components—over a unique and memorable summer camp experience.

[Apply for you child now!](#) Or learn more about [camp locations!](#)

Plymouth Career Center Job Fair

WED 20 FEB from 10 a.m.—1 p.m. @ 36 Cordage Park Circle, Plymouth, MA

Be sure to dress for an interview. Bring plenty of resumes! Find out about job openings and meet potential employers. Over 25 employers already planned to attend.

If you are a member of any MA Career Center, bring your ID card with you to all Career Center Events. If you are not a member register [HERE](#) and bring your account number with you.

To register call 508-732-5300 or register at the front desk.



February Vacation

**FEBRUARY
FUN**
for kids
and teens

Cape Cod MWR

TUE 19: Babysitter's Course 9–4; Book Swap, Craft & Cocoa @ 10A; Fun & Games @ 2P

WED 20: Bowling from 2P–4P – just \$1

THU 21: “Just Bead It” Craft @ 10A; Bowling Party—free bowling & pizza for kids @ 2P

FRI 22: “Baking Bonanza” @ 10A; Bake Sale @ 12:30

More info? Call Candy at 508-968-6446 or check out the [FEB Rec Deck](#)



Roxy Theatre: FREE MOVIES! MON 18 FEB @ 2P = Wall-E (rated G); TUE 19 FEB @ 2P = Hotel Transylvania (rated G)

Boys & Girls Club of Cape Cod

Open 18–22 FEB for kids grades 1–8 from 8:30A–5:30P with lots of special activities. Free to all members during the vacation week; \$5/day fee for non-members.



Also great field trips like: Coco Key Indoor Water Park, Roller Skating & Laser Tag, swimming at Olympic sized pool @ Fall River B&GC, Snow Tubing @ Nashoba Valley (Grades 3–8 only), and afternoon at the Movies at Mashpee Commons.

For more information on hour and programs visit the [website](#) or call 508–447–8845.

Cape Cod Children's Museum

FRI 15 @ 6P–8P: PJs & a Movie (Ice Age 4: Continental Drift—rated G)

Admission \$5/pp, snacks provided



SAT 16 @ 11A: Puppet Show Rumpelstilskin, presented by Dream Tale Puppets

*MON 18 @ 10:30A: Stories with Sandi & Samantha; @ 11A–2P: Winter Art

*TUE 19 @ 10:45A–11A: Songs with Ms Lori P; @ 11A–2P: Winter Art with Ms Lori L

*WED 20 @ 10:30A–11A: Klub Kidz with Lori Dutra; @ 11A–1P: Science with Ms June

WED 20 @ 5:30P–7:30P: Wii Party, Admission \$5/pp, Ages 8+ for Wii;

all are welcome—play at the museum—Cheer on your friends!

*THU 21 @ 10:30A–11A: Movin' w/ Ms Susan; @ 11A–2P Winter Art with Ms Lori L

*FRI 22 @ 10:30A: Stores & Craft w/ Sandi & Samantha; @ 11A–2P Nature Crafts

Military Saves Week 25 February - 2 March



NEW Starting this year, everyone can take the Military Saves Pledge, even if you have pledged in the past, YOU can take the pledge and encourage everyone to pledge or re-pledge today at www.militarysaves.org/take-the-pledge

Save the Date: 9th Annual Troops in the Spotlight

11:30 a.m. SUN 26 MAY—Noon MON 27 MAY

Kmart Plaza, Rte 132 Hyannis, MA

24 hour event to honor and support our troops serving in Iraq and Afghanistan, our Veterans, our Wounded Warriors, our Gold Star Heroes and their families. During this 24 hour event we will hold a donation drive to collect items for care packages and monetary donations to help with the cost of shipping. Our goal is to fill a 18' truck with supplies and raise \$18,000. You can help by holding a donation drive at your school, work, church, civic organization, sports teams, Boy/Girl Scouts. Present your donations at Troops in the Spotlight or fundraise then shop at Kmart, care package items will be on display in the front of the store.



Activities and Events

11:30 a.m.: Opening Ceremony - Sunday May 26th,

Noon: Members from all branches of the military take the stage and stand at attention in one hour shifts.

See the "Changing of the Guard" at the top of each hour

Noon-5p.m.: BBQ Lunch with Ken Foster and the X-Grill

1:00p.m.: EOD Demonstration (Explosive Ordinance) & K-9 Demonstration

2:00p.m.: Parade and Honor Ceremony for our Vietnam Veterans

Midnight: Flag Lowering Ceremony to honor our Fallen Heroes.

11:30a.m.: Closing Ceremony - Monday May 27th



Meet and greet members of our military, thank them for their service to our country * Send a free video message to our deployed troops. * Make a card to go in a care package. * Race the Army National Guard Go Carts! * Displays of military equipment and vehicles. * Free Dog Tags from the U.S. Army. Face painting for the kids! * Support the Troops Raffle with many great prizes including Red Sox Tickets * Information on Veterans Benefits, Support for military families, etc

Hosted by Cape Cod Cares for the Troops, Event MC: WCOD's Kevin Matthew

For more information visit www.capecod4thetroops.com



Otis Civilian Advisory Council Scholarship 2013

Deadline: 01 MAY

Scholarship application for military dependents concerning the 2013 Otis Civilian Advisory Council Scholarships have been sent to all high school guidance departments on and near the Cape. Four recipients will be chosen for the \$1,000 per student award.

To be eligible for the scholarship, one must be a senior at an accredited high school and have applied to an accredited college for the 2013-2014 school year. All applicants must come from Otis military dependents of those currently serving, full time and reserve, US Air Force, Air National Guard, US Army, Army National Guard, Coast Guard (Air Station & Woods Hole), and this includes daughters, sons and spouses.

Completed applications and supporting material must be received by May 1st to the High School Guidance Department. Students who have been chosen will be notified by telephone and letter by May 15th. Q: contact Wade Crews, Scholarship Chairperson, 508-341-8700. Or email [Erin Creighton](mailto:Erin.Creighton) to request an application.

2013 Annual NH Military Family (and Single Member) Ski Day

SUN 24 FEB @ Pats Peak ski area, NH

Open to all Military Members and their Family Members. Reserved & marked area of the "Valley Lodge" will be specifically for military families. To Sign up click [HERE](#) and login by entering User name: **military** and the Password: **funday** (You will need to register each member that will be attending.) Cost: Ticket Adult \$41/Junior \$31. For more information contact [Bonnie Rice](#).

Welcome Home Veterans Ski Appreciation Day @ Mount Sunapee

THU 14 MAR

This event is free to all PRE-REGISTERED Veterans. For more info or to register, contact;

JENNY MCLAUGHLIN

VA Boston Healthcare System

(774) 826-1955(phone)

(774) 826-2048 (fax)

Jenny.mclaughlin@va.gov

ANGELA NEILSON

NEHSA

(603) 763-9158 (phone)

(603) 763-4400 (fax)

info@nehsa.org

Presented by VA Boston Healthcare System & NE Handicapped Sports Association



FREE Seeds for 2013 Growing Season

Vegetable, flower and herb seeds are now available for use by schools, Boy Scouts, 4-H Clubs, Girl Scouts, community gardens or any educational-based or youth group for the price of postage!

You may pay \$2.00 postage and handling for every 10 packets of seed you order.

This program has been made possible through the generous donation of seeds by Ocean State Job Lot, as well as through the efforts of URI Master Gardener volunteers. NOTE: Seed can only be mailed within the New England region.

Click [here](#) for full details or contact the Outreach Center at 401-874-2900.



The Return of Financial Peace University to Air Station Cape Cod

Information Session TUE 26 FEB; 9-Week Session starts WED 27 FEB

70% of families living in North America who make less than \$100,000 a year live paycheck to paycheck. 80% of families living in North America who make more than \$100,000 per year live paycheck to paycheck.



Financial Peace is NOT a class for people struggling financially, Financial Peace is for those who want to win with money. Throughout a 20 year military career the average person will make \$750,000. So whether your concerns are what will you have at retirement, how will you pay for your children's college education, what will you do if you need long term health care after age 65 or you just want to be totally debt free you CANNOT afford to miss this class. Also it's FREE! ALL IT WILL COST YOU IS TIME. One day a week for 9 weeks. Don't look back 10, 15, or 20 years from now regretting that you missed this golden opportunity to change your family tree. Now if you enjoy making car payments each month, or you don't mind paying credit card providers so you can get some free stuff, or if worrying about money is something you like then this class is not for you. But if you're like most people and you would like to enjoy the money you make DON'T MISS THIS CLASS!

The information session is designed to reserve seating in the class as seats are limited and to answer any questions you may have. If you cannot attend the information session but are 100% sure you will be able to make the classes you may reserve your spot via email. Seats are on a first come first serve basis. (This is open to Coast Guard personnel and dependents only.)

Information Session: TUE 26 FEB from 6:00 TO 6:30

Classes Start: WED 27 FEB and meet each Wednesday for 9 weeks

Location: BLDG. 1015 (chapel support building), Air Station Cape Cod

Time: 6:00-7:30 pm (1800 TO 1930)

Cost: FREE

For questions for information contact Karl Armstrong by [email](#) or call 508-968-6341



Upcoming Workshops at Hanscom Airman & Family Readiness Center for Military Saves Week

TUE 26 FEB from noon–12:45p: **Refinancing Your Home** Seminar. Presented by Hanscom Federal Credit Union (HFCU)

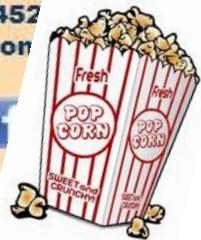
WED 27 FEB from 1–1:45p: **Thrift Savings Plan Insights**

WED 27 FEB from 2–4p: **Family Financial Fun Fair**—for Adults: Budgeting & Savings Tools, Wheel of Fortunes & Finance Q&A with HFCU. For Kids: Paint Your Own Piggy Bank, and Feed the Pig activities.

THU 28 FEB from 5–6:30p: **Become a Successful Couponer**. Change the way you shop forever! Learn specifics on how to shop at department stores, chain drug stores, and local grocery stores.

Please email 66.fss.fsfr.cmb@hanscom.af.mil or call 781-225-2765 to register.

Serving the Total Force... Programs are free to all military personnel, DoD civilians, retired military personnel and family members.



FREE Movies - Forever!!!!!!!!!!!!

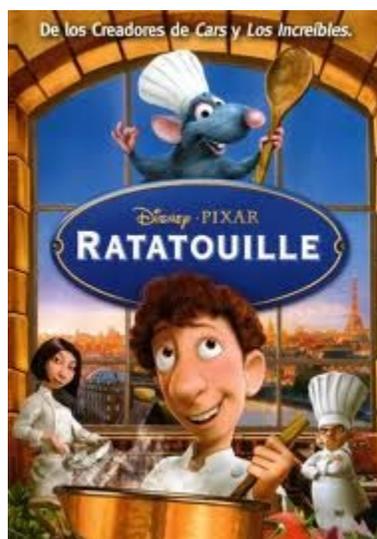
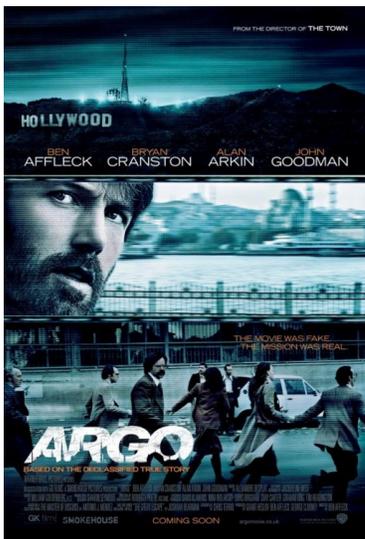
To find out what's playing http://www.mwrcapecod.com/forms/roxy_theater_schedule1.pdf

FRI 15 FEB @ 7:30

SAT 16 FEB @ 4:30

SAT 16 FEB @ 7:30

SUN 17 FEB @ 2:00



TAX HELP

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2013 MASSACHUSETTS NATIONAL GUARD FREE INCOME TAX ASSISTANCE & ASSET BUILDING PROGRAM



The Massachusetts National Guard is proud to offer free tax preparation and asset building services to ALL SERVICEMEMBERS and POST 9/11 VETERANS in Massachusetts. In 2012 we prepared over 1,500 tax returns and saved Servicemembers, Veterans and their Families close to \$240,000 in tax preparation fees. We are experts in preparing returns for the military and we do it for FREE. We hope that you utilize our program in 2013. –MAJ Shannon McLaughlin

PROGRAM LOCATIONS

Cape Cod, Chicopee, Devens, Milford, Reading, Wellesley, Worcester



BOOK AN APPOINTMENT ONLINE

<http://massguard.org/appointments/>

If you have any questions about the program you can email SGT Marroquin at freetaxes@massguard.org

WHO IS ELIGIBLE FOR THIS PROGRAM? : ALL ACTIVE, GUARD, & RESERVE SERVICE-MEMBERS FROM ALL MILITARY BRANCHES LIVING IN OR IN A UNIT IN MASSACHUSETTS. ALL POST 9/11 VETERANS LIVING IN MASSACHUSETTS.

CAN YOU PREPARE STATE RETURNS?: YES. ALL OF THEM.

FAQs

CAN YOU PREPARE ALL TYPES OF RETURNS: YES, WE PREPARE MOST TYPES BUT SOME ADVANCED TAX FORMS FALL OUTSIDE THE SCOPE OF THE PROGRAM.

WHEN CAN I MAKE AN APPOINTMENT?: WE WILL START TAKING APPOINTMENTS THE LAST WEEK IN JANUARY. THE IRS WILL ACCEPT E-FILES STARTING ON JANUARY 31ST.

DO I NEED AN APPOINTMENT TO HAVE MY RETURN PREPARED? YES, PLEASE EMAIL SGT MARROQUIN AND SHE WILL CONTACT YOU AS SOON AS POSSIBLE.

IS THIS SERVICE FREE?: YES. WE PREPARE & E-FILE, ALL FOR FREE.

WHO DO I CONTACT IF I HAVE QUESTIONS?: PLEASE EMAIL SGT MARROQUIN.