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COMMANDER'S COMMENTS

Assist and Advise

By Colonel Christopher Faux 102 IW/Vice Commander

It literally seems like yesterday that I was writing an article for the Seagull about my return to the 102nd after four long years at JFHQ. In that time, I've really begun to understand the missions and what it takes to accomplish them....the answer is simple...good people!

The more I get to meet the people of this wonderful organization, the more humbled I am by not only their intellect, but their drive to excel. Almost every day another award comes in for a 102nd Airman; some from the highest and most competitive levels of the Air Force. It's so overpowering that I sometimes ask myself what impact I can possibly impart upon what I consider the smartest gathering of individuals with which I have ever worked. The first two things that come to mind are assist and advise.

I pledge to assist any deserving member of this organization to whatever extent possible. The Command Staff is privy to some opportunities that may not always filter down to the entire organization. For instance, each State/Territory, known as "The 54", is authorized an NGB "enlisted development tour" of their selection, for members in the grade of E6-E8 for a period of 1-3 years. The State just nominates the individual and provides an application summarizing the intent of the tour. Most of these tours go unutilized, some of the 54's more enterprising organizations end up with multiple tours. There are also numerous opportunities for officers and enlisted members throughout NGB and other federal agencies; some that carry joint credit. Whether you look at these tours as efforts outside your comfort zone or desires for self-improvement, the MA ANG views them as excellent qualifications for future leadership positions in the Commonwealth, and welcomes those individuals back to a position in the wing when their tour expires. I encourage anyone interested work through their respective chains of command. Please don't think my connotation of assistance is solely limited to sending people away from the 102nd. It happened to be a subject that garnered a lot of discussion over the past couple months, so I chose to address it in this forum.

My advice is to never forget family and friends...they are the most important things in anyone's life. Sometimes the job makes it difficult to maintain healthy relationships..... makes it difficult to remain physically, mentally and spiritually fit. Find a way to make it happen! Take the time to recharge your batteries and be with your family. Relax...HAVE FUN...enjoy your friends. The smartest of people also tend to be the most stressed. I strongly encourage squadron level events that take the mind off of work and improve unit cohesion...and yes, when appropriate, these events should be part of the work day. I am open to any suggestions on how to improve either or all of the components of fitness.

Lastly, get involved with things outside of the 102nd. Sports, clubs, professional organizations, hobbies..... whether for you, your children or your better half...it doesn't matter. It just needs to be something you enjoy and something for which you will obligate more than just the minimum required time and effort.



BEING PROACTIVE IN A REACTIVE WORLD

Ms. Jill Garvin
102nd IW/Director of Psychological Health

Most of the members that come and see me are struggling with some type of anxiety. We all experience anxiety at some level. One way of tackling anxiety is to look at the way we talk to ourselves during times of stress and pressure.

Some people have anxiety attacks, so to combat this, try to focus on calming, positive thoughts, like "I'm learning to deal with panicky feelings and I know that people overcome panic all the time" or "This will pass quickly, and I can help myself by concentrating on my breathing and imagining a relaxing place" or "these feeling are uncomfortable, but they won't last forever.

For my next few articles, I'm going to focus on anxiety with some helpful tips. I have some great books on anxiety and some workbooks. Some of this was taken from a book called "No More Panic."

If you feel you are having an anxiety or panic attack, focus on these facts:

- A panic attack cannot cause heart failure or a heart attack
- A panic attack cannot cause you to stop breathing.
- A panic attack cannot cause you to faint
- A panic attack cannot cause you to "go crazy."
- A panic attack cannot cause you to lose control of yourself.

Another skill to try (and I've been doing this for years) is thought stoppage. Be gentle, but firm about it. Put a stop to thoughts that lead to anxiety, and replace those thoughts with realistic, rational thoughts. Then, when the self-statements are practiced and learned, your brain takes over automatically. This is a form of conditioning, meaning your brain chemistry actually changes

as a result of your new thinking habits. For example, say to yourself, "STOP! These thoughts are not good for me. They are not healthy or helpful thoughts, and I have decided to move in a better direction and learn to think differently."

When anxiety is near, try these general statements:

- 1. I'm going to be all right. My feelings are not always rational. I'm just going to relax, calm down, and everything will be all right.
- 2. Anxiety is not dangerous—it's just uncomfortable. I am find: I'll just continue with what I'm doing or find something more active to do.
- 3. Right now I have some feelings I don't like. They are really just phantoms, however, because they are disappearing. I will be fine.
- 4. Right now I have feelings I don't like. They will be over with soon and I'll be fine. For now, I am going to focus on doing something else around me.
- 5. That picture (image) in my head is not health or a rational picture. Instead, I'm going to foucs on something healthy like_____.
- 6. I've stopped my negative thought before, and I'm going to do it again now. I am becoming better at deflecting these automatic negative thought and that makes me happy.
- 7. So I feel a little anxiety now, SO WHAT? It's not like it's the first time. I am going to take some nice deep breaths and keep on going. This will help me continue to get better.



CHAPEL CALL

By Chaplain (Lt. Col.) Mark Schaarschmidt 102nd IW/Chapel

Perhaps you've met some folks along the way who have asked you, "What's the good word?" It's considered a rhetorical question which does not expect an answer. It's kind of hard to answer anyway, isn't it? So, what is the good word? Is it nice weather, a pleasant weekend, a newborn baby coming into the world? Or is this merely a question posed not expecting an answer? For many New England fans, the "good word" is "Patriots".

Benediction is Latin for "good word" or blessing. What's the good word during this season of reflection for many who practice their faith? Is there a far reaching "good word" that inspires us? For one grieving husband, he reflected on the funeral of his wife. A friend of his gave him a good word, namely that the greatest of Caregivers is now taking care of his wife. He didn't hesitate to say that the caregiver in this case is now taking care of his wife in eternal glory better than the grieving husband could ever do. In fact, the grieving husband was the first to realize that this Caregiver does it better than he could ever do.

That's helpful for it assures the helpless that our inadequacies are met with the greatest of protection and favor. It helps us ponder what that good word is. What if one had a religion where the religion's higher power could do things far better than we could ever do? It helps to reiterate that God is not just in the driver's seat for our lives but that God does everything far better than we can.

In the same vein, we don't always get the "love language" that the other person is speaking. In other words, we don't always get it right. It's like having a conversation with someone about how good the New England Patriots are without realizing that that person cares little about football and most about bowling. Learning the "language" that your loved one speaks is also an

important "good word". Gary Chapman's bestseller 5 Love Languages® has this in mind. The "good word" for a loved one may be more acts of service and less quality time, or vice versa.

If the grieving husband were to boast, "I don't agree that my Higher Power took care of my wife better than I...I took my wife on a cruise", he may have missed the point in more ways than one. Especially if the wife's does not like cruises and just wanted more quality time rather than acts of service. After reading this article, you may never look at "What's the good word?" in the same way again. But that's good. Because good words are not always spoken and are often filled with deeper meanings.

WORSHIP OPPORTUNITIES FOR THE RSD

SATURDAY

• Roman Catholic Mass, 1500, Building 170, Room #238 (the Heritage Room)

SUNDAY

- Roman Catholic Mass, 1030, Building 170, Room #238
- Christian Worship, 1100, Building 330, Room #7

If you need or want a worship experience other than these, please contact the Chaplain's Office. We'll be happy to help you. Please note that the Chaplain's Office has moved. We are now in Building 170, the new 102d IW Headquarters, Room 129. Our phone remains the same - 508-968-4508.

I AM AN AMERICAN AIRMAN - JOHN GLORIA

By Staff Sgt. Thomas Swanson 102nd IW/Public Affairs

Braggadocios and John Gloria are words that have never appeared in the same sentence. That may be true until now, but suffice it to say that there haven't been many Airmen who have quietly dedicated more to the mission and our organization here at the 102nd Intelligence Wing than Captain John Gloria. If you've ever had a question about your pay or enjoyed a night of entertainment at the Eagle's Nest, chances are you have crossed paths.

Gloria has been serving in the military in various capacities over the past 37 years. Originally from Newtown CT, he attended the University of Connecticut at Storrs majoring in business and was a member of the Reserve Officer Training Corps. Upon graduation in 1979 he was commissioned in the Air Force and served in a number of financial positions on active duty until 1992.

According Gloria, his most memorable assignment was when stationed at Thule Air Base in Greenland. Thule AB is the northernmost U.S. military installation and part of the Air Force Space Command's ballistic missile defense system. "The people, the climate and the long days and long nights were really different," explained Gloria.

"Thule was like being out on an outpost. The base was so isolated that the main form of transportation if you went off base was dog sled."

During Gloria's years on active duty he also served at Yokota AB in Japan, Robins AFB in Georgia and Grissom AFB in Indiana. After leaving active duty in 1992, Gloria joined the 102nd Fighter Wing as a drill status guardsman and began working as a defense contractor for Horizons Technology, Titan Systems and L-3 Communications at Hanscom AFB.

Reflecting on his career, Gloria says it's been remarkable to see the weapon systems come and go. When he first joined the Air Force

he witnessed the versatile F-4 Phantom be phased out and replaced by three aircraft, the F-15, the F-16 and the A-10. Now years later, those weapons systems are reaching the end of the road and the next generation of aircraft like the F-22 and F-35 are emerging to take their place.

After the attacks of September 11, 2001, Gloria was put on active duty orders and has remained working full time here at the 102nd ever since. Following his military retirement last month, Gloria transitioned to work as a Title 5 civilian. He spends most of his time processing transactions, answering pay questions and resolving issues for our Airmen. In addition, Gloria volunteers his time as a member of the Eagle's Nest board of directors and coordinates the after-hours entertainment on drill weekends. He also purchases and stocks the majority of the coffee supplies enjoyed by all in the new Operations and Training building.

Outside of his life here at the 102nd, Gloria likes to "tinker" on is pickup truck and enjoys bird watching.

"Throughout his 37 years of accomplished financial services support, Captain Gloria has truly been the consummate professional faithfully striving to put customer's needs first. In this regard, his contributions are too many and too invaluable to count. In fact, his depth of knowledge, experience and selfless service has had a positive impact not only on his countless individual customers, but the 102nd Comptroller Flight, the 102nd Intelligence Wing and the Air National Guard communities as a whole," praised Lt. Col. Nicole lvers, 102 CPTF Commander.

She went on to say, "We are grateful to him for his service and owe him a debt of gratitude for being such a brilliant and enduring member of our team."

"Thank you John!"



FIRST SERGEANT'S CORNER

By Master Sgt. Jeffrey Luke 267th IS/First Sergeant

If my teammate wasn't there, I wouldn't have finished the race.

There are moments in our lives that having the right person say or do the right thing can have an unexpected lift to our mood or attitude. Sometimes the right thought or advice can even pull us through a crisis.

More than from my civilian friends, I have personally experienced this attitude changing effect from my Guard family. The last time I needed a bounce back attitude check, was just a few weeks ago while representing Massachusetts at the North East Regional Biathlon, a National Guard Military Competition. I was recovering from an injury for several months and just cleared for unlimited exercise. I still had some aches and pains and my cardio was still coming back.

I, like many of my fellow guardsmen, expect a lot from myself, and just like many civilians, I hit the gym a bit too hard the first few days and grew very sore.

Frustrated and expecting to compete while sore and achy and generally not at my best, was a sinking feeling. I had to admit that I needed an attitude boost and my teammate was there to help. We discussed a strategy that focused on each stage of the race that would allow me to perform to my current ability, not to an ideal ability.

There are three circuits in the Sprint Race Biathlon, Skishoot prone, Ski-shoot standing and ski-finish line. Taken one at a time, I could focus on the "now" and what I need to do and let the rest follow.

I accepted the advice, finished the race exhausted, sore but thrilled because I received great advice that worked and let me bounce back and finish strong.

We all have setbacks in our life and we can't expect the world and our plans to play out perfectly. When things go sideways, bouncing back can be easier by having an understanding friend around that can give that needed attitude check and get us back on our path.

Asking for help takes a bit of bravery and facing the truth of a situation can be embarrassing, so knowing who and when to turn to can be a challenge.

Luckily, we have a wonderful network of Guardsmen that regularly offer a shoulder, advice and mentorship. A first stop for finding such a resource can you be your First Sergeant. We are trained at listening and at finding resources with a virtual Rolodex of team members to call on and a very large network.

I've seen First Sergeants help with interview preparation, college homework, PT workouts, plumbing advice, work center situations and lots of other seemingly non-job related assistance.

A positive attribute of our Guard teammates is our willingness to help and volunteer.

Stop by, talk to one of your teammates, tell us what's going on, a challenge shared reduces the load and can be empowering which will allow you to bounce back faster.

IN MEMORY OF BRIG. GEN. (MA) JOHN R. HADDON

Former wing member, Brig. Gen. (MA) John R. Haddon, 74, of Eastover, South Carolina passed away peacefully with his family by his side on February 12, 2017.

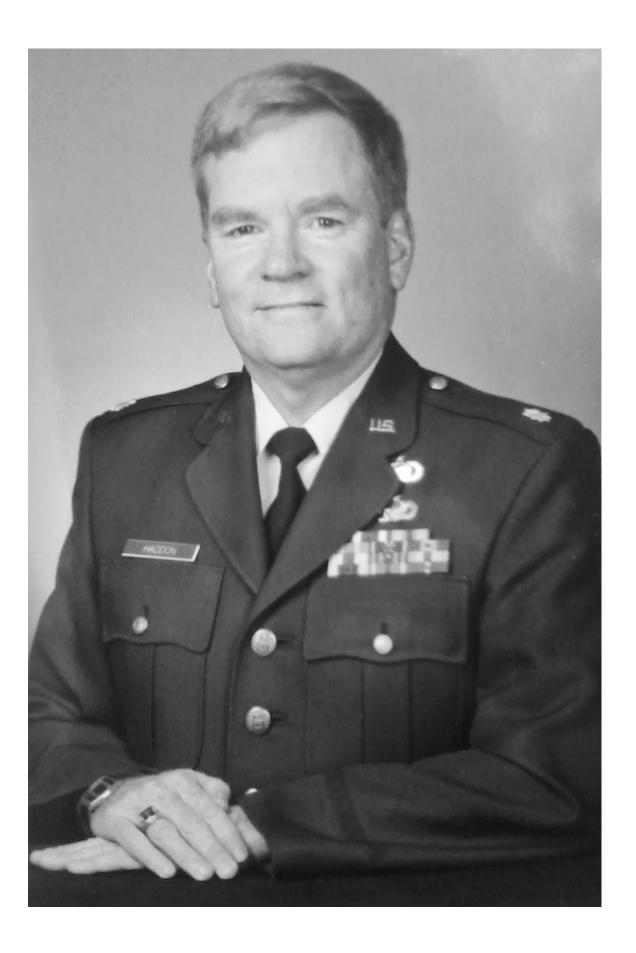
General Haddon graduated from Florida State University and commissioned through the Air Force Reserve Officer Training into the United States Air Force in 1965. While on Active Duty he served in Oklahoma; Lakenheath, England; and New Jersey.

In 1973 the general left active duty, joining the Massachusetts Air National Guard's 102nd Fighter Wing. As a member of the wing, he held the positions of group and squadron executive support officer, base training officer, disaster preparedness officer, Security Police Squadron commander, and Mission Support Flight Commander.

Having served his country with honor for 31 years of uniform service, he retired from the wing as the 102nd Combat Support Group Commander and installation commander in 1997 at the rank of Brigadier General (MA).

He continued his public service as a civil service employee for the Army Reserve at Fort Jackson, South Carolina until his retirement in 2006. During his retirement years, he enjoyed pottery and was active in his local church along with his favorite role as Sunday School teacher.

The 102nd Intelligence Wing would like to extend its most sincere condolences to the Haddon family.



AIRMEN RECEIVE VALENTINE'S DAY CARDS FROM STUDENTS

By Staff Sgt. Eboni Reams 332nd Air Expeditionary Wing

SOUTHWEST ASIA -- Valentine's Day is usually a time to express love and care for friends and family. When service members find themselves far away from their loved ones they may miss out on this holiday's traditional festivities. Thanks to students in Cape Cod, Massachusetts, Airmen deployed in Southwest Asia received handmade Valentine's Day cards.

Hearts for Heroes is an annual campaign during which students at Station Avenue Elementary School in South Yarmouth, Massachusetts, make handcrafted cards for service members. The 332nd Expeditionary Civil Engineer Squadron first sergeant's child attends the school and participates in this program with this year being special with her mom deployed.

"Station Avenue Elementary will host an 'all school meeting' soon with pictures of our Airmen receiving the Valentines cards to be shown to the students," said Master Sgt. Victoria Kenny, 332nd ECES first sergeant. "This will serve a 'thank you' from our Airmen to the students for the thought and care that went into creating the handmade and heartfelt Valentines."

The deployed Airmen, working daily to integrate and support airpower in the region, were pleased to receive these gifts, expressed their gratitude and asked about ways to write back to the students.

"Receiving a Valentine's Day card from back home reminds me to fight for what I believe in and love," said Staff Sgt. Timothy Cruz, 332nd ECES firefighter. "To receive it from a student and stranger lets me know that I'm in the best country in the world. We stand united."

Maybe strangers at first, but then friends in the end thanks to the support given across the miles is a memory these service members will cherish on this Valentine's Day and days to come.



Airman 1st Class Meagan Mackie, 332nd Expeditionary Civil Engineer Squadron emergency management journeyman, reads a Valentine's Day card, Feb. 14, 2017, in Southwest Asia. Students from Cape Cod, Massachusetts handcrafted cards for service members serving overseas. (U.S. Air Force photo by Staff Sgt. Eboni Reams) Master Sgt. Victoria Kenny, 332nd Expeditionary Civil Engineer Squadron first sergeant, delivers handmade Valentine's Day cards, Feb. 14, 2017, in Southwest Asia. Students from Cape Cod, Massachusetts handcrafted cards for service members serving overseas. (U.S. Air Force photo by Staff Sqt. Eboni Reams)



CMSAF: AIRMEN SAY GOODBYE TO CODY, WELCOME WRIGHT

By Staff Sgt. Hailey Haux Secretary of the Air Force Public Affairs

WASHINGTON (AFNS) -- An American flag, the symbol of freedom, served as the backdrop in a vast aircraft hangar. The bleachers were filled to the brim with Airmen, families and well-wishers from all around the Air Force who came to bid farewell to the 17th Chief Master Sgt. of the Air Force James A. Cody and welcome the 18th CMSAF Kaleth O. Wright during a transition and retirement ceremony Feb. 17, 2017 at Joint Base Andrews, Maryland.

The position of CMSAF has been in effect for 50 years now; a position that shapes how Airmen grow...a position of honor.

"Chief Cody not only upheld the standards demanded of the position, he did it with grace, adopting the entire Total Force as members of his family," said Chief of Staff of the Air Force Gen. David L. Goldfein. "He epitomized the 'servant leader,' choosing to lead his Airmen personally, face-to-face, shoulder-to-shoulder."

Goldfein listed a number of accomplishments by Cody during his tenure as the highest enlisted Airman saying he is passionate about ensuring Airmen are prepared for the fight and that he excelled in his duties in the care of Airmen.

"What we are going to miss about our Air Force is you. We're going to miss the Airmen, we're going to miss their families," said Cody, addressing the crowd. "We have served our entire adult lives together, we have grown up with you, (and) we have been through all of it with you."

Cody said the legacy of the 17th CMSAF isn't about him, it's about all the men and women all around the world, along with their families, doing what they do every day for the nation.

During a formal reading of orders, Cody, after 32 years of service to our country, was officially retired, effective April 1, 2017.

The attention shifted to Wright as he stood on the stage.

His service jacket, with chief stripes and a command chief star in the center was exchanged for the CMSAF stripes which stand out as a highly distinguished symbol, representing all Airmen.

The exchange of the coat and service cap symbolizes the weight and

consequence of assuming the responsibilities of the Chief Master Sgt. of the Air Force position.

"Chief Wright held a variety of senior enlisted positions...each time, providing his signature wisdom and a steady calm for a host of Air Force leaders," Goldfein said. "The mantle of leadership of Chief Master Sergeant of the Air Force will test you and will tire you...but when it's all said and done, and our Airmen have you to thank for supporting what matters most. You will look back and know it was worth every moment and effort."

Wright is no stranger to guiding Airmen, serving in leadership positions throughout the Air Force, he is able to bring his experience to the new position.

"Chief Wright has been leading our enlisted force and advising commanders at every echelon, from squadron to major commands," said acting Secretary of the Air Force Lisa Disbrow. "He has been the voice of Airmen at home and down range. Chief Wright is competent, poised, and intensely motivated and tremendously humble."

Standing before the crowd as the new Chief Master Sgt. of the Air Force, Wright was overcome with joy, saying if he wasn't so tough he may have shed a tiny, baby tear.

Expressing some of the areas he wishes to focus on during his time as CMSAF, Wright mentioned that training, leadership and resilience are at the center of the enlisted force.

"Our Airmen need to be well trained, they need to be well led and they need to be resilient," Wright said. "We will have a deliberate focus on training to make sure they are ready to fight. We will have a focus on effective talent management to ensure that they are ready to lead and we will have a deliberate focus on total Airmen and family wellness to make sure that they are ready for life. These focus areas will ensure that we are there in every mission, in every domain, in every location. Ready Airmen are essential to our success."

Wright accepted he has big shoes to fill, but said he is ready to lead today's Airmen into tomorrow's Air Force.

Chief Master Sgt. of the Air Force James A.
Cody congratulates his successor, Chief Master
Sgt. of the Air Force Kaleth O. Wright, during
their retirement and appointment ceremony on
Joint Base Andrews, Md., Feb. 17, 2017. Wright
succeeds Chief Master Sgt. of the Air Force James
A. Cody, who retires after 32 years of service, and
he is the 18th Airman to hold this position. (U.S.
Air Force photo/Tech. Sgt. Robert Barnett)



Chief Master Sgt. of the Air Force
Kaleth O. Wright speaks during his
appointment ceremony on Joint
Base Andrews, Md., Feb. 17, 2017.
Wright succeeds Chief Master
Sgt. of the Air Force James A.
Cody, who retires after 32 years of
service, as the 18th Airman to hold
this position. (U.S. Air Force photo/
Scott M. Ash)



In September 2015 the Massachusetts National Guard was selected as the U.S. partner for the Republic of Kenya as part of the Defense Department's State partnership been successfully building relationships Program.

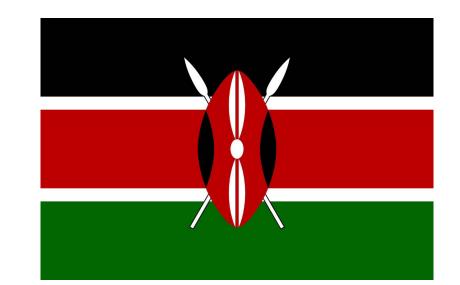
Through the program, the Massachusetts National Guard conducts mutually beneficial engagements in support of defense security cooperation goals and works to strengthen its partner nation's domestic response capabilities.

In February, 102nd Intelligence Wing Commander, Colonel Virginia Doonan, joined a delegation of Massachusetts National Guard leadership led by the Adjuant General, Maj. Gen. Gary Keefe, on a trip to Kenya to experience the partnership first hand.

The State Partnership Program helps partner nations build a skilled force capable of helping develop the host nation's defenses and security, disaster response, crisis management and interagency cooperation capabilities.

Administered by the National Guard Bureau, and guided by Department of State foreign policy goals, the program has around the globe for the past 22 years. With the inclusion of the Republic of Kenya, the program has a total of 70 state partnerships.

Kenya is Massachusetts' second state partner. Together with Paraguay, the partnerships represent opportunities to train and learn with each other while strengthening and enhancing each country's national defense.





(Above) Col. Virginia Doonan, 102 IW Commander, plants a tree at the School of Military Intelligence for the Kenyan Defence Forces. It is customary for visitors of special significance to help plant a tree in order to grow "roots" with the organization you are working with - an appropriate sentiment for the Massachusetts National Guard's State Partnership with Kenya.







JTF-BRAVO, COSTA RICAN MEDICAL TEAMS BRING HEALTHCARE TO REMOTE INDIGENOUS VILLAGE

By Master Sgt. Kerri Spero Joint Task Force-Bravo Public Affairs

LIMON, Costa Rica -- A group of 16 doctors, nurses, dentists and other specialists from Joint Task Force-Bravo took part in Operation Pura Vida, a joint humanitarian mission and Medical Readiness Training Exercise at an indigenous region in the Caribbean province of Limón, Nov. 1 to 3. The group arrived in four helicopters from the 1st Battalion 228th Aviation Regiment and joined 30 Costa Rican physicians to provide basic healthcare services to approximately 300 residents of the indigenous village of Piedra Mesa, Telire region of Talamanca, Limón.

Communities living in remote areas are usually at a great disadvantage in terms of access to medical care. Ordinarily, Piedra Mesa patients would have to travel on foot for up to seven days, to the nearest medical treatment facility. The JTF-Bravo team provided patient services to include preventive medicine, internal medicine, pediatrics, dentistry, and nurse technicians?; in addition to the airlift capability.

Costa Rican Public Security Minister, Gustavo Mata Vega, and U.S. Ambassador to Costa Rica, S. Fitzgerald Haney, visited to mission site on November 3. Mata thanked the Ambassador, the Embassy, and JTF-Bravo for the assistance, and said that humanitarian missions like this one are fundamental to improve health and security conditions for indigenous people.

"This is something that the village has requested, along with the Costa Rican government, and it's an opportunity for everyone to better understand and provide services to what otherwise would be a very isolated, indigenous population," said Maj. Rosemary Reed, JTF-Bravo Civil Military Operations deputy, "We want their support and understanding of why we're bringing this particular unique capability to their village."

A thriving rural community is dependent on the health of its population. Access to medical care does not guarantee good health, however, access to healthcare is critical for a population's well-being and optimal health.

"It's not based on the amount of people that live here. It's based on how difficult, for the few people that do live here, to provide care because of the village's remote location," said Miguel Coello, JTF-Bravo Medical Liaison Officer, who has previously served with JTF-Bravo at this location three times.

According to Coello, the most common patient ailments related to this particular area are malnutrition, renal diseases, upper respiratory infections, skin diseases, and chronic mosquito-borne diseases.

"Some treatments are lengthy, but if some of these diseases are not treated in a timely manner, they can be lethal," explained Coello.

For follow-up care, the Costa Rican Social Security Bureau (Caja Costarricense de Seguridad Social), have a team of doctors who travel to Piedra Mesa village every three months.

"This is one of the best examples of several different entities coming together," said Coello, "For example, we were able to provide the airlift, but the tents and field accommodations were provided by the Costa Rican Fire Department and Red Cross; and security was provided by the Costa Rican Police. These organizations were brought here to also exercise their expeditionary capabilities."

The purpose of JTF-Bravo conducting a MEDRETE is to test capabilities, react to a natural disaster and to interact with a local populace by building relationships with other entities within Central America, according to Capt. Lettishia Burchfied, Operation Pura Vida officer in charge.

Missions like Operation Pura Vida shed light on the

importance of indigenous communities in conservation in Latin America. A 2014 study by the International Union for Conservation of Nature showed that the presence of indigenous communities significantly lowers deforestation caused by drug traffickers operating illegally in remote parts of Central America, and country-specific programs have begun to involve indigenous people in the policing of protected areas.

The concept for Operation Pura Vida was formulated during a Central American Community of Interest discussion in April 2016 which focused on the stem the growing trend of Transnational Threat Networks observed in Costa Rica. In response, the COI established a Joint Planning Group which met serval times in the following months. During this period, JPG planners developed this challenge into a coherent US and Costa Rican force combined operation focused against positive environmental effects (MEDRETE), while simultaneously disrupting the T3Ns residing in nearby area (future illicit drug eradication).

The planning effort culminated in late October with approval by the US Ambassador to Costa Rica and Commander of U.S. Southern Command to execute.

"By all measures, the resulting operation, Operations Pura Vida, stands as a glowing CENTAM COI success," said Maj. Graham White, JTF-Bravo Plans and Policy director.

This is the fifth time that Costa Rica has received assistance from U.S Southern Command, which is responsible for all U.S. military activity in Latin America. The aid program started in response to a request by the U.S. Embassy in San José.

MEDRETEs like the one held in Piedra Meza serve the broader purpose of fostering a spirit of cooperation and goodwill between U.S. and partner nation counterparts



A group of 16 doctors, nurses, dentists and other specialists from Joint Task Force-Bravo took part in Operation Pura Vida, a joint humanitarian mission and Medical Readiness Training Exercise at an indigenous region in the Caribbean province of Limón, Nov. 1 to 3. The group arrived in four helicopters from the 1st Battalion 228th Aviation Regiment and joined 30 Costa Rican physicians to provide basic healthcare services to approximately 300 residents of the indigenous village of Piedra Mesa, Telire region of Talamanca, Limón. (Photo by Master Sgt. Kerri Spero)



Members of the 102nd Civil Engineer Squadron receive care packages from the folks back home.

Master Sgt. Kerri Spero, on assignment in her role with Joint Task Force-Bravo Public Affairs





Senior Airman Erne Doroliat of the 102nd Force Support Flight has his stripes tacked on by his deployed leadership. (right)



102nd Intelligence Wing Airmen at all levels pitched in to build boxed lunches for members of the 102 ISRG, 102 SFS and 102 CES when the base operation status was limited to essential personnel only due to the blizzard conditions during the January RSD. (above and below)



Two of the newest members of the 102nd Intelligence Wing raise their right hands becoming Airmen in the Massachusetts Air National Guard as Lt. Col. Lisa Ahaesy, 102nd Security Forces Commander administers the oath. (top and bottom right)





NAVIGATING THE NEW MAIN GATE

In the very near future, the traffic pattern entering Joint Base Cape Cod and Otis Air National Guard Base will change significantly. When the newly constructed gate is finally open for business, it will take a little getting used to.

To help with the transition, the graphic to the right is provided so you can have an idea of what to expect.

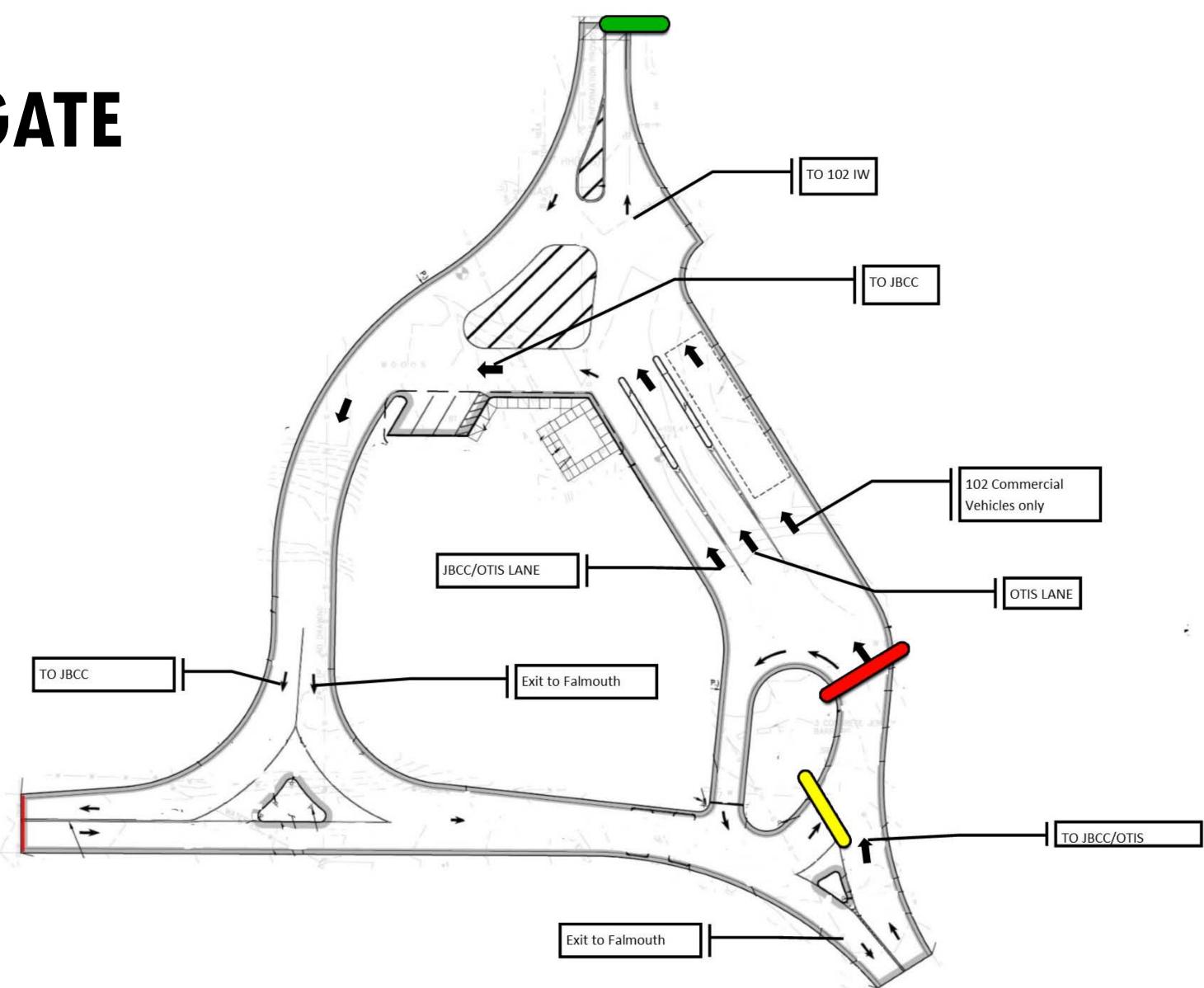
Take your time and use caution as you acclimate to the arrangement.

The 102nd Security Forces has provided three simple things to remember that will help keep everyone safe:

- 1. SLOW DOWN!
- 2. Read and obey the signs (especially speed limits, "YIELD" and "STOP").
- 3. Pay attention to and comply with any direction given by the gate guard(s).

On this graphic, top down view of the new gate, the green marker represents the intersection of Simpkins Road and South Outer Road. Most traffic will turn right here to travel to the main base campus. There will be a four-way stop here. The red marker represents the point where all traffic entering the gate area will stop until called forward by a gate guard. The yellow marker represents the point where traffic from Joint Base Cape Cod entering Otis ANGB will need to yield to traffic entering from Simpkins Road.

SOUTH TRUCK ROAD





In the years following World War II, both Germany and the capital city of Berlin, were divided into occupation zones as a result of the Yalta Conference and Potsdam Agreement. West Berlin ended up as an enclave, adjacent to Soviet-controlled East Berlin, and surrounded on all sides by Communist East Germany.

In November 1958, Soviet Premier Nikita Khrushchev issued an ultimatum to the Western Allies to withdraw from the city of Berlin. For months, diplomats and leaders from the United States, United Kingdom and France attempted to negotiate with the Soviet Union to no avail. Finally, on August 13 of 1961, East Germany closed the border to the city, for all intents and purposes, cutting West Berlin off from the rest of the world.

Within two weeks, American President

John F. Kennedy ordered nearly 150,000 guard and reserve personnel to active duty in response to the Soviet's actions.

On October 1st, the 101st Tactical Fighter Squadron, stationed at Logan Airport in Boston, was called to active duty at Otis Air Force Base. By the end of that month, support personnel from the 102nd Tactical Fighter Wing joined the wing's pilots who were flying the F-86 Sabre at Phalsbourg Air Base, France.

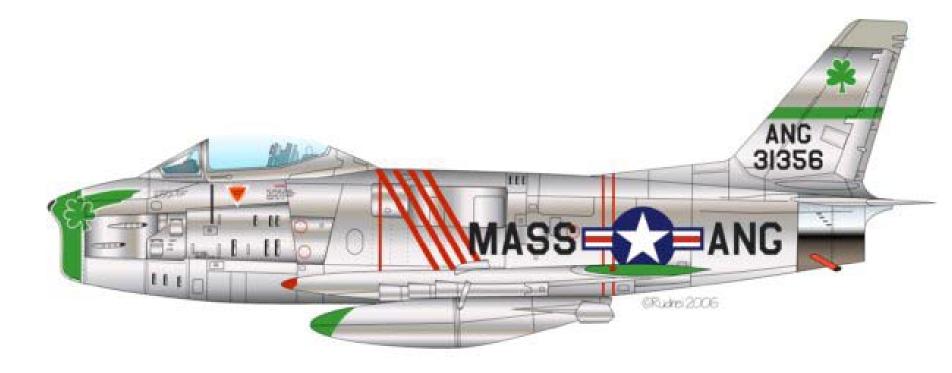
The 101st's primary mission at the time was to provide close air support to NATO ground forces and air interdiction.

During its time in Europe, the 101st participated in several USAF and NATO exercises, including a deployment to Leck Air Base, West Germany near the

Danish border. At Leck, ground and support crews from both countries exchanged duties, learning how to perform aircraft maintenance and operational support tasks.

During the summer of 1962, personnel and equipment from the 102nd would deploy back to the United States, returning in July 1962. Regular USAF personnel, along with a group of ANG personnel who volunteered to remain on active duty formed the 480th Tactical Fighter Squadron of the newly activated 366th Tactical Fighter Wing.

(above and right) F-86 Sabres of the Massachusetts Air National Guard's 101st and 131st Tactical Fighter Squadrons lined parked on the ramp at Phalsbourg Air Base in France. The 102nd Tactical Fighter Wing provided close air support for NATO forces and flew air interdiction missions during the Berlin Crisis in 1961 and 1962.



THE 102nd TACTICAL FIGHTER WING AND THE BERLIN CRISIS



PROMOTIONS

ANNOUNCEMENTS

SENIOR AIRMAN

Benjamin Dutting

Yannick Adjei

Nathanael Costa

Prescilla Starr

Luis Recci-Martinez

Eric Sowersby

Molly Rosen

Emmanuel Pierre

Margo Smith

STAFF SERGEANT

Mikayla Provenzano

Paul Chitpanya

Sarah Slavik

Colin Larsson

Ashley Hopper

TECHNICAL SERGEANT

Richard Black

John Moore

Christopher Leonard

Alexandria Franco

MASTER SERGEANT

Sueann Costa

SENIOR MASTER SERGEANT

Gary Fears

CHIEF MASTER SERGEANT

Joseph Thorpe

LIEUTENANT COLONEL

Bethann Crouch

Heather Bienz

Congratulations to Senior Airman Eddel Alamos and Capt. Timothy Stone on your perfect (100%) Air Force Fitness Test! Way to go!

CHIEFS COUNCIL CORNER

102nd Intelligence Wing Outdoor Recreation offers the area's best prices on boat, camper and trailer storage, with a secure on-base location to serve you. New customers are welcome now! Fees and charges are \$125.00 per calendar year. Please take a look at us, located inside the I-Gate next to Eagles Nest. We currently have nine slots open with plans to add additional spots this summer. E-mail Chief Walsh for terms and conditions at: michael.p.walsh6.mil@mail.mil or call 508-968-4380.

MASSACHUSETTS TUITION AND FEES WAIVER

Eligibility for the Massachusetts Tuition and Fees Waiver Certificate for state schools is determined by your status as a member of the 102nd Intelligence Wing. Members are eligible for the benefit the day they enlist or are appointed with the Massachusetts Air National Guard. The benefit may be used at any point during your membership with the 102nd IW. Contact the Base Training Office for more information at 508-968-4189

FREE SCHOLARSHIP MONEY

The National Guard Association of Massachusetts is offering five scholarships to Massachusetts National Guard members and their families. The application is easy, and the scholarships range from \$1,000 to \$4,000. If you would like an application or need more information, please contact Major Erik Anker via email or at x4512.

HONOR GUARD OPENINGS

The 102 IW Honor Guard is seeking motivated airman of any rank to fill volunteer rolls in the Base Honor Guard. This is a rewarding opportunity that will allow you to show your dedication the Air Force and your strong military bearing. Honor Guard members are required to participate in a minimum of four details per year. These details include military funeral honors as well as wing and community colors events. While the Honor Guard would be glad to have you participate anytime of the month, if you can only participate on drill weekends that is acceptable as we are currently working on having at least 2 members from each squadron train to do retirements and special occasion events. Please stop by or call 968-4431 and see an Honor Guard member and inquire about this rewarding all volunteer force opportunity.

2017 MILITARY SAVES CAMPAIGN

The Department of Defense has designated February 27 to March 4, 2017 as the kick-off of the 2017 Military saves Campaign. This is part of a nationwide America Saves Campaign and is conducted in cooperation with the Consumer Federation of America. It is an opportunity for the military community to join forces with federal, state, and local partners and installation banks and credit unitons to focus on the financial readiness of Service members and their families, inluding the reduction of debt and saving towards personal and family goals. To learn more visit www.militarysaves.org

WING FIRST SERGEANT VACANCY

Drill Status Guardsmen selected to fill a senior master sergeant wing first sergeant position, a new term will be incurred based on the date of assignment to the new position. Qualified First Sergeants currently possessing 8F000 SDI. Member must be immediately promotable to Senior Master Sergeant. Application packages will include civilian or military resume, current copy of their vMPF Records Review Listing (RIP), a current Fitness Assessment, and letter of intent indicating the applicant's reasons for desiring the position, with unit Commanders endorsement. Applications must be received no later than 1600 hours on 05 March 2017. Check your email for the full job announcement or contact the Command Chief, Chief Master Sgt. Karen Cozza at 508-968-4503 for more information.

SEAGULL SEADLINES

SEAGULL SUBMISSIONS

for issue submit by **JANUARY** December 27, 2016 **FEBRUARY** January 30, 2017 MARCH February 16, 2017 March 20, 2017 April 24, 2017 JUNE / JULY May 22, 2017 AUGUST / SEPTEMBER August 14, 2017 OCTOBER October 2, 2017 NOVEMBER October 23, 2017

DECEMBER

November 20, 2017

The 102nd Intelligence Wing Public Affairs Office welcomes your feedback and submissions. Got a great story idea? Is your unit or shop doing something impressive? We welcome articles written by unit members on topics of interest to the wing and its personnel.

WRITTEN STORY SUBMISSIONS

If you like to write and would like to submit a full article for publishing in the Seagull, we would be happy to take a look at it. Typically written stories are between 500-800 words and are formatted in the Associated Press (AP) format. Stories should have some relevance to the wing, its mission or its people. We reserve the right to review and edit your piece but will talk any edits over with you.

TELL US YOUR STORY IDEA

If you aren't interested in writing your own story but would still like to call attention to someone or something great happening in the wing, contact wing PA. Give us some background details and we will take it from there!

ANNOUNCEMENTS

Got something to say that doesn't warrant a full article? Send us your announcements and we will include them in the appropriate section of the Seagull. Please limit your message to a short paragraph or less.

PHOTOGRAPHS

Did you capture some great shots while training on a cool piece of equipment at some obscure training site out in the woods? Maybe you went to a great going away luncheon or a promotion ceremony. Maybe you snapped a picture of you and your team working hard and building camradarie. Send us your shots! Public Affairs can't always be there but we still want to share those moments with the wing. For submissions just give us a few lines about what was going on, where the photo was taken, who is in it and who took the photo. We might be able to get them in the Around Otis section of the Seagull and possibly on our Facebook page.

CONTACT US

Public Affairs can be reached at x4516 or x4697, via email at **usaf.ma.102-iw.mbx.pa@mail.mil** or by simply dropping by our office in Bldg 170.