



VOLUME 26 | NUMBER 4

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SEAGULL IDEAS?

Do you have an idea for a Seagull article? Would you like to be the subject of a story? Exercises, deployments and other operational information is always welcome. Let us know what is going on in your organization. (Please limit articles to 500 words.)

The June Seagull deadline is Saturday, April 30, 2011.

ON THE COVER >>



Colonel Richard Sweeten, 102nd Air Operations Group commander, holds the "Commander's Cup" trophy with pride after the AOG competed against the other groups in the 102nd Intelligence Wing in a variety of sporting events, April 2, and won first place. (U.S. Air Force Photo by Tech. Sgt. Kerri Cole)

UPCOMING UTAs >>

Unit Training Assembly duty hours are 7 a.m. to 3:30 p.m.

APRIL 2011								
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MAY 2011								
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JUNE 2011								
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FROM THE DESK OF THE 102nd Intelligence Group COMMANDER



By Col. James LeFavor

DEPARTMENT OF THE AIR FORCE
102D INTELLIGENCE WING (ACC)
MASSACHUSETTS AIR NATIONAL GUARD
OTIS AIR NATIONAL GUARD BASE MASSACHUSETTS

Stressing over OPStempo

Remember the term "Deployed in Garrison"? This term applies to Distributed Common Ground System (DCGS) operations and how the Distributed Ground System (DGS) units will be mobilized "in-place" for home-station reach-back operations. It is a wonderfully deceptive term that might lead folks to believe they are off the hook for actual deployments. I've tried to emphasize to our recruiters and new recruits that this notion is fraught with bad assumptions. In no way, shape, or form is anyone "protected" from deployment. By joining the Air Force, you freely give up any such protection. It is the nature of the business.

In the 102nd, we have been conducting home-station reachback operations for a little more than 1-year now. The number and frequency of off-station deployments have been steadily rising. The 102nd, as a Wing, has continued with its steadfast schedule of deployments for units such as civil engineering, medical, and security forces. Being under an Air and Space Expeditionary Force (AEF) construct, these units have a more-or-less predictable deployment process. They know their AEF vulnerability, or "bucket," The intelligence career field, however, is not under any such AEF cycle; something the National Guard Bureau (NGB) has been trying to correct for years. There also is no such thing as an intelligence deployment via the Unit Type Code (UTC) process. We have yet to see a UTC used at all. Basically, Intel has been tasked on short notice and by individual. For example, last year, with almost no advanced warning, I was tasked over the phone to provide six names for a 1 year overseas deployment...in 5 minutes! My response was, "can you give me 10?" Fortunately we had done some contingency preparation and could provide names on short notice, but this is a 100 percent true example of how dysfunctional and stressful the deployment process has

Currently, the Intel Group has 20 percent of its total qualified analysts deployed, with the remaining 80 percent conducting our daily DGS mission here at Otis. This ratio of 80/20 already exceeds our Major Command (MAJCOM) goal of not more than 85/15 for steady state operations. With the forecast of new taskings for this year, our ratio is expected to grow, sending more and more of our folks down range for long periods of time. So be it. We get it and are not balking. The issue I want to address here is the stress that has and will come with short notice, pop-up, deployment taskings.

Stress is a good thing. Stress makes you do things, by a deadline, which you'd prefer not to -- such as writing an article for a magazine. Stress can force you to focus and perform a difficult task better. Too much stress, however, can wear you out and lead to further complications. Management of this stress is the key. This year some of you will be faced with long periods away from home in a less-than-garden-spot. How do you and your family cope? Manage the stress. Don't let it

develop into distress. Three techniques to assist you are: (1) avoid the (unnecessary) stress; (2) alter the stress; and (3) adapt to or accept the stress.

Some stress is always needed and one should never try to evade everything stressful. Avoiding the situations that cause unnecessary or overwhelming stress is important. Reassess your daily "to-do" list and pare it down to only the "must-do". Avoid people or situations that cause you stress. Drive in to work earlier to avoid the traffic if it's the traffic that sets you off. Know your own limitations and be prepared to say "no" if accepting added responsibilities will break you. I am prepared to say "stand-by" in response to another "names in 5 minutes" scenario.

Altering the stress means figuring out a different way to handle the situation. If you can't make the deadline, offer a reasonable compromise. If someone is needlessly adding to your stress, be assertive and tell them to stop. Don't be afraid to express your displeasure at the stressor, in a respectful way, vice letting it bottle up.

Adapting to the stress means just not letting it get to you. Try to look at the positive or the big picture. Sure you may be away for a long time, but think of the extra money you'll save, good shape you'll be in, and breadth of life experience you'd have never gotten anywhere else. The stories you can tell --now you have your very own war stories. Embracing the stress is one of the most effective ways of dealing with it. "Can't change it, so deal with it" attitude will go a long way. The six folks mentioned earlier are embracing it right now. They recently sent me an e-mail saying, "we love it here!" So it must all be good.

Finally, take the time to take your mind off the stress. Find a technique that works. Great advice from an old Squadron Commander of mine while I was tensed up flying finger-tip formation was to "wiggle your toes". The simple act of forcing my entirely too tense body to physically focus on and move my toes, actually loosened up every muscle. Find some methods for yourself. Exercise, meditation, music and laughter are all proven healthy methods. Don't forget to do something you enjoy every day. It will give you something to look forward to, some hope for a break.

As we surely will be asked/tasked to do more this year, remember to control and manage your stress level. Don't forget there are many places to turn to if your stress level surpasses your coping ability.



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AMERICAN RED CROSS HONORS LOCAL HEROES

Courtesy of the American Red Cross, Cape Cod and Islands Chapter



On Aug. 4, 2010, (pictured left to right) Col. Richard Crivello, Lt. Col. Stephen Demianczyk, Col. Christopher Faux and Col. Timothy Mullen distinguished themselves while acting as a first responder team in reaction to a serious automobile accident on Route 25. Despite entering a dangerous accident scene and without regard for their own personal safety, the colonels stopped their vehicles in the middle lane of the highway to provide protection for the three accident victims from oncoming traffic. The Guardsmen provided emergency medical care to the victims resulting in two lives being saved as a direct result of their actions, while another member directed traffic away from the three accident victims. Their selfless actions during this singularly meritorious act of heroism and exemplary display of command leadership reflects great credit upon themselves and the Massachusetts National Guard.

The American Red Cross, Cape Cod and Islands Chapter honored 22 local Heroes at its 9th Annual Heroes Breakfast at the Resort & Conference Center in Hyannis on March 31, 2011. The awards were presented by the event's Honorary Chair, Richard Brothers, as well as other community members.

Almost 500 friends, family members and other supporters in the community attended the breakfast. Dan Merritt of Barnstable High School sang the National Anthem, accompanied by the Honor Guard of the Barnstable County Sheriff's office and Reverend Bill Barker playing the bag pipes. Master of Ceremonies Peter Meyer introduced the presenters made up of representatives from the breakfast sponsors. Video support was provided by Cape Cod Community Media Center as well as other media support by Cape Cod Broadcasting and the Cape Cod Times.

The following Massachusetts National Guardsmen received their 2010 Red Cross Heroes Awards in the 'Military Good Samaritan' category at the 9th Annual Heroes Breakfast: Col. Richard Crivello, Col. Chris Faux, Col. Timothy Mullen, Lt. Col. Stephen Demianczyk, Master Sgt. Joseph Corsaro and Airman 1st Class Michael Albert.

To nominate someone for acts performed in 2011, to be honored at the 10th Annual Heroes Breakfast on March 30, 2012, please contact the American Red Cross, Cape Cod Islands Chapter, 286 South Street, Hyannis, MA 02601, call (508) 775-1540 or visit www.cciredcross.org.

WING WINS COMBINED FEDERAL CAMPAIGN SILVER AWARD

by Senior Airman Jeremy C. Bowcock 102nd Intelligence Wing Public Affairs

The 102nd Intelligence Wing received the Silver Award for their contributions to the Combined Federal Campaign (CFC) for 2010. The award was presented March 23 after members donated more than \$24,000.

The CFC Awards Program's purpose is to recognize federal government organizations that make exceptional contributions to the CFC program. The Silver Award is given to organizations that have either 30 percent participation or meets the average donation of \$255.

The mission of the CFC is to promote and support philanthropy through a program that is employee focused, costeffective, and effective in providing all federal employees the opportunity to improve the quality of life for all.

The CFC is the world's largest annual workplace charity campaign with more than 200 CFC campaigns throughout the country and internationally to help raise millions of dollars each year. Pledges support non-profit organizations that provide health and human services throughout the world.







Captain Kristen Moulis

Military background:

Capt. Kristen Moulis is assigned to the 102nd Air Operations Group as the commander's executive officer. She was active duty for a number of years and during that time she was stationed at McGuire AFB,

N.J. and Hurlburt Field, Fla.

Background: Capt. Moulis is originally from Danbury, Conn. She is married to an active duty Air Force member and she joined the Air National Guard because she wanted to slow down the hectic pace

that came with both she and her husband being on active duty.

Hobbies: In her free time Capt. Moulis is an avid skier and also enjoys working out and staying fit.

Favorite Book: Her favorite book is "The Shawshank Redemption" by Stephen King.

Ideal Vacation: Capt. Moulis' ideal vacation would involve taking a month or two off and traveling around Europe with her husband.

If you would like to nominate a 102nd Intelligence Wing member for the monthly "Airman in the Spotlight" feature, contact Capt. Evan Lagasse at (508) 968-4003 or e-mail evan.lagasse@ang.af.mil.

FINANCE CORNER

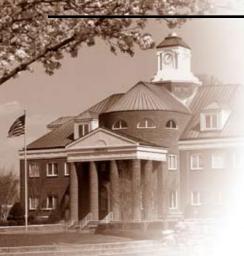
The Citi Bank Controlled Spend Account is coming soon

You will soon receive a new Controlled Spend Account (CSA) Card. This card will be used for ALL travel expenses (TDY, PCS, Deployment, etc.) and will provide higher levels of security and acceptance at more global merchants than your current Government Travel Charge Card (GTC). The Controlled Spend Account is a unique travel card fueled by the power of mission-driven spend limits and streamlined reconciliation. The goal — to provide you with precision tools to successfully complete your mission.

- Mission-Driven Spend Limits Upon receiving approved travel orders, the spend limit on your Controlled Spend Account will adjust automatically to cover the estimated cost of your mission.
- Improved Security Your card will only have a value when you are assigned a mission. When there are no travel needs, the card has no value protecting you from the threat of unauthorized card use when not traveling.
- Easier Reconciliation Once you have completed your mission, simply submit a voucher for processing. The Total Trip Reimbursement (TTR) will be applied to your CSA account. Any residual funds from your trip will be made available to you to be used as desired.

• Increased Merchant Acceptance Your Controlled Spend Account is accepted at over 30 million merchant locations worldwide so travelers can use it for all official travel expenses or to spend residual funds after the trip is complete. The CSA is open for use at virtually every type of merchant. This expanded acceptance enables use of the card for all types of travel to include PCS and spending of any residual funds.





Airmen to do the same.

LEADING THE WAY THROUGH HIGHER EDUCATION

By Senior Airman Jeremy Bowcock 102nd Intelligence Wing Public Affairs

Two members of the 102nd Intelligence Wing recently earned master's degrees and they highly encourage their fellow

"Continue to improve yourself. You'll do your job better, you'll be happier, and you never know what doors may open for you," said Col. Anthony Schiavi, 102nd Intelligence Wing commander, during an April 3 interview.

Colonel Schiavi and Capt. Jennifer O'Connell, 102nd Logistics Readiness Squadron commander, recently earned master's degrees after countless hours of hard work and unceasing dedication.

Colonel Schiavi received his Master's of Business Administration from City University through their Distance Learning program while Captain O'Connell received her Master's degree in Quality Systems Management via National Graduate School's online program.

Whether it takes one year or one decade, earning a college degree is a worthwhile endeavor that increases the graduate's marketability.

With a struggling economy and the unemployment rate constantly a hot topic in the news, having a degree is more important than ever. Employers are flooded with job applications and an applicant's education level is an easy criteria for a hiring agency to use to shorten the list of eligible candidates.

"Many people are looking for employment out there and it's going to be the person with the best resume who is offered the job," said Col. Schiavi.

For those who are already employed full-time, going to school in addition to working requires planning but it can be done.

"Time management is key but it is a discipline we have all learned through our military training," said Col. Schiavi.

According to Master Sgt. David Rogissart of the 102nd Intelligence Wing Retention Office, "Education benefits are one of the main reasons why people enlist in the Air National Guard. However, many Airmen are unaware of all the education benefits available to them."

One of the newest changes to the Post 9/11 GI Bill is an inclusion of Active Guard Reserve time for eligibility. This addition is scheduled to take effect Aug. 1, 2011 with a retroactive date of Aug. 1, 2009.

For more information about education benefits visit http://gibill.va.gov or call Master Sgt. David Rogissart at 508-968-4077.





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AIRMEN RECOGNIZED BY THE ADJUTANT GENERAL

By Tech. Sgt. Kerri Cole 102nd Intelligence Wing Public Affairs





The Adjutant General, Massachusetts National Guard, Maj. Gen. Joseph C. Carter, held an awards ceremony at Otis ANGB for several 102nd Intelligence Wing Airmen, March 30.

The 102nd IW Public Affairs office received numerous awards from the National Guard Media contest for outstanding Public Affairs products. The Public Affairs team won second place for the Seagull magazine in the Magazine Format category. An individual award went to Master Sgt. Sandra Niedzwiecki who won first place in the Television Newsbreak and Outstanding New Broadcaster of the Year categories. Master Sgt. Aaron Smith was awarded first place in the Art/Graphics in Support of a Publication category. Also, Tech. Sgt. Kerri Cole was awarded first place in the DoD-level Publication Design category for her design of the Massachusetts Air National Guard Recruiters Magazine.

Three Airmen were also awarded the Massachusetts Military Medal for their selfless actions while assisting victims of a car accident on Route 25 while one Airman received the Massachusetts Humanitarian Service Medal for assisting victims of an on-base rollover vehicle accident. Their selfless actions reflect great credit upon themselves and the Massachusetts National Guard.

Above: (left to right) Maj. Gen. Joseph C. Carter, Capt. Evan Lagasse, Master Sgt. Sandra Niedzwieck, Master Sgt. Aaron Smith, Tech. Sgt. Kerri Cole, Tech. Sgt. Andrew Reitano.Below: Maj. Gen. Joseph C. Carter, Col. Timothy Mullen, Col. Christopher Faux, Lt. Col. Stephen Demianczyk. (U.S. Air Force Photos by Maj. Nicole A. Ivers)

102ND AIR OPERATIONS GROUP ACHIEVES INITIAL OPERATIONAL CAPABILITY

By Capt. Kristen Moulis 102nd Air Operations Group Executive Officer

On April 1, the 102nd Air Operations Group reached Initial Operational Capability (IOC). The designation of IOC indicates the unit is qualified and ready to execute specific missions. It also signifies the completion of the 2005 BRAC mandated unit conversion from the Homeland Defense and National Air Sovereignty Alert mission flying F-15 Eagles to Air and Space Operations Center (AOC) augmentation and integration, specializing in the command and control (C2) of Global Strike assets for U.S. Strategic Command (USSTRATCOM).

"In reality we have been operationally supporting USSTRATCOM for over a year now. While this means IOC is mostly symbolic, it is still a major milestone," said Col. Richard Sweeten, 102nd Air Operations Group commander. "We will be expected to 'step up' if required to support an AOC (Air and Space Operations Center) anywhere in the world. Most of our efforts will continue to be related to the Global Strike mission and supporting USSTRATCOM's AOC at the 608th (Barksdale AFB, La.) but we need to assume a 'mission ready' mentality in all that we do."

While the unit's primary federal mission is to provide trained C2 warfighters worldwide to any AOC, the 102nd AOG is functionally aligned with the 608th AOC, a functional AOC specializing in global effects. The 608th is the first AOC in the Air Force to conduct real-time distributed C2 operations with an Air National Guard unit. The 102nd AOG's role is to augment the Airmen at the 608th AOC and to share the operational workload.

Together the 608th AOC and the 102nd AOG plan and monitor missions that involve strategic assets that are too specialized to be released to a specific theater of operations.

Since its inception nearly two and a half years ago, the Air Operations Group has proven that it has the capability, talent, and capacity to meet the requirements of its new mission. During this time, the unit transformed the BRAC concept of AOC augmentation into integration and created the distributed operations concept, whereby, 102nd personnel at Otis ANGB seamlessly integrate daily with their counterparts at the 608th at Barksdale AFB. This cutting edge concept is now the model for Guard/active duty AOCs to follow.

In addition to strategic effects operations, the unit also provides augmentation for a 24/7/365 Battle Watch mission. The Battle Watch executes the daily Integrated Tasking Order and maintains situational awareness at the strategic level on all world events, while simultaneously maintaining a global operational picture tracking friendly/enemy orders of battle and performing C2 for global deterrence missions.

Reaching IOC signifies the Group's ability to perform critical and significant elements of its mission.

"We continue to expand our capability with the new training systems and integrated operations with the 608th AOC," said Col. Sweeten. "The 102nd AOG is seen by all as a critical piece to the Global Strike planning and execution mission."

MAINTAINING OPSEC IN A SOCIAL NETWORKING-CENTRIC SOCIETY

Courtesy of the 101st Intelligence Squadron

Today's fast-paced world requires us to communicate on the move. We are forced to connect with family, friends, and colleagues via many high-tech methods. One of the foremost ways is through social networking sites such as Facebook. The access and use of some of these sites has recently been granted on DoD computers, allowing us to connect with the outside world while at work. Some may view this as increased freedom, but it can also lead to dangerous situations. Here are four helpful tips to keep you and those around you safe and secure.

First and most obvious, always keep personal information private. Never post your Social Security number, address, phone number or financial information, and never post other people's personal information. Limit the amount of information that could be used to identify you or your physical location. Always consider what effects the information you are posting could have on you, your family, or co-workers.

Second, never assume information is meaningless or a Web site is secure. Information, no matter how trivial, may be compiled by identity thieves or enemies for future use. Things like your mother's maiden name, your first car, or your pets names are often the answer to security questions for credit cards or Web sites. Always assume more people will see your information than you intend; just because you think your profile is hidden or locked does not mean that a skilled hacker can't get to it. Always learn the rules by reading the user agreement for the social networking sites you use, specifically what privacy and safety features are available and how to adjust them.

Third, reconsider posting photographs online. Not only does this give away private information, including

GPS information in some cases, additionally others can alter your picture and/or broadcast it in ways you may not want or expect. The rule of thumb you should use is; once you post information, especially photos online, you can't take it back. Even if you delete the information from a site, Web sites continue to store deleted information and once someone has downloaded the photo it will exist on their computer.

Fourth, use common sense when updating your status. Don't tell the world you're going away for the weekend or on a deployment for 180 days. It invites anyone who can see that update to take advantage of the fact that your house is empty for that period of time, or worse, your spouse and kids are home alone. Females especially should think before they post addresses along with a "single" status. You may be creating unnecessary security risks even if you think only your close friends and family members are viewing your personal information.

As citizen-Airmen, we and our family members must be especially mindful of operational security (OPSEC) when posting information about deployments, deployment locations or unit movements. Make no mistake, there are people looking for that information who want to gather it for one sole purpose; to harm you and your family. We are entrusted with the lives of all the Soldiers, Sailors, Airmen, Marines and Coast Guardsmen we will be deployed with; not just our own.

Please use social networking sites with caution and vigilance. Sharing information with friends and family is a must in this day and age. Remember, the safety and well being of your loved ones and those servicemembers downrange is your responsibility. Think before you post.

SPEED MENTORING COMES TO THE 102ND

By Master Sgt. Timothy Domer 102nd Human Resources Advisor

So what is Speed Mentoring (SM)? If you've heard of speed dating, dozens of people looking for the right match, cycling through fixed three-minute conversations to quickly sort out prospective future romantic interests from potential romantic "duds", you're on the right track. Now think rather than meeting a potential future spouse, you are meeting future potential mentors and protégés, allies and sources of information to help you make the most of your career in the military.

Modeled after speed dating, SM is a relatively new concept that focuses on quick-hit information, timeefficient networking and the methodical pursuit of a mentor. Here is how it will work. For the inaugural SM event, we are targeting 20 mentors and 20 protégés. At the beginning of the event, all participants will be briefed on tips to keep the conversations moving quickly. Each of the 20 protégés will have a 3 to 5 minute conversation with each of the 20 mentors. Each protégé and mentor will have a note card with their partners' information on it for note taking. After each conversation, the protégés will move to the next mentor and repeat the process. At the end, each mentor and protégé will have 20 note cards, one from each meeting and conversation, to rate and decide if any of the mentors or protégés seems to be a fit for each other. Mentors and protégés will

be encouraged to follow up with each other and form rewarding collaborative partnerships.

It would be easy to simply assign a mentor to each wing member, and to some degree we have that in place today. Any time a supervisor goes over your performance or completes the Enlisted Feedback process with you, it is a form of mentoring. Our goal in having protégés and mentors meet and talk to multiple potential partners is to increase the likelihood that a lasting collaborative partnership can be reached and maintained.

The successful mentor has knowledge, insight and experience to share, and is anyone from whom a protégé can learn. The best mentors have a personal philosophy of helping others, offer encouragement, challenge a protégé's growth and inspire calls to action.

The successful protégé is a self-driven, empowered Airman who takes ownership of their professional and personal growth and development.

The SM event will be held April 30 in the tent behind the Eagle's Nest from 2 to 3:30 p.m. If you would like to volunteer to be a mentor, or a protégé, please contact Master Sgt. Timothy Domer who can be reached during UTAs at 508-968-4661, Timothy.Domer@ang.af.mil and during the month at 978-852-4605, timdomer@gmail. com.

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COMMISSIONING OPPORTUNITY >>

One traditional guardsman officer position is available for direct commissioning within the 102nd Intelligence Group in the Distributed Ground Station for the Air Force Specialty Code (AFSC) of 14N3, Intelligence Officer.

Requirements for the package: Resume, Personal Data Record Review Rip, Air Force Officer Qualification Test (AFOQT) score, current fitness test score and bachelor's degree or higher. Individuals must meet all age requirements for commissioning and be able to obtain a Top Secret Security Clearance (or interim) with SCI before commissioning class begins. Packages must be received no later than close of business May 1, 2011. A board will be held during the June UTA. Personnel will be notified of date and time for the

All current members of the Massachusetts Air National Guard who are in good standing and are interested in applying for this position should submit their application package to the 101st Intelligence Squadron, Box 02, Otis ANGB, MA 02542-1330 Attn: Officer Hiring Board. If you would like to submit your application via e-mail, please send to 101is.css@ang.af.mil with the subject line of: 14N Hiring Board

The Airman's Council **ANNOUNCEMENTS**

- Facebook: The Airman's Council has an official Facebook page. Search: "102nd Intelligence Wing Airman's Advisory Council" and 'Like' for council updates and reminders on Airman's Council activities.
- Wi-Fi at the Dorms: Thanks to many months of persistence from the Mission Support Group and Communications Flight!
- Community Service Projects: The Airman's Council is looking for some fresh ideas for community service projects and people who are interested in being an active part of the community.

The Airman's Council meets every Saturday of the UTA at 2 p.m. in the Wing Conference Room and is open to all E-1 to E-6 personnel.



PROMOTIONS >>

Master Sergeant

Laura Westcott

Ross Shannon

Senior Airman

Joel Carveiro

Craig Schoeck

Janelle Lenn

Tech. Sergeant Noah Chamberlain

Chad Correia

Charles O'Dowd

David Sanchez

Thomas Ledwidge **Justin Sayres**

Staff Sergeant

Kevin DaSilva

ANNOUNCEMENTS >>

TITLE 10 MPA POSITIONS

Otis ANGB has two available 90-day (renewable) Title 10 MPA Honor Guard positions, one being a Program Manager position. These are temporary active duty tours starting on or about July 1, 2011. Requirements: Applicant must meet basic qualifications in the following: Maintain the highest standards in Dress & Appearance, Military Bearing and Professionalism. Provide and assist in the rendering of Military Funeral Honors (MFH). Possess the ability to perform any aspect of the MFH Ceremony. Conduct and assist in the training of fellow quardsmen. Assist with the management of the BHG program; to include the maintenance of the administrative portion of the program, educating the local Funeral directors and Veteran service organizations on the importance of the Military Funeral Honors program. Represent the Wing, ANG, and the U.S. Air Force at installation events, community and civic functions deemed appropriate by the Installation Commander. Hours sometimes will include evenings and weekends. UTAs will be performed with unit. Tour will not exceed 350 days – member is required to perform 15 days of annual training. To Apply: Submit a one page Resume to: 102MSG/CC, Attn: Col. Faux. Must apply no later than: June 5, 2011. Please direct any Honor Guard related questions to Master Sat. Jennifer Lovering (508-968-4431 or via e-mail at jennifer.lovering@ang.af.mil).

RIVER CANOE & KAYAK TRIP

The Company Grade Officer Council is going to hold a canoe trip on June 11 at the Charles River Canoe & Kayak in Newton, Mass. The trip will start at 11 a.m. at their facility located at 2401 Commonwealth Avenue in Newton. It is located near the Marriot Hotel next to Route 128. The trip is roughly 5 miles (round trip). Families welcome. For additional information, please contact Capt. John Murphy at jmurphy863@aol.com or 781-792-0059 by June 2.

OPERATION PURPLE SUMMER CAMP

The National Military Family Association's Operation Purple camps are a time for having fun, making friends, and reminding military kids that they are the Nation's youngest heroes. The mission of the Operation Purple program is to empower military children and their families to develop and maintain healthy and connected relationships, in spite of the current military environment. The program is open to children and families of active duty, National Guard or Reserve servicemembers. The Operation Purple program includes camps for teens, family retreats, and camps geared to address the needs of children and families of our nation's wounded servicemembers. The 2011 camp applications are now available at http://www.militaryfamily.org/ our-programs/operation-purple/2011-camps/.

CHAPEL CALL

By Chaplain (Capt.) Mary Scheer 102nd Intelligence Wing Chaplain

The Air National Guard records spring time as a peak season for suicides both in civilian and military communities. Thus April 1 – July 10 is an elevated risk period and has been designated the "101 Days of Suicide Prevention" for the Air National Guard.

STAY ALERT: As the weather warms up, spring can be an encouraging and energizing time of year for many. We may be more sensitive to the atmosphere and mood of those around us during the longer darker days of winter, and then when the weather improves and the sun is shining, our focus may shift to fun, family and vacations. When the general temperature of things is improving, the temptation is to drop our guard. Studies show that suicide numbers continue to climb from April through July. Therefore, we should remain alert to the emotional temperature of those around us.

KEEP AWARE: Remember the risk factors, warning signs, and how to help someone at risk.

RÍSK FACTORS: The two biggest risk factors are relational problems and financial issues. Other risk factors include legal problems, disciplinary actions, recent loss, and prior loss to suicide, coping problems, alcohol or substance abuse, social isolation, poor impulse control, easy access to lethal means, depression or other mental or emotional distress.

RISK FACTORS CAN INCREASE DEPENDING ON: The extent, duration and intensity of the problem, the nature of the problem, the number and type of problems the person is facing, their physical health and the emotional reserves they have to draw on.

WARNING SIGNS THAT A PERSON MAY BE AT RISK FOR SUICIDE INCLUDE: Changes in: behavior, eating, sleeping, work performance, increased drug or alcohol use, isolation, talking about death and dying, having a plan.

ENCOURAGE CHANGE: We can take proactive steps to create a climate that encourages change, accountability and personal responsibility. Promote an atmosphere that encourages physical activity, healthy relationships, social supports, a willingness to seek help, well developed coping skills.

REMEMBER ACE: ASK: Have the courage to ask the question, but stay calm, ask the question directly: Are you thinking of killing yourself? CARE: Calmly control the situation; do not use force; be safe, actively listen to show understanding and produce relief, remove any means that could be used for self-injury. ESCORT: Never leave your buddy alone, escort to chain of command, clinic, chaplain, behavioral health professional, or primary care provider, call the National Suicide Prevention Lifeline.

VACANCY ANNOUNCEMENTS

POSITION TITLE: Wing Inspector General MIN/MAX GRADE: 0-5 LOCATION: 102nd Intelligence Wing, Otis ANG Base CLOSING DATE: May 27, 2011

WHO MAY APPLY: Applicants must be a drill status guardsman currently holding the rank of lieutenant colonel, preferably with previous command experience.

DUTIES AND RESPONSIBILITIES: Duties include managing and executing the Inspector General complaints resolution program at the 102nd, monitoring and managing the DoD hot line, and responding to Higher Headquarters Inspector General taskings. Additionally, the Wing IG serves as the Exercise and Evaluation Team Leader and as a liaison for Wing inspections. The IG serves on the Wing Staff and reports directly to the Wing Commander. Selected individual will be required to attend a 1 week training course.

APPLICATION AND CLOSING DATE: Application packages should include letter of intent, military resume, personal data records review, and current fitness test scores. Questions and packages can be addressed to Col. Christina Stevens, 102 IW/CV, by May 27, 2011. Applicants will be contacted for an interview over the June drill.

POSITION TITLE: Wing Human Resources Advisor (HRA) MIN/MAX GRADE: E-7 / E-8 LOCATION: 104th Fighter Wing, Barnes ANG Base CLOSING DATE: June 1, 2011 LENGTH OF ASSIGNMENT: Three (3) years.

WHO MAY APPLY: All Traditional Guard members of the Massachusetts Air National Guard, with any AFSC.

DUTIES AND RESPONSIBILITIES: Reports to the Wing Commander. Advises command leadership on diversity related issues leading to the enhancement of the organization's culture. The selected individual must attend the ANG HRA Orientation Course (10 Days) within 12 months of appointment.

APPLICATION AND CLOSING DATE: Application will include civilian and military resume, current records review listing, a current Fitness Assessment, a letter indicating the applicant's reasons for desiring the position, and a letter of recommendation from the Wing Commander. Applications can be mailed to: Chief Master Sqt. Richard MacDonald ANG JFHQ 50 Maple St. Milford MA 01757 or e-mailed to: richard.macdonald@comcast.net. Applications must be received no later than June 1, 2011. Applicants will be notified of date, place and time of interview.



May 20 2006

MEMORIAL DAY

Air Force News Agency

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