

# 102nd INTELLIGENCE WING Seagull



JUNE 2015

[www.102iw.ang.af.mil](http://www.102iw.ang.af.mil)

VOLUME 30 NO. 6



## I am an American Airman

Story and photos on page 6



# Wing Care Providers Call Us!

This listing was compiled to assist you in caring for your Wingman. Please use this page for your information and as guidance for referral. It is designed to be easily printable as a single source document.

## 1 Director of Psychological Health

The Psychological Health Program offers free of charge, confidential psychological assessments and brief solution focused coaching, consultations, referrals and case management.

Contact Ms. Jill Garvin, [jill.a.garvin.civ@mail.mil](mailto:jill.a.garvin.civ@mail.mil)  
(P) 508.968.4827 (C) 508.237.6652

## 2 Family Readiness

The Otis Airman and Family Readiness Center offers a variety of services and programs for all single and married military personnel, Department of Defense civilians, retired military personnel and family members. Programs are free of charge. Targeted services include contributing to the mission readiness, resiliency, and well-being of the Air Force community.

Contact Ms. Erin Creighton, [erin.k.creighton.civ@mail.mil](mailto:erin.k.creighton.civ@mail.mil)  
(P) 508.968.4855 (C) 774.313.8534

## 3 Chapel Office

The mission of the Chapel Team is to provide a holistic ministry of presence, care and hope to members of the Wing in a flexible, responsive, and competent way. Private conversations of those seeking the counsel of Chaplain Corps personnel as matters of faith or acts of conscience are strictly privileged communication.

Contact the Chapel Office  
(P) 508.968.4508

## 4 Veteran's Centers

We are the people in the U.S. Dept. of Veterans Affairs who welcome home the war veterans with honor by providing quality readjustment services in a caring manner. We assist veterans and their family members toward a successful postwar adjustment.

1.800.905.4675 (local - Hyannis 508.778.0124)

## 5 Sexual Assault Response Coordinator (SARC)

Providing private, confidential care for assault victims and assistance with reporting both unrestricted and restricted.

Contact Lt. Col. Lisa Ahaesy  
[lisa.m.ahaesy@mail.mil](mailto:lisa.m.ahaesy@mail.mil) (P) 508.968.4664

## 6 Suicide Prevention

The Director of Psychological Health can be the first contact for individuals in suicidal crisis or those having thoughts of suicide. She can advise supervisors and peers regarding support for distressed coworkers, and is Point of Contact for Suicide Prevention Training and Education.

Contact Ms. Jill Garvin, [jill.a.garvin.civ@mail.mil](mailto:jill.a.garvin.civ@mail.mil)  
(P) 508.968.4827 (C) 508.237.6652

## 7 Medical Group

A resource for both medical and psychological conditions affecting the wellness of airmen: Provider consultation can be arranged for discussion of these and other conditions by contacting the reception desk or via your Unit Health Monitor (UHM).

Contact the Medical Group  
(P) 508.968.4091



## Contents

**4** **Commander's Comments**  
Vice Commander Col. Virginia Doonan writes about Words of Wisdom



**5** **Director of the Air National Guard visits Otis**  
Lt. Gen. Stanley Clarke, Director of the Air National Guard, came to visit 102nd Intelligence Wing, Otis Air National Guard



**6** **I am an American Airman**  
A continuing series of interviews of the airmen of the 102nd Intelligence Wing. This month we talked to Staff Sgt. Julia Massi who is a Radio Frequency Transmissions Systems technician



**7** **102nd Intelligence Wing Blood Drive**  
The 102nd Intelligence Wing hosted a blood drive with the American Red Cross



**10** **12 Things Happy People Do**  
The monthly column from the Wing Director of Psychological Health



**13** **Announcements**  
Read up on the latest events happening at the 102nd this weekend and in the coming weeks



**COMMANDER**  
Col. James M. LeFavor

**CHIEF OF PUBLIC AFFAIRS**  
Maj. Robert J. Spierdowis

**PUBLIC AFFAIRS STAFF**  
Mr. Timothy Sandland  
2nd Lt. Aaron Smith  
Tech. Sgt. Kerri Cole  
Staff Sgt. Jeremy Bowcock  
Staff Sgt. Nikoletta Kanakis  
Staff Sgt. Veuril McDavid  
Senior Amn. Thomas Swanson

### ON THE COVER



Staff Sgt. Julia Massi, a Radio Frequency Transmissions Systems technician with the 253rd Cyber Engineering and Installation Group, recently completed her training as a police officer for the Falmouth Police Department. (Air National Guard photo by Staff Sgt. Veuril McDavid)

This Air Force newsletter is an authorized publication for members of the U.S. military services. Contents of the Seagull are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force. The editorial content is edited, prepared, and provided by the Public Affairs Office of the 102nd Intelligence Wing, Massachusetts Air National Guard, 156 Reilly St., Box 60, Otis ANGB, MA 02542-1330. All photos are National Guard photographs unless otherwise indicated.



Join us on Facebook at [facebook.com/102iw](https://facebook.com/102iw)



Watch us on YouTube at [youtube.com/102iw](https://youtube.com/102iw)



Follow us on Twitter at [twitter.com/102iw](https://twitter.com/102iw)

### 102ND IW PUBLIC AFFAIRS

156 Reilly Street, Box 60  
Otis ANGB, MA  
02542-1330  
508-968-4516  
DSN: 557-4516

# Words of Wisdom

Col. Virginia Doonan, 102nd Intelligence Wing Vice Commander



**A**fter reading last month's Seagull article from our Command Chief, Chief Master Sgt. Karen Cozza, it made me reflect on the different mentors I've had in my 29 years of service. Along every milestone in my career, I have had mentors for very different reasons. Sometimes I asked for them to help me, and sometimes they decided or were assigned to help me. My first mentor was an E-4 "Buck" Sergeant that trained me to be a 5-level in aircraft maintenance and taught me how to be an effective Airman at work. Later, Senior NCOs and Chiefs helped guide me as a young NCO in my development and what paths I went in my career. When I became a lieutenant, there were a number of chiefs and officers that gave me encouragement and wisdom on a path for my career. Now, I continue to have mentors at different levels of command and at the General Officer level. Some of my *best* mentors, were the Chief Master Sergeants that guided me as a young Lieutenant, Captain and Major. They supported me as I took the role of squadron commander and beyond.

One in particular was a former Command Chief of the 102nd, Chief Master Sgt. Roy Piver. He guided me both as an airman, NCO, officer and commander. His wisdom was ageless and "rank" less. Often times, the aircraft mechanics that worked for Chief Piver would ask what they needed to do to get promoted. Instead of answering a laundry list of "to-dos" to check off, he offered advice on how to conduct yourself instead. He called them "Undeniable truths of leadership" and they were ideas he found to be key in earning peoples respect and becoming an effective leader at any level. I'd like to share these with you. I've always tried to keep these words of wisdom in mind when leading others and look at his advice occasionally to remind myself of what's important. I hope you find them as inspiring as I do still today:

Take responsibility for everything in your purview. Be well informed and know what it is your subordinates do. Don't wait to be told. When you know you are right, go ahead and take action.

Tell the truth in every situation. Never tell a white lie for convenience. People must be able to trust you! Do not spin the truth! Your folks will know spin when they hear it.

Honor your commitments. Do what you say you are going to do, even when it is difficult or inconvenient.

Be consistent in your decision-making. Rationalizing a bad idea is trouble. Do not change your standards to fit the situation.

Correct or address problems immediately. Intervene immediately if you are present when something is going wrong. Others are waiting for you to take action, so take it. Do not be paralyzed by fear or indecision.

Never humiliate anyone when admonishing them. Making someone feel bad does not get lasting results. Use proper counseling techniques that will correct bad or unsatisfactory behavior.

Make sure people know what is expected of them. Do not be afraid to set standards, and more importantly, enforce the standards you set.

Never take advantage of your position as it relates to time off or any other perk. You don't have to explain to your subordinates when you have to leave work early in the day, but I guarantee you they know when you do.

Never enter into a personal relationship with a subordinate. Sooner or later, an unacceptable relationship will effect some decision you have to make, and will ultimately compromise any respect you may have earned.

Taking care of the troops is priority one. Always fight to get your people what they need in order for them to do their job correctly.

Give credit to your subordinates in every situation. It is they, not you that make things happen on a daily basis. If you get a great idea from one of your people, ensure that person gets the credit.

Share what you know. Keep your troops informed of everything. Resist the urge to filter information; never speak negatively about a policy or directive.

Try to be the same person every day. Try not to bring your personal baggage into the work place. We all want to work for someone who is even-tempered, stable and consistent.

Never speak ill of a subordinate or anyone else for that matter. The time for criticism is not in an open forum with the troops. This also applies to the organization you work for.

Give the subordinate the benefit of the doubt. No matter how awful it appears, wait to get both sides of the story. Things are seldom as bad as they first appear. It is difficult to say you're sorry to someone who is innocent of an indiscretion after you've "chewed them out." Always get all the facts first, as this will always benefit you in the long run.

# Director of the Air National Guard Visits Otis



Pictured above: Lt. Gen. Stanley Clarke, Col. Virginia Doonan, Col. Frank Magurn, Maj. Jonathan Hannon and Chief Master Sgt. Karen P. Cozza listen to a safety briefing before an aerial tour of Joint Base Cape Cod. (Air National Guard photo by Staff Sgt. Veuril McDavid)



Pictured above: Col. Virginia Doonan, 102nd Intelligence Wing, Vice Commander, conducted a mission brief about the 102nd IW with Lt. Gen. Stanley Clarke along with all Otis ANG unit commanders. (Air National Guard photo by Staff Sgt. Veuril McDavid)

Right: Lt. Gen. Stanley Clarke departs the Eagles Nest on Otis ANG Base. Lt. Gen. Stanley Clarke, Director of the Air National Guard, came to the base to visit 102nd Intelligence Wing. During his visit, Clarke learned about the wing's history, the future of the wing, toured the base and met with airmen. (Air National Guard photo by Staff Sgt. Veuril McDavid)



# I am an American Airman

by Tech. Sgt. Lindsey Sarah Watson-Kirwin,  
Massachusetts National Guard Public Affairs

Staff Sgt. Julia Massi is a Radio Frequency Transmissions Systems technician with the 253rd Cyber Engineering and Installation Group at Otis ANG Base and recently completed her training as a police officer for the Falmouth Police Department.

Massi enlisted in 2008 into the 267th Combat Communications Squadron where she stayed until 2013 before transferring to the 253rd CEIG. She deployed to Iraq in 2010 and Afghanistan in 2013. Both deployments were six months in duration.

“When I was in Iraq I was assigned to base communications,” said Massi. “I asked around and ended up working with Security Forces radio, AFM, and frequency management.”

After returning from Iraq, Massi started working for the Falmouth Police Department as a dispatcher. “I needed to find a job I could do with one hand after I injured my wrist in Iraq,” said Massi.

“While I was a dispatcher the midnight shift lieutenant started sending me on ride-alongs with my brother, a detective with the Falmouth Police Department, and I fell in love with it,” said Massi. Both her brother and the lieutenant encouraged her to take the civil service exam.

Massi began the process of becoming a police officer while deployed in Afghanistan. Col. Joseph Morrissey, 253rd CEIG Commander, facilitated her civil service test in his office.

“I took my civil service test in Afghanistan in Col. Morrissey’s office,” said Massi. “We actually ended up having a rocket attack during my test. Senior Master Sgt. Steven Voto, our first sergeant, ran in to see if we were moving to a bunker. Col. Morrissey asked if it was a timed test. It was, so I kept going and I passed with a 95 percent.”

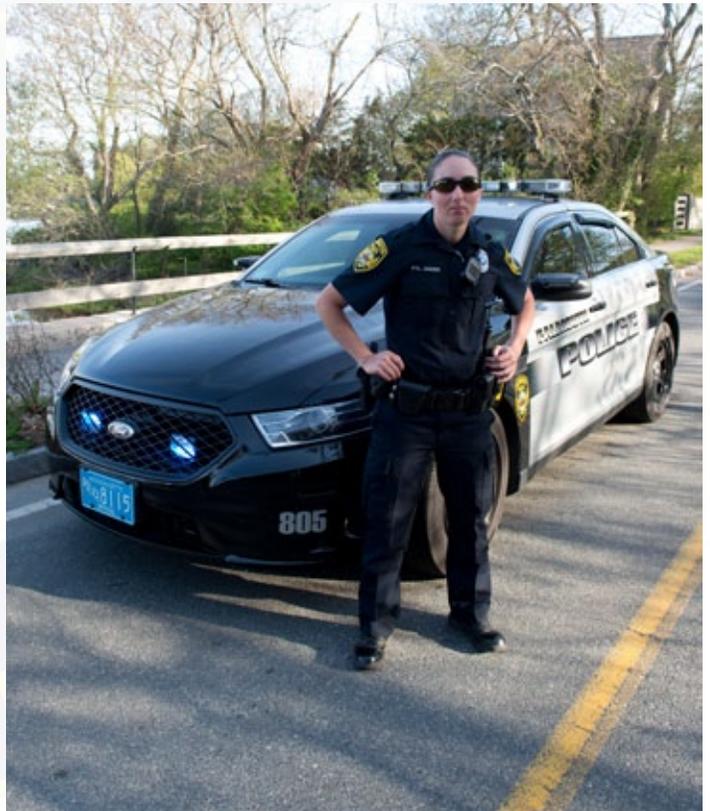
In addition to the civil service test, applicants also go through background investigations and interviews. The results of the civil service test are ranked. “Since I have disabled veteran status, it moved me higher in priority on

the hiring list for civil service,” said Massi.

Once an applicant is selected they receive a conditional letter of employment and then need to pass a fitness test, physical exam and psychological exam. The individual then waits for a police academy date. “The whole process from taking the test and starting the academy was more than a year,” said Massi.

Massi graduated from the police academy this February and completed her field training in April. Her first solo shift was May 2, midnight duty. “Where you learn the most after you graduate is when you go to your department and start your field training program,” said Massi.

“Col. Morrissey, Senior Master Sgt. Voto and my entire unit have been very supportive,” said Massi. “The police department is extremely supportive of the Guard as well. It has been a long and tedious process but it is worth it.”



Above: Staff Sgt. Julia Massi stands in front of her patrol car on one of her routes in Falmouth, Massachusetts. Massi is a Radio Frequency Transmissions Systems technician with the 253rd Cyber Engineering and Installation Group at Otis ANG Base (Air National Guard photo by Staff Sgt. Veuril McDavid)

# 102nd Intelligence Wing Blood Drive

Story and photos by Staff Sgt. Veuril McDavid, 102nd IW Public Affairs

The 102nd Intelligence Wing hosted a blood drive with the American Red Cross, May 2. The American Red Cross is the nation's largest blood collection organization, supplying approximately 40 percent of the blood and blood products used in our country. Blood donors play an integral role in the delivery of modern healthcare. Many lifesaving medical treatments and procedures involve blood transfusions. This would not be possible without a safe and reliable blood supply.

"Every two seconds someone in the U.S. needs blood, less than 38 percent can donate and only 8 percent do," said Suzanne Singer, Senior Business Development Manager for the Massachusetts Region of the American Red Cross.



Airman 1st Class Natasha Estrada and Airman 1st Class Jeffter Louzada give Senior Airman Andrew Barroso some pamphlets to read over before going through the blood donation process.

Donating blood is a safe process. Blood donation is a simple four-step process: registration, mini-physical, donation and refreshments. Every blood donor is given a mini-physical, checking the donor's temperature, blood pressure, pulse and hemoglobin to ensure it is safe for the donor to give blood. A needle is used once for each donor and then discarded. The actual blood donation typically takes less than 10-12 minutes.

"The need for blood is always constant and the reason I like donating to the American Red Cross is because they support the military and the blood goes wherever it is needed in the world," said Col. Virginia Doonan, Vice Commander, 102nd Intelligence Wing.

One donation of blood can help save the lives of up to three people. The Red Cross makes blood available to

any patient who needs it. Patients are not required to find donors to replace the blood they use letting the patient and their family focus on recovery.

"It's important for people to come and donate because it's giving back the community," said Airman 1st Class Natasha Estrada, 102nd Medical Group. "It's helping people who need blood and if one day you need blood you would like someone to donate for you."

There are currently no substitutions for blood.

Blood cannot be manufactured; it can only come from donors. Contributions will help ensure blood is on the shelf when needed. Donating blood is a simple thing to do, but can make a big difference in the lives of others.

"You should not be afraid to give blood," said Doonan. "It's like getting an immunization; it's quick and the benefits far out weigh any pain."

"We plan on continuing to support the American Red Cross on Joint Base Cape Cod," said Doonan. "Participation has been low and I would like to see it increase when we do this again."

For more information or if you would like to donate you can find it at [www.redcrossblood.org](http://www.redcrossblood.org).



Col. Virginia Doonan, Vice Commander, 102nd Intelligence Wing lies down on a table to give blood at 102nd IW blood drive.



Members of the 102nd Intelligence Wing give blood at blood drive with the American Red Cross

# Chapel Call

Chaplain (Lt. Col.) Mark Schaarschmidt



Recently, a Chaplain with many years experience in the military exhorted Chaplains and Chaplain Assistants in class to “keep smiling.” Sometimes I don’t feel like smiling. Smile? Why, I ask? There is too much stress and worry in the world. Yet I get his point and it is a point well taken. Smiling is coupled with acts of mercy, which can be defined as “not getting what we deserve.” Smiling is merciful and consoling, uplifting and empathetic. Smiling gives the impression that one is filled with the love of life and appreciates the things one has even though unmerited.

We all make sacrifices when we wear the military uniform. Gifts of helping and healing are therefore essential to the military families’ care. Smiling in supportive ways is a byproduct of helping and healing gifts.

WNPR recently aired a news story about the military’s mortuary at Dover Air Force Base. The mortuary cares for the fallen heroes whose lives were lost for the sake of our nation’s freedom and security. In 2009, President Barak Obama opened the mortuary to families who would be able to grieve and receive consolation from their extended military family on base. We see firsthand the results of war and the justice that is meted out. We all sense the pains of justice when it is felt by those families who also “sacrificed”

their loved ones for the cause of freedom. Even those not directly affected are in need of a caring smile and consolation.

The word “console” can be understood with different but parallel meanings. According to Webster’s dictionary, a “console” houses either a stereo or some other electronic equipment and usually stores items used with the equipment. It serves as a container and safeguards your equipment like a shelter and protector. To console also means to comfort someone, to shelter someone from a crisis or tragedy. Webster’s dictionary informs us that the act of consoling makes people feel less sad or disappointed.

During this time of giving honor to our fallen veterans, we also reflect on the “holding container” that envelopes loved ones of veterans. In my tradition, the gifts of healing and helping remind us of our relation to the Higher Source of all goodness. Keeping that in mind, we are “living sacrifices” who have not “died” emotionally or spiritually with our fallen heroes, but perform acts of mercy with cheerfulness.

## UTA WORSHIP TIMES AND RELIGIOUS SERVICES

### **Roman Catholic Mass:**

**0900 Sunday** at the Joint Base Cape Cod Chapel, South Inner Road (just outside the I-Gate)

### **Contemporary Christian Worship:**

**1130 Saturday**, Building 158, 3rd Floor

### **Interdenominational Christian Worship:**

**0900 Sunday** at the 253d CEIG, Building 330

*Contact the Chaplain’s Office for information on other faith groups or other times of worship (968-4508)*

# McGrady Retirement and Legacy

Story and photos by Senior Airman Thomas Swanson, 102nd IW Public Affairs

During the May 2015 Unit Training Assembly, Lt. Col. Joseph "Rosie" McGrady retired as the Master Air Attack Planning Team Chief for the 102nd Air Operations Group of the Massachusetts Air National Guard. At the retirement ceremony, members of the 102nd Intelligence Wing and friends joined the McGrady family in celebrating his illustrious military career.

Of particular note, the McGrady family has an on going legacy of service at Otis Air National Guard Base that spans 63 years and counting.

Lt. Col McGrady follows in the footsteps of his father, retired Col. Joseph McGrady Sr. who was a member of the 102nd Fighter Wing from 1952 to 1993.

The McGrady legacy in the 102nd Intelligence Wing continues at Otis Air National Guard Base. Lt. Col. McGrady joined the wing in 1990 and his brother Lt. Col. Jim McGrady is currently serving in the 102nd Air Operations Group.



# 12 Things Happy People Do Differently

Ms. Jill Garvin, Director of Psychological Health



First I want to acknowledge all the loss, changes and difficulties the wing has faced recently. Many of you do not feel “happiness” right now. There are some things however, that we can practice to help us in time of sadness or to keep in mind for the future. I encourage all of you to lean on each other, build support systems, and to remember myself, the Chaplains office and Family Readiness.

Speaking of support systems, each month I am going to highlight a local agency or resource to share with all of you. Please see at the bottom!

1. Express Gratitude. When you appreciate what you have, what you have appreciate in value. If we aren't thankful for what we already have, we will have a hard time being happy.

2. Cultivate Optimism. People who think optimistically see the world as a place filled with endless opportunities, especially in trying times.

3. Avoid Comparisons.

Comparing yourself to someone else can be poisonous. The only person you should compare yourself to is yourself before now.

4. Practice Kindness. Selflessly helping someone is a super-powerful way to feel good inside.

5. Build Relationships. The happiest people on the planet are the ones who have deep, meaningful relationships with others.

6. Develop and Use Strategies for Coping. It helps to have healthy strategies for coping pre-rehearsed, on call, and in your arsenal for use when things get rough.

7. Learn to Forgive. Harboring feelings of hatred is destructive to your well-being. I like the cliché that when we hold on to hate and resentment, it's like drinking poison ourselves.

8. Increase Flow Experiences. Flow is a state in which time seems to stand still. Flow occurs when you are focused on what you're doing that you become one with the task. During these times, you permit nothing to distract you or to compete for your attention.

9. Savor Life's Joys. Deep happiness cannot exist or survive without slowing down to enjoy the joy of living.

10. Commit to Goals. Magical things start happening when you commit yourself to doing whatever it takes to get somewhere.

11. Practice Spirituality. When you practice spirituality, you recognize that life is bigger than any of us as individuals.

12. Care for Your Body. Your body is the only one you're ever going to have. Taking care of it is crucial the achieving happiness.

## \*Agency Highlight:

Cranberry Hospice & Palliative Care and Hope Floats Healing and Wellness Center

There are 16 plus groups for children and adults. There are groups for losing a parent, spouse, child, suicide loss, friends and families of the bereaved and grief workshops, retreats and healing groups. They have several centers located around Plymouth, Marshfield and Kingston. Services are FREE of charge. Visit their website at [www.hopefloatswellness.com](http://www.hopefloatswellness.com)



# First Sergeant's Corner

Senior Master Sgt. Vincent Amatucci; First Sergeant, 102nd Intelligence Wing

**F**eedback. What is feedback? Most Airmen remember the Performance Feedback System and we all have heard about the Airmen Comprehensive Assessment (ACA) implemented throughout the Air Force. But is that the only feedback that should be happening? As Chief Master Sgt. of the Air Force James A. Cody states, "We all need feedback and we need it often...it enables us to accomplish great things for our nation, as individuals and as a team."

As a First Sergeant, I constantly reach out to Airmen and talk to them. I ask them about all parts of their life, military, civilian employment, school and family. I implore all supervisors to do the same. Get to know your people! At a minimum during your monthly meetings, talk with your Airmen face-to-face and discuss the latest topics. Take time during the weekend drill to sit with Airmen and just ask the simplest question, such as "how is everything going?"



Chief Master Sgt. of the Air Force Cody stated, "Supervisors must take the time to sit down with Airmen and have that conversation. It is a responsibility." Good supervisors know their people. They know what's important to them, their goals and aspirations. By knowing them you can support them, understand them and appreciate them. We as leaders must respect all Airmen and understand and appreciate what they bring to our team.

All Airmen must be open to seek

feedback. It does not always need to be a formal feedback session. It can be just a quick talk, one on one. As professionals we must take the time to understand our strengths and weaknesses. Remember that feedback is a two way conversation. Make sure to ask your own questions to include: How am I doing? What can I do better? And, then understand the answers and take action. We must be honest and open to constructive criticism. Ensure you have short term and long term career goals. Your goals should be attainable and not too far reaching.

Over the June Annual Training week, both supervisors and subordinates should try and find the time to talk. We must take the time necessary to appreciate and care for each other. As team members of the greatest Air Force in the world, let's get together to understand each other and make our team even better!!!

## Is Your Family Accountable?

by Senior Airman Thomas Swanson, 102nd IW Public Affairs

As members of the National Guard community it is vital that we are able to verify our location and status in the event of an emergency.

The Air Force utilizes the Air Force Personnel Accountability and Assessment System to account for the safety of the Air Force Total Force, including all active duty, select reserve, civilian employees, Air Force contractors (outside the U.S.), and their family members.

The AFPAAS contains critical emergency contact information and provides the Total Force the ability to request needed assistance, or report safety, using smartphone technology.

It is important that members access the AFPAAS system at least annually to verify that the contact information on file is accurate and current.

Additionally, Total Force family members need to be familiar with the AFPAAS system to make sure they know how to report their status in the event that the member is not available to report on their behalf.

You can verify your profile information and learn more by logging on to the AFPAAS website at <https://afpaas.af.mil>. The Air Force Personnel Readiness Cell can also be reached at 1 (800) 435-9941.

# Base Honor Guard Vacancy

The 102nd Base Honor Guard announces a full-time 179 day, Title 10, Honor Guard Tour.

Tours will have a 90 day trial period to critique training, evaluation, and performance. Each tour is limited to a total of 1095 days. If selected, the member is required to end Title 10 orders, attend Annual Training and all UTA weekends, and maintain proficiency in their Primary AFSC.

Applicants must have experience and preferably be a graduate of the USAF Honor Guard School. Regular participation with the Base Honor Guard Team is a plus. Applicants must submit a completed application to Senior Master Sgt. Macdonald, 102 FSS, by COB June 7, 2015.

Applications will include: RIP from VMPF, last five EPRs (if applicable), fitness history (minimum score 90% or better on current test), letters of recommendation from a Chief Enlisted Manager and one from the applicants choice, a targeted resume, AF 422a indicating applicants ability to lift 40lbs, and a 50 word (or less) essay on why the applicant would like to be selected for an Honor Guard position.

All members hired full-time are considered ARC Augmentees for the Active Duty Patriot Honor Guard. Final approval hiring rests with the Patriot Honor Superintendent at Hanscom AFB.



## Bob Guay

Bob Guay, of the 102nd Civil Engineering Squadron, died May 17 after a courageous seven-month battle with cancer. Guay served as a Federal Civilian employee for the Massachusetts Air National Guard for many years. Though not a uniformed service member, Guay was a devoted member of the Air National Guard family and his community. He served the commonwealth of Massachusetts and the nation with great skill, devotion and duty to his 102nd family. He was married for 11 years to Kelly E. (Fernandes) Guay. In addition to his wife, he leaves his children, Joan Frances Guay, Hanna Elizabeth Guay, Brody Robert Guay and Maddox David Guay; his parents, Robert and Donna (Perry) Guay of Taunton; his sister, Lea (Guay) Batson of Windham, New Hampshire; one niece; one nephew; and extended family.



## The Mayflower II

photos by Staff Sgt. Veuril McDavid, 102nd IW Public Affairs

The Mayflower II, a replica of the Mayflower, is at sea heading back to Plymouth for the summer. The Mayflower II first launched in 1957 and has been undergoing renovations at Mystic Seaport in Connecticut since December.



# Announcements

---

1



## Growing Healthy Military Families

June 5th Register Now! Joint Base Cape Cod. Time: 9:00am to 1:30pm; register for a timeslot  
Registration required: Click here to register. <http://www.operationhomefront.net/event/list?Id=3560>

Living on a diet budget doesn't have to mean forsaking healthy foods. Let Operation Homefront help you and your family save money on fresh fruits and vegetables while keeping costs low. Our new program Growing Healthy Military Family offers a seminar on healthy eating and budgeting, a workshop to teach you how to grow your own food, and a free basket full of healthy meal items that you can eat right away.

2



## The Massachusetts Tuition and Fees Reimbursement

Eligibility for the Massachusetts Tuition and Fees Reimbursement Certificate for State schools is determined by your status as a member of the 102nd Intelligence Wing. Members are eligible for the benefit the day they enlist or appoint with the Massachusetts Air National Guard. The benefit may be used at any point during your membership with the 102nd IW. Contact Senior Master Sgt. Shvonski for more information at [douglas.j.shvonski.mil@mail.mil](mailto:douglas.j.shvonski.mil@mail.mil) or 508-968-4189

3



## New Government Travel Credit Card

Please see the link below concerning the rollout of the new Citibank issued government travel cards with the new chip and pin technology. All GTC cardholders should verify their home address on record with Citibank to ensure they receive their card. Roll out of the new cards will start in January and finish by October. More information [HERE](#).

4



## Basic Motorcycle Riders Course

Motorcycle Safety Training is required for all military and civilian personnel who operate a motorcycle on military installations. DoD and Air Force policy can be satisfied by successfully completing an Motorcycle Safety Foundation approved Basic Rider Course. Tuition is free and motorcycles are provided for the training. Contact the Base Safety Office at 508-968-4007 to sign up!

5



## Airman's Comprehensive Assessments

The new Airman's Comprehensive Assessments (ACA) Feedback and Enlisted Performance Evaluation (EPR) Forms and information are now available on the S:/ drive in the 'ACA Feedback\_EPR Info' folder.

**OCAC Scholarship 2015 and Youth Opportunities** - for information check out the 'Scholarships' folder on the S:/ drive

## SEAGULL IDEAS?

Do you have an idea for a *Seagull* article? Is your unit or shop doing something impressive? Is there something on base you don't think gets enough attention? Or do you simply have an announcement? Stories and ideas are always welcome. Email us at [102iw.pa@ang.af.mil](mailto:102iw.pa@ang.af.mil) (Please limit articles to 500 words.)

**The next *Seagull* deadline is MONDAY, August 10, 2015**

# IF YOU SEE SOMETHING... ...SAY SOMETHING



## What is Suspicious Activity?

### Surveillance...

Someone recording or monitoring activities. This may include the use of cameras (either still or video), note taking, drawing diagrams, annotating on maps or using binoculars or other vision-enhancing devices.

### Elicitation...

People or organizations attempting to gain information about military operations, capabilities, or people. Elicitation attempts may be made by mail, fax, telephone, or in person.

### Tests of security...

Any attempts to measure reaction times to security breaches or to penetrate physical security barriers or procedures in order to assess strengths and weaknesses.

### Acquiring supplies...

Purchasing or stealing explosives, weapons, ammunition, detonators, timers, etc. Also includes acquiring military uniforms, decals, flight manuals, passes or badges (or the equipment to manufacture such items) or any other controlled items.

### SUSPICIOUS PERSON OUT OF PLACE...

People who don't seem to belong in the workplace, neighborhood, business establishment, or anywhere else. Includes suspicious border crossings and stowaways aboard ship or people jumping ship in port.

### Dry run ...

Putting people into position and moving them around according to their plan without actually committing the terrorist act. This is especially true when planning a kidnapping, but it can also pertain to bombings. An element of this activity could also include mapping out routes and determining the timing of traffic lights and flow.

### Deploying assets:

People and supplies getting into position to commit the act.

***This is a person's last chance to alert authorities before the terrorist act occurs.***



U.S. AIR FORCE  
**EagleEyes**

WATCH.REPORT.PROTECT.

## WHO SHOULD I CALL??



102<sup>ND</sup> SFS

(508) 968-4879